2017-18 NEBRASKA SWIMMING & DIVING

JUNIORS: (Back row) Lindsay Helferich, Morgan McCafferty, Kaylyn Flatt, Anna McDonald
(Front row) Dana Posthuma, Bridget Pacilio, Jacqueline Jeschke, Katrina Voge

WELCOME TO NEBRASKA SWIMMING & DIVING

THIS IS NEBRASKA 1-26

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Seniors Katt Sickle (left) and Jordan Ehly (right) lead the Huskers into the 2017-18 season.

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UNIVERSITY ADMINISTRATION ..... (402) 472-7211

President: Hank Bounds, Ph.D. 472-2111
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Women's Swimming & Diving Strength Coach ..... Rusty Ruffcorn
Assistant Strength Coaches ..... Jamie Belt, Andrew Ervin, Lauren Harris, Stuart Hart, Brian Kmitta ..... Clete McLeod, Darren Mustin, Lucas Novotny, Jon Pfeiffer, Dan Ridenour, Tim Wilson

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Director of Athletic Medicine ..... Dr. Lonnie Albers
Head Athletic Trainer/Associate Director of Athletic Medicine ..... Jerry Weber
Head Football Athletic Trainer/Associate Head Trainer ..... Mark Mayer
Swimming and Diving Athletic Trainer ..... Angie Lathrop
Assistant Athletic Trainers .. Brad Brown, Tom Dufresne, Jolene Emricson, Drew Hamblin, Marcia Kennedy ..... Lisa Lowenstein, R.J. Pietig, Ashley Rudolph, Jeff Rudy, David Rule, Julie Tuttle, Tyler Weeda
Chief of Staff/Orthopaedic Surgeon ..... Dr. Robert Dugas
Orthopedists ..... Dr. David Clare, Dr. Justin Harris
Sports Nutritionists ..... Lindsey Remmers, Tommy Jensen, Lynn Zhang

ACADEMIC PROGRAMS & STUDENT SERVICES ..... (402) 472-2042

Associate Directors of Academic Programs ..... Katie Jewell, Kim Schellpepper
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Academic Counselors ..... Sheri Hastings, Caleb Hawley, Mike Nieman
Learning Specialists ..... Andrea Einspahr, Denise Howell, Joann Ross
Administrative Assistant (Academics, Life Skills & N Club) ..... Leah Huber

EVENT MANAGEMENT ..... (402) 472-1000

Director of Athletic Events ..... Matt Davidson
Director of Athletic Facilities (Devaney Center) ..... Randy Gobel
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Building and Grounds Supervisor ..... Steve Torske

HUSKERVISION ..... (402) 472-4645

Executive Director of Video Production ..... Kirk Hartman
Chief Engineer ..... Scott Guthrie
Video Services Coordinator ..... Keegan Wilson
Video Production Coordinator ..... Amanda Holzwarth
Game Presentation Coordinator ..... Chris Pankonin
Video Production Specialists ..... Andrew Constans, Adam Pieper, Kevin Raguse

COMMUNICATIONS ..... (402) 472-2263

Assistant A.D./Communications ..... Keith Mann
Assistant A.D./Creative & Emerging Media ..... Kelly Mosier
Senior Associate Director of Communications/Operations ..... Jeff Griesch
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Associate Director ..... Matt Smith
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Digital Media Content Producer ..... Ridge Barber

NEBRASKA INFORMATION

Location: Lincoln, Neb.
Population: 268,738
Enrollment: 26,091
Nickname: Cornhuskers, Huskers
Colors: Scarlet and Cream
Founded: 1869
Conference: Big Ten

QUICK PHONE LIST

Head Coach: Pablo Morales
+ Office Phone: (402) 472-6474
Associate Head Coach: Patrick Rowan
+ Office Phone: (402) 472-0042
Head Diving Coach: Natasha Chikina
+ Office Phone: (402) 472-6475
Swimming & Diving Secretary: Annette Werschke
+ Office Phone: (402) 472-3186
Communications Contacts: Blake Otte, Kyiia Rollag
+ Office Phone: (402) 472-0694
+Otte Cell Phone: (303) 915-8439
+Rollag Cell Phone: (402) 718-7985
Communications Fax: (402) 472-2005
Communications Address:
One Memorial Stadium
Lincoln, NE 68588-0123

ADMINISTRATION

President: Hank Bounds, Ph.D
Chancellor: Ronnie Green

BOARD OF REGENTS

Timothy Clare	Lincoln
Hal Daub	Omaha
Howard Hawks	Omaha
Bob Phares	North Platte
Jim Pillen	Columbus
Robert Schafer	Beatrice
Paul Kenney	Amherst
Bob Whitehouse	Papillion

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Joe Zach	Nebraska-Lincoln
Austin Partridge	Nebraska-Kearney
Carissa Lueck	Nebraska-Medical Center
Carlo Eby	Nebraska-Omaha

ATHLETIC DEPARTMENT MISSION STATEMENT

The mission of the University of Nebraska Athletic Department is to serve our student-athletes, coaches, staff and fans by:

Displaying **INTEGRITY** in every decision and action;

Building and maintaining **TRUST** with others;

Giving **RESPECT** to each person we encounter;

Pursuing unity of purpose through **TEAMWORK**;

Maintaining **LOYALTY** to student-athletes, coworkers, fans and the University of Nebraska.

MEDIA INFORMATION & SERVICES

BLAKE OTTE
COMMUNICATIONS CONTACT

KYIIA ROLLAG
COMMUNICATIONS CONTACT

HUSKERS.COM

For the most up-to-the-minute coverage of Nebraska swimming and diving on the World Wide Web, visit Huskers.com, the official web site of the University of Nebraska Athletic Department. In addition to updated results, statistics and meet stories, you can find photos, player and coach biographies, schedule and roster information and weekly releases on the Husker swimming and diving program. Husker fans have the opportunity to gain even greater access to the NU athletic programs through HuskersNside, the premium site of the Nebraska Athletic Department. Visit Huskers.com and click on HuskersNside to join. Because this is quality video streaming, subscribers to the site must have broadband Internet access.

NEBRASKA COMMUNICATIONS

The 2017-18 Nebraska swimming and diving guide is designed to assist the media in their coverage of Husker swimming and diving. Nebraska's swimming and diving communications contacts for the 2017-18 season are Kyiia Rollag and Blake Otte. Additional information on Husker swimming and diving may be obtained by contacting the Communications Office at (402) 472-0694 or by e-mailing Kyiia Rollag at krollag@huskers.com or Blake Otte at botte@huskers.com. Rollag can also be reached by text message or cell phone at (402) 718-7985 and Otte can be reached at (303) 915-8439. Please take a moment to review the following policies and services intended to assist you in coverage of Nebraska swimming and diving.

MEDIA FACILITIES

The Bob Devaney Sports Center invites the media to view competitions from the results table, located on the north side of the Devaney Natatorium, with the media relations and meet staff. Photographers are allowed to shoot anywhere in the pool area, provided that photographers do not interfere with competition. Flash photography is not permitted at the start of the race.

POST-MEET INTERVIEWS

Student-athletes will be available during home dual and invitational meets after they have completed their final competitions of the day. Coaches will be available following the meet.

COACH & STUDENT-ATHLETE INTERVIEWS

All media requests for interviews with Nebraska coaches, swimmers and divers should be directed to Blake Otte (303-915-8439, botte@huskers.com) or Kyiia Rollag (402-718-7985, krollag@huskers.com) at least one day in advance. Swimming and diving student-athletes are usually available for in-person interviews before or after workouts, which run daily from 2 to 5 p.m.

CONTACT NEBRASKA COMMUNICATIONS

The University of Nebraska Communications Office is located on the third floor of the Tom and Nancy Osborne Athletic Complex, which is located on the north side of Memorial Stadium at: One Memorial Stadium, P.O. Box 880123, Lincoln, NE, 68588-0123. Phone: (402) 472-0694; Fax (402) 472-2005. Opponents should submit an e-mail list of media who need to receive results to botte@huskers.com or krollag@huskers.com.

Associated Press
909 N. 9th Street, Suite 104
Omaha, NE 68114
Phone: (402) 391-0031
Fax: (402) 391-1412
Web: ap.org

Lincoln Journal Star
926 P Street
Lincoln, NE 68508
Phone: (402) 473-7431
Fax: (402) 473-7291
Web: journalstar.com

Omaha World-Herald
14th & Dodge
Omaha, NE 68102
Phone: (402) 444-1000
Fax: (402) 344-3343
Web: omaha.com

Daily Nebraskan
University of Nebraska
20 Nebraska Union
Lincoln, NE 68588
Phone: (402) 472-1765
Fax: (402) 472-1761
Web: dailynebraskan.com

KOLN-TV (CBS, Chs. 10/11)
40th & W
Lincoln, NE 68503
Phone: (402) 467-9720
Fax: (402) 467-9208
Web: kolnkgin.com

KLKN-TV (ABC, Ch. 8)
3240 South 10th
Lincoln, NE 68502
Phone: (402) 434-8000
Fax: (402) 436-2236
Web: klkntv.com

KETV (ABC, Ch. 7)
27th & Douglas
Omaha, NE 68131
Phone: (402) 978-8958
Fax: (402) 978-8931
Web: ketv.com

WOWT (NBC, Ch. 6)
3501 Farnam
Omaha, NE 68131
Phone: (402) 233-7940
Fax: (402) 346-6740
Web: wowt.com

KPTM (Fox, Ch. 42)
4625 Farnam
Omaha, NE 68132
Phone: (402) 554-4286
Fax: (402) 554-4292
Web: kptm.com

Nebraska ETV (PBS, Ch. 12)
1800 North 33rd
Lincoln, NE 68503
Phone: (402) 472-3611
Fax: (402) 472-5347
Web: net.unl.edu

KLIN (1400 AM)
4343 O Street
Lincoln, NE 68510
Phone: (402) 475-4567
Fax: (402) 474-8011
Web: klin.com

KFAB (1110 AM)
5010 Underwood
Omaha, NE 68132
Phone: (402) 556-8000
Fax: (402) 556-8937
Web: kfab.com

KLMS (1480 AM)
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Lincoln, NE 68504
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Fax: (402) 467-4095
Web: espn1480.com

KFOR (1240 AM)
3800 Cornhusker Hwy.
Lincoln, NE 68504
Phone: (402) 466-1234
Fax: (402) 467-4095
Web: kfor1240.com

KOZN (1620 AM)
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Omaha, NE 68132
Phone: (402) 951-1620
Fax: (402) 342-7041
Web: 1620thezone.com

KRNU (90.3 FM)
University of Nebraska
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Fax: (402) 472-8597
Web: krnu.unl.edu

Huskers Illustrated
7755 S. 23rd St
Lincoln, NE 68512
Phone: (402) 474-4355
Fax: (402) 474-5132
Web: huskersillustrated.com

Big Red Report
401 N. Coddington Ave.
Lincoln, NE 68528
Phone: (402) 476-5006
Fax: same as phone
Web: bigredreport.com

Hail Varsity
1201 Calvert St., Suite 22490
Lincoln, NE 68542
Phone: (402) 613-2177
Web: hailvarsity.com

THIS IS NEBRASKA

Nebraska women's swimming and diving has a long history of success. The Huskers have finished in the top 12 at the NCAA Championships five times since 1995. All time, 59 Husker swimmers and divers have combined for 255 NCAA All-America awards with the most recent coming from Abigail Knapton in 2017, who became the first Husker freshman diver in history to earn All-America honors. She followed 2016 All-America diver Anna Filipcic. Knapton recorded Nebrakska's highest NCAA finish, taking fourth on the platform at the 2017 NCAA Championships. Nebraska has produced 11 Olympians, including gold medalist and world-record holder Penny Heyns. Huskers have participated in eight consecutive Olympic Games, including six straight from Therese Alshammar, who became the first female in history to accomplish the feat as a swimmer at the Rio Games in 2016. In addition to individual success, Nebraska swimming and diving has claimed 10 conference team championships and 10 more runner-up finishes.

Coached by Olympic Gold Medalist and Academic All-America Hall of Fame inductee Pablo Morales, the Huskers have annually been one of the nation's best teams academically. The 2016-17 Huskers won their third straight Herman Team GPA Award, which is presented to the Nebraska women's program with the best cumulative grade-point average. The Huskers are also a four-time Nebraska Life Skills Team Award winner (2010, 2012, 2013, 2014).

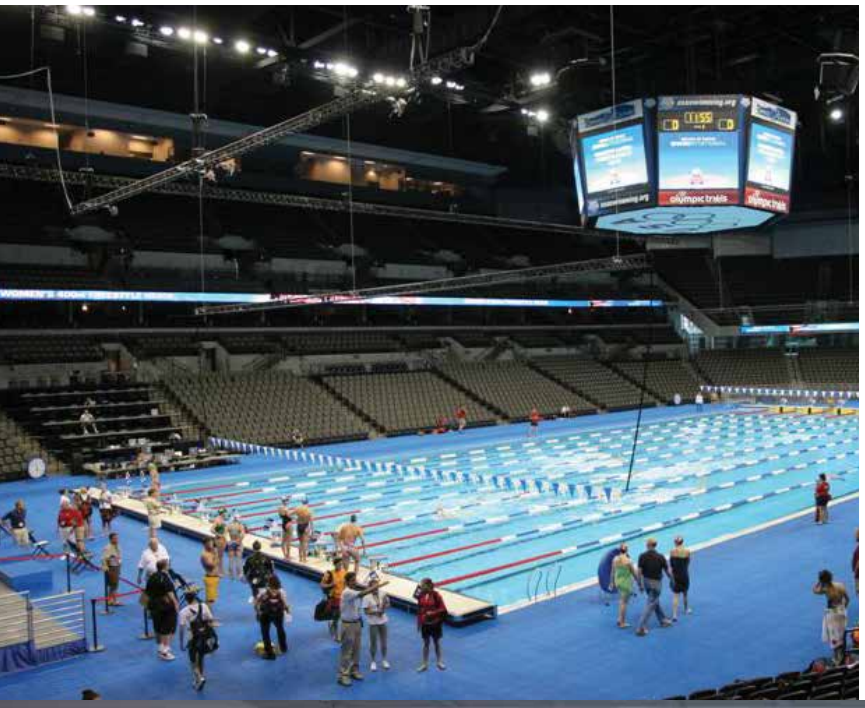
In academics, athletics and life, There is No Place Like Nebraska.

Top: A three-time captain for the Huskers, Erin Oeltjen produced a pair of top-16 finishes at the 2017 Big Ten Championships setting the top times in Nebraska history in the 100- and 200-yard backstrokes. Oeltjen competed in the 2016 USA College Challenge, capturing seventh place in the 100 -yard backstroke.

Middle: Abigail Knapton brought home Nebraska's most recent All-America award with her fourth-place finish on the platform at the 2017 NCAA Championships. Knapton, the first freshman in program history to be named a first-team All- American, continues a rich diving tradition at Nebraska that includes 1988 Olympian Wendy Lucero.

Left: One of the most decorated swimmers in U.S. history, Nebraska Coach Pablo Morales was an 11-time NCAA champion at Stanford, and won five combined medals at the 1984 and 1992 Olympic Games, including three golds and a pair of silvers. Morales also served on the committee for the 2008 U.S. Olympic Swimming Trials in Omaha. The event returned to Omaha in 2012 and 2016.

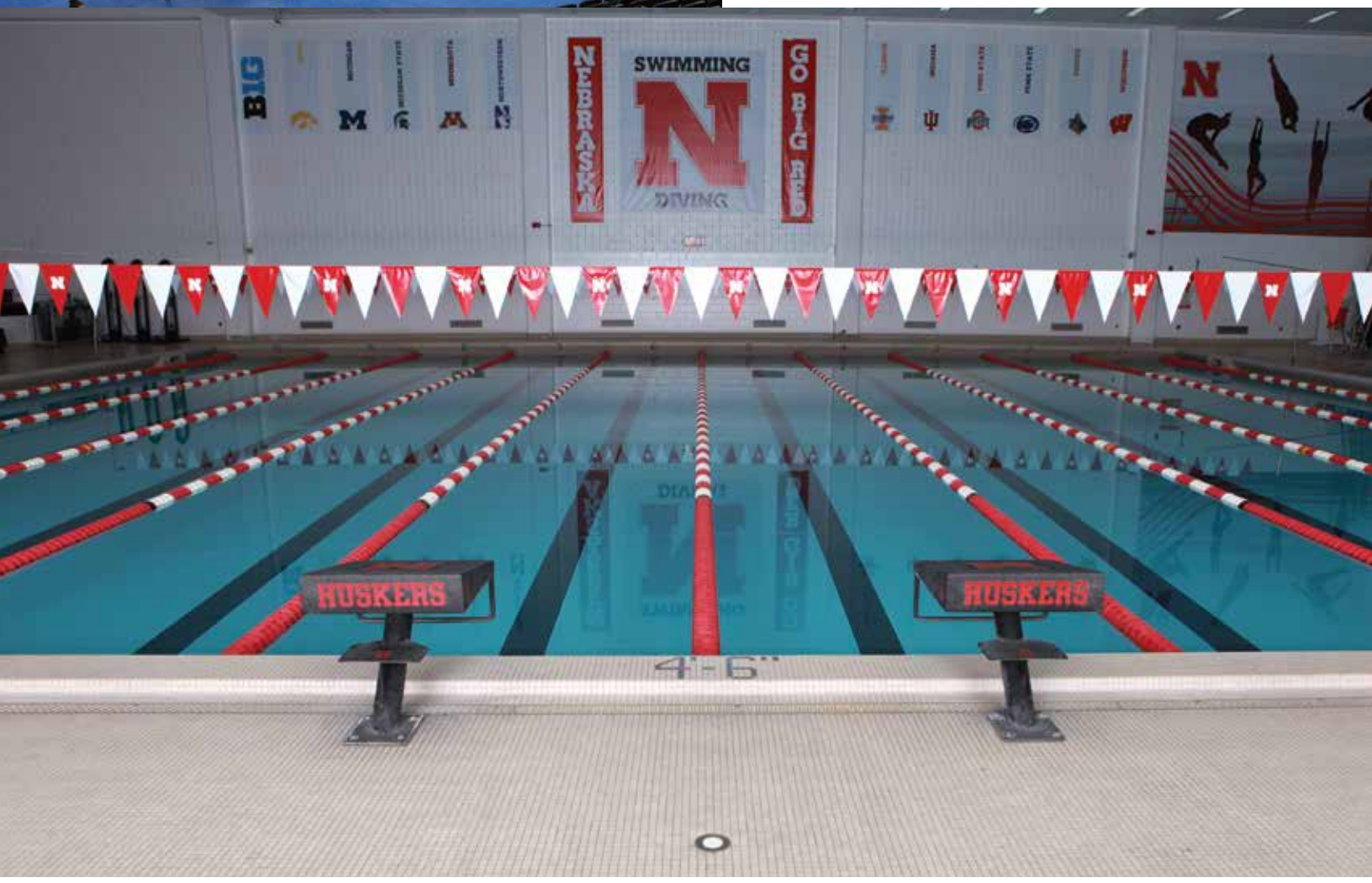
SWIMMING & DIVING



Nebraska swimming and diving utilizes top-notch facilities. Nearly every Husker sport enjoys a venue that ranks among the nation's best. Nebraska is dedicated to providing its athletes the best game-day and practice atmospheres in every sport.

Movement analyzers, an electronic timing system and updated weight facilities make the Devaney Natatorium (bottom) a leader in technology. The Huskers have also received a new locker room and team ready room.

The state of Nebraska also has been an important stop for swimmers on their way to Olympic glory for the past decade. In 2008, 2012 and 2016, Omaha's CenturyLink Center (left) served as the home of the U.S. Olympic Trials.



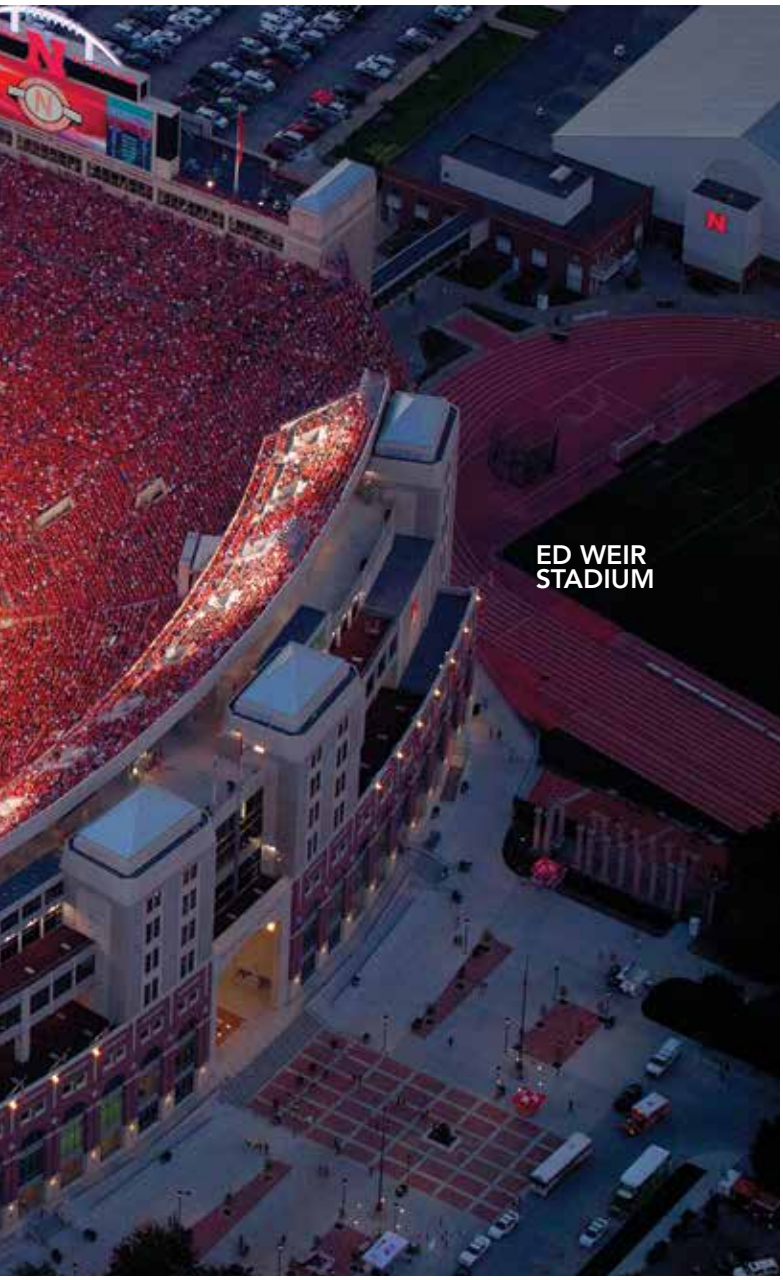
CHAMPIONSHIP FACILITIES

From training facilities to competition venues, Nebraska's athletic facilities are second-to-none across the collegiate landscape. From Memorial Stadium to Pinnacle Bank Arena and the Bob Devaney Sports Center, Husker student-athletes have the benefits of training and competing in some of the nation's finest facilities. Fans around the country follow the Huskers with amazing passion across all sports. In 2016-17, nearly 1.3 million fans attended Nebraska's home events across its seven primary team sports. Overall, nine of Nebraska's sports ranked among the top-20 nationally in attendance in 2016-17.

MEMORIAL STADIUM

BOB DEVANEY SPORTS CENTER

BARBARA HIBNER SOCCER STADIUM


ED WEIR
STADIUM

HENDRICKS TRAINING COMPLEX

BOWLIN STADIUM

SID AND HAZEL DILLON TENNIS CENTER

PINNACLE BANK ARENA

HAWKS FIELD AT HAYMARKET PARK

HUSKER POWER

The model strength and conditioning program in the nation, Husker Power plays a major role in the success of Nebraska athletics. Nebraska's strength program was the first in the nation. With 14 staff members, including Women's Swimming and Diving Strength and Conditioning Coach Rusty Ruffcorn, it is one of the most comprehensive organizations in the country.

Nebraska's strength training facilities have set the standard in collegiate strength training since the early 1970s. Not only does it feature the Ndamukong Suh Strength and Conditioning Center in the Osborne Athletic Complex, it also features a weight room utilized by the swimming and diving team in the Hendricks Training Complex that opened in 2011.

"The University of Nebraska strength and development program is the model for others in the country."

Phillip Hage, Editor, Physician and Sports Medicine Magazine

THREE REASONS FOR SUCCESS

Program - The Husker Power Strength and Conditioning Program is geared for maximum improvement of performance in the pool. Each athlete receives their own individual computerized program each year.

Supervision - The Husker Power staff has 14 full-time strength and conditioning specialists, including Women's Swimming and Diving Strength and Conditioning Coach Rusty Ruffcorn. He works directly with the swimming and diving program to help Husker student-athletes prepare for successful athletic careers.

Facilities - The Ndamukong Suh Strength and Conditioning Center in the Osborne Athletic Complex is the finest all-around athletic facility in the nation, providing athletes with all the tools necessary to achieve at the highest level.

ATHLETIC MEDICINE

ATHLETIC MEDICINE

Providing expert care to more than 600 Husker student-athletes, Nebraska features one of the most well-trained and highly skilled athletic medicine staffs in the country. Under the guidance of Director of Athletic Medicine Dr. Lonnie Albers, Head Athletic Trainer and Physical Therapist Jerry Weber and Football Head Athletic Trainer Mark Mayer, the 2017-18 Nebraska athletic medicine staff consists of five physicians, 13 full-time athletic trainers, eight graduate assistant athletic trainers, two full-time in-house athletic psychologists and sports psychiatry consultants who work directly with student-athletes.

Nebraska's medical facilities have long been among the nation's best, and NU's athletic medicine center within the Tom and Nancy Osborne Athletic Complex will keep the Huskers on the front line of technology for decades to come. In addition to Nebraska's North Stadium facility, Haymarket Park, the Bob Devaney Sports Center, Pinnacle Bank Arena and the Nebraska Soccer and Tennis Complex all feature athletic medicine areas. The Devaney Center's Athletic Medicine facility underwent an extensive expansion as part of the Hendricks Training Complex addition in 2011.

CARING FOR HUSKERS

Nebraska uses advanced equipment, including two anti-gravity treadmills, to help athletes recondition after injuries.

Nebraska's Athletic Medicine Center features a hydrotherapy area that includes a three-level laned pool. The Hydroworx 1000 Treadmill Pool is equipped with two cameras underwater for evaluation and assessment.

The hot and cold plunge tanks in the Holthus Family Hydrotherapy area help the Huskers recover after workouts and injuries.

Nebraska's on-site medical services for student-athletes rank among the nation's best. Dr. Lonnie Albers, Head Athletic Trainer Jerry Weber (pictured) and the Athletic Medicine staff have their own X-ray equipment at Memorial Stadium.

ACADEMIC EXCELLENCE

Nebraska increased its nation-leading total of CoSIDA Academic All-America awards to 329 with four selectionss in 2016-17. Senior track standout Drew Wiseman (Bismarck, N.D., Electrical Engineering) was named the CoSIDA Men's Track and Field Academic All-American of the Year while claiming the second first-team Academic All-America award of his career. Wiseman was named Nebraska's Male Student-Athlete of the Year and ended his career as a six-time All-American. Women's track and field star Tierra Williams (Auburn, Neb.) was named Nebraska's Female Student-Athlete of the Year. She was a seven-time All-America jumper and a 2016 Big Ten Distinguished Scholar. Wiseman and Williams (pictured right) were Nebraska's 2016-17 Big Ten Medal of Honor winners.

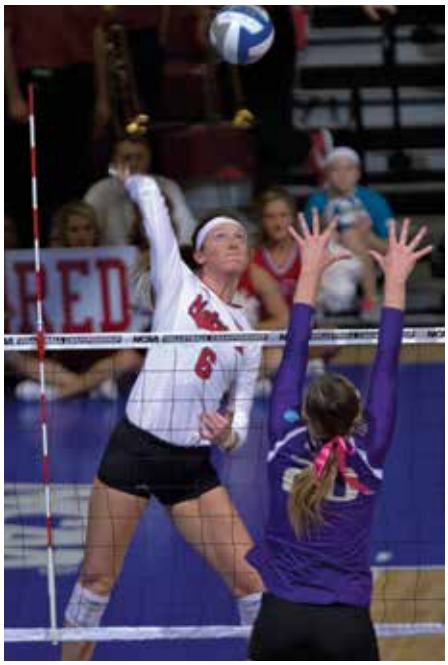
The Nebraska men's track and field team continued its extraordinary run of CoSIDA Academic All-America success with Wiseman's first-team selection. Four-time volleyball All-American Kadie Rolfzen (Papillion, Neb., Advertising & Public Relations) was also a first-team Academic All-American, as was All-Big Ten soccer player Caroline Flynn (Lincoln, Neb., Communication Studies). A 2016 second-team All-American on the balance beam, gymnast Danielle Breen (Ames, Iowa, Accounting) earned second-team Academic All-America honors in the Women's At-Large division.

Graduation is the ultimate achievement, and 126 Husker student-athletes earned undergraduate and graduate degrees in three commencement exercises at Pinnacle Bank Arena in 2016-17.

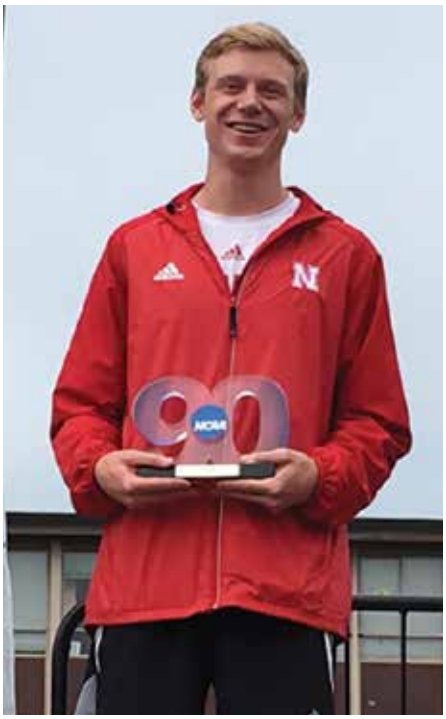
A total of 126 Nebraska student-athletes earned their degrees in 2016-17, including 54 in May 2017, 57 in December 2016 and 15 in August 2016. Jacqueline Juffer (above left) claimed her bachelor's degree as a political science and economics major in May of 2016. A three-time academic All-Big Ten honoree from Wagner, S.D., Juffer was a winner of a 2015 Nebraska Student-Athlete HERO Leadership Award. Bria Deveaux (above middle) earned her bachelor's degree as a marketing and finance major from Nebraska in December of 2016. A three-time academic All-Big Ten choice from Nassau, Bahamas, Deveaux was also a three-time Tom Osborne Citizenship Team member. Julia Roller (above right) earned her bachelor's degree from Nebraska in May of 2017 after majoring in dietetics. Originally from Naperville, Ill., Roller was a 2017 Big Ten Distinguished Scholar and a three-time academic All-Big Ten selection. She was also a four-time member of the Tom Osborne Citizenship Team.

HONORING ACHIEVEMENT

Five Huskers earned Outstanding Scholar Awards in 2016-17. The seniors with 3.900 GPAs or better were Caroline Flynn (soccer, pictured above); Jennie Laeng (women's gymnastics); Kelly Schatz (soccer); Drew Wiseman (men's track and field); and Emily Wood (women's basketball). Flynn was also a first-team CoSIDA Academic All-American in 2016 and was drafted by the Portland Thorns FC in the 2017 NWSL Draft.



Volleyball standout Kadie Roflzen earned first-team CoSIDA Academic All-America honors in 2016. Rolfzen, a two-time first-team AVCA All-American, became just the third volleyball player in school history to earn four All-America awards, joining Husker Olympians Jordan Larson and Sarah Pavan. Rolfzen was also an NCAA Postgraduate Scholarship recipient in 2017.



Drew Wiseman was the CoSIDA Academic All-American of the Year for Men's Track and Field in 2017. A two-time NCAA Elite 90 recipient, Wiseman was also a six-time All-American on the track, earning accolades in both the 400-meter hurdles and the 4x400-meter relay.

Danielle Breen garnered CoSIDA Academic All-America honors in 2017 after helping the Huskers win the Big Ten regular-season title. Breen was also a second-team All-American on the balance beam and a two-time All-Big Ten performer.

2016-17 ACADEMIC HIGHLIGHTS

329 All-Time CoSIDA Academic All-Americans
(leads nation across all sports)
107 Football CoSIDA Academic All-Americans
(leads all sports, all time)
38 Volleyball CoSIDA Academic All-Americans
(leads all women's sports, all time)
30 Softball CoSIDA Academic All-Americans
(No. 3 among all women's sports, all time)
44 Men's & Women's Track & Field/Cross Country
CoSIDA Academic All-Americans
(leads nation since CoSIDA added team in 2002)

Four CoSIDA Academic All-Americans in 2016-17
(3 first-team, 1 second-team)
First Team: Caroline Flynn (Soccer)
Kadie Rolfzen (Volleyball)
Drew Wiseman (Men's Track & Field)
Second Team: Danielle Breen (Women's Gymnastics)

CoSIDA Academic All-American of the Year in 2016-17
Drew Wiseman (Men's Track & Field)

NCAA Elite 90 Award Winners in 2016-17
Sydney Townsend (Volleyball)
Drew Wiseman (Men's Outdoor Track & Field)

NCAA Postgraduate Scholarships ($7,500)
Kadie Rolfzen (Volleyball)
Jennie Laeng (Women's Gymnastics)

Big Ten Postgraduate Scholarships ($7,500 each)
Jennie Laeng (Women's Gymnastics)
Eric Coufal (Wrestling)

Arthur Ashe Jr. Sports Scholars Award (32)
Alice Akers, Jasmine Barge, Julia Bond, Cassandra Brassard, Bri Cassidy, Kaiwan Culmer, Reka Czuth, Jordan De Spong, Paula Del Cueto Castillo, Kristen Dowell, Jordan Ehly, Austin Epperson, Jerald Foster, Francesca Giganti, Sydney Harlow, Briana Holman, Harrison Jordan, Eric Karl, Mate Koroknai, Rok Krizaj, Ashley Lambert, Daniel Leal, Angela Mercurio, Sydney Miramontez, Nick Percy, Nina Radulovic, Sanjaya Roy, Alyvia Simmons, Maddie Simon, Toni Tupper, Tierra Williams, Brittni Wolczyk

Male Student-Athlete of the Year
Drew Wiseman, Men's Track & Field

Female Student-Athlete of the Year
Tierra Williams, Women's Track & Field

Big Ten Medal of Honor Winners
Drew Wiseman (Men's Track & Field)
Tierra Williams (Women's Track & Field)

Big Ten Sportsmanship Award Winners
Ben Miller (Baseball)
Emily Wood (Women's Basketball)

Herman Team GPA Award Winners
Men's Gymnastics Team (3.480 GPA)
Women's Swimming & Diving Team (3.578 GPA)

Life Skills Award of Excellence Team Winners
Football
Women's Gymnastics

731 Nebraska Scholar-Athlete Honor Roll Selections
Fall (382), Spring (349) (3.0 GPA or above)

209 Academic All-Big Ten Selections
(Letterwinner with a 3.0 GPA or above)

126 Husker Graduates
15, August 2016; 57, December 2016; 54, May 2017

98 Perfect 4.0 GPA Semesters
Fall (54), Spring (44)

59 Nebraska Big Ten Distinguished Scholars
3.7 GPA or better, 2016-17

ACADEMIC EXPERIENCE

"I loved the people at Nebraska. Immediately after the Olympics in Atlanta, I returned to Lincoln for a few days. I was overwhelmed by the support of the local people and their genuine celebration of my achievements."

Penny Heyns, Two-Time Olympic Gold Medalist, South Africa
Nebraska Athletics Hall of Fame Inductee (2015)

The athletic academic unit, located in the Dick and Peg Herman Family Student Life Complex, provides personal and academic support to ensure that student-athletes will get the most out of their years as Huskers. Featuring one of the most innovative and comprehensive academic support systems in the country, Nebraska is dedicated to helping its student-athletes become outstanding leaders in their chosen fields. The academic support team is composed of 14 full-time staff members and is certified by the National Association of Academic Advisors for Athletics (N4A) as meeting the standards established by the N4A.

ACADEMIC COUNSELING

Seven academic counselors, three learning specialists and two assistant academic counselors are in place to monitor daily academic progress, receive consistent course feedback, assist with the advising/registration process and monitor continuing eligibility and progress toward graduation.

TUTORIAL SUPPORT

A tremendous resource for all academic abilities, unlimited tutorial support from approximately 75-100 tutors on staff is available from day one up to college graduation in all subject areas. The tutorial program is certified as a model tutoring program by the College Reading and Learning Association.

STUDY HALL

Nebraska's study hall program is housed in the D.J. Sokol Enrichment Center within the Student Life Complex. Student-athletes attend a supervised, flex-time study hall that features day, evening and weekend hours. Student-athletes are required to complete a specific number of study hours each week as determined by their academic counselor and/or coach. Additional performance-based or tutor-based study hall also may be determined by the academic counselor.

MENTORING

Academic support staff serve as mentors to all incoming student-athletes and a select group of returning student-athletes. The student-athletes meet with their mentor weekly to develop time management skills, gather and report academic progress information, and discuss academic success strategies.

EDUCATIONAL ASSESSMENTS

Assessments are administered upon the request of the student-athlete, academic counselor, or coach. Learning specialists are available to administer and score informal assessments, which include a reading comprehension and a writing assessment. When more in-depth assessments are necessary, referrals are made to a consulting psychologist who conducts the assessments. If it is determined a student-athlete has a learning disability or another medical condition that impedes the student from reaching their academic potential, appropriate accommodations are implemented by the Office of Services for Students with Disabilities.

STUDENT-ATHLETE ORIENTATION

Each new student-athlete attends an orientation at the beginning of their academic career. Student-athletes are introduced to staff, faculty, administrators, and a variety of resources that help facilitate the transition into college while enhancing awareness of support services in the Athletic Department and across campus.

PERSONAL COUNSELING

Student-athletes will find a supportive and caring environment at Nebraska. Transitional issues, stress management, time management, academic focus and problem resolution are all addressed in a proactive manner throughout the year. If necessary, counseling referrals are also made to designated practitioners.

COMPUTER RESOURCES

The Herman Student Life Complex has two computer labs available for student-athletes. The Scott Technology Center features two tech tables for use on group computer projects and group study sessions. New laptops are provided to all student-athletes for use during their academic career at Nebraska.

Top: The main entrance to the Dick and Peg Herman Family Student Life Complex in West Memorial Stadium is the gateway to student-athlete success at Nebraska. The complex also features tributes to each of Nebraska's nation-leading 329 CoSIDA Academic All-Americans and 17 NCAA Today's Top Ten Award winners.

Bottom left: Renovations to the Nebraska Student Life Complex nearly tripled the size of NU's previous academic space in 2010. The Dick and Peg Herman Family Student Life Complex also features a technology center, a dedicated Life Skills area and the Papik Computer lab (left).

LIFE SKILLS

In May of 2017, 22 student-athletes traveled to Nicaragua as part of the NoFilter program to serve abroad with Seeds of Learning, a nonprofit organization that helps to create educational opportunities in rural Latin America. Over the course of one week, these Huskers experienced a new culture, created new friendships and relationships, and most importantly, helped build additional classrooms for a school in the town of Villa Japón.

In August of 2014, the NCAA Division I Board of Directors restructured the way member institutions and conferences, including the Big Ten, govern themselves. Nebraska has a great history and tradition of providing unmatched benefits and support to student-athletes. However, this change in governance, and subsequent legislation, paved the way for Nebraska to enhance the benefits and experiences for student-athletes. A few examples of these enhanced benefits are:

- **All scholarship student-athletes across all sports have their scholarship calculated based on the full cost of attendance.**
- **Each student-athlete is offered an Apple MacBook Air laptop computer to enhance their learning opportunities.**
- **Nebraska has increased resources and support in all academic and performance related areas including but not limited to Academic Services, Life Skills, Athletic Medicine, Athletic Training, Strength and Conditioning, Nebraska Athletic Performance Laboratory, Nutrition and Dining Services (Training Table) and Sports Analytics.**
- **Nebraska created the first-known Post-Eligibility Opportunity (PEO) program, where every student-athlete graduate who has exhausted their athletic eligibility has the opportunity to pursue (with Nebraska support) an internship, participate in a study abroad program or attend graduate school.**

RED CARPET EXPERIENCE

Abigail Knapton captured Nebraska's Outstanding Newcomer of the Year award as a freshman in 2017. The diver from Omaha, Neb., claimed first-team All-America honors with her fourth-place finish on the platform at the 2017 NCAA Championships. It marked the highest finish by a Husker diver on any event in history at the NCAA Championships.

LIFE SKILLS AWARDS

Katt Sickle was presented with a prestigious Sam Foltz Hero 27 Leadership Award by Sam's parents, Jill and Gerald, at the 2017 "A Night at the Lied" award ceremony in April.

EXPERIENCES OF A LIFETIME

SERVICE TO A MUCH LARGER COMMUNITY

The Nebraska Life Skills program offered its third service trip abroad in 2017, taking 20 student-athletes to Nicaragua to help create educational opportunities, including building classrooms in the town of Villa Japon. Husker swimmer Julia Roller and diver Francesca Giganti participated in the memorable trip along with student-athletes from across Nebraska's 24 varsity sports.

SUCCESS IN COMPETITION, CLASSROOM, COMMUNITY

The Nebraska swimming and diving team captured the Herman Team GPA Award for the third consecutive year for producing the highest combined cumulative grade-point average among all Husker women's sports in 2017. The Husker swimmers and divers produced an impressive 3.578 GPA during the spring and fall semesters of 2016. Nebraska's GPA also ranked 17th nationally among all NCAA Division I swimming and diving programs as awarded by College Swimming and Diving Coaches Association of America. It was the fourth straight season that Nebraska ranked among the top 20 teams in the nation in GPA.

NEBRASKA LIFE SKILLS

The Life Skills team organizes several orientations aimed at acclimating student-athletes to college life. Additionally, all incoming student-athletes attend the fall semester Husker Life Seminar. This interactive class promotes responsible decision-making, personal brand, financial literacy, leadership, involvement and service.

PROACTIVE EDUCATION

The Life Skills team organizes several orientations aimed at acclimating student-athletes to college life. Additionally, all incoming student-athletes attend the fall semester Husker Life Seminar. This interactive class promotes responsible decision-making, personal brand, financial literacy, leadership, involvement and service.

INDIVIDUAL MEETINGS

Every Nebraska student-athlete is assigned a Life Skills staff member who will assist with personal and career development. The meetings help each student-athlete identify a career focus and implement a plan to increase career marketability.

CAREER COMMITMENT & NETWORKING

Annually, Nebraska Life Skills organizes a Student-Athlete Career, Networking Night and other career events aimed at connecting Huskers with companies desiring competitive, hard-working, accountable candidates. Athlete Network and Husker Hire Link provide opportunities to explore career opportunities across the country.

COMMUNITY OUTREACH

Nebraska student-athletes readily accept the role-model challenge, giving more than 7,500 hours annually to impact thousands across Nebraska. Outreach events include hospital visits, mentoring, school assemblies, statewide rallies (including the Sportsmanship 4 Life Pep Rally), Make-A-Wish, School is Cool and Husker Heroes.

LEADERSHIP

Nebraska Life Skills provides student-athletes with opportunities to enhance leadership skills while distinguishing themselves from the competition. Student-athletes can be members of the Student-Athlete Advisory Committee, Uplifting Athletes or Inner Circle. UNL offers more than 600 recognized student organizations allowing athletes to collaborate with campus leaders for common goals. Nebraska Life Skills funds and coordinates an annual one-week service abroad trip that allows 20 student-athletes to work toward a common goal while enriching cultural competencies.

RECOGNITION

In 2016-17, a record 386 Husker student-athletes were named to the Tom Osborne Citizenship Team for completing a minimum of six service projects in the calendar year. A host of other recognition opportunities at the institutional, Big Ten and NCAA levels that all reflect the high ideals, character and servant leadership nurtured through community involvement also are available.

POST-ELIGIBILITY OPPORTUNITIES

Effective December 2015 and beyond, student-athletes who letter and graduate will have a three-year window to benefit from one of three post-eligibility opportunities each valued at $7,500. Upon completion of required seminars, graduates can either study abroad, complete an internship or begin graduate school at the University of Nebraska-Lincoln or the University of Nebraska Medical Center.

DIVERSITY AND INCLUSION

The Life Skills program is responsible for all Diversity and Inclusion initiatives for Husker Athletics. Since 2016, the Diversity and Inclusion Summit has reached all student-athletes and staff members with programming emphasizing respect, acceptance and unity. Numerous other special events are coordinated in collaboration with campus departments highlighting the diversity within Husker Nation.

NEBRASKA: LEADING THE WAY

The University of Nebraska was chartered by the Nebraska Legislature in 1869 as the state's public university and land-grant institution. Founded in Lincoln, the University of Nebraska was expanded in 1968 into a state educational system now comprising four campuses under the guidance of a Board of Regents and a central administration. Nebraska, which joined the Big Ten Conference in 2011, is a member of the Big Ten Academic Alliance, a consortium of Big Ten universities and the University of Chicago, which has generated unique opportunities for students and faculty by sharing expertise, leveraging resources and collaborating on programs.

Discover more about the University of Nebraska at unl.edu.

BIG TEN ACADEMIC ALLIANCE (BTAA)

As a member of the Big Ten, the University of Nebraska-Lincoln (UNL) is a member of the Big Ten Academic Alliance (BTAA), formerly the Committee on Institutional Cooperation, which is the academic consortium of the universities in the Big Ten Conference. The consortium was renamed on June 29, 2016. The BTAA includes all 14 Big Ten Institutions and the University of Chicago. The Big Ten Academic Alliances and the institutions together have annual research expenditures topping $10.2 billion — more than the Ivy League and the University of California System combined — and they educate a total of nearly 600,000 students with approximately 50,000 full-time faculty members.

UNIVERSITY OF NEBRASKA MISSION

As a land-grant university there are three primary missions of the University: teaching, research and service. UNL is the state's primary intellectual center providing leadership throughout the state through quality education and the generation of new knowledge.

UNL COLLEGES

- **Agricultural Sciences and Natural Resources**
- **Architecture**
- **Arts and Sciences**
- **Business Administration**
- **Education and Human Sciences**
- **Engineering**
- **Hixson-Lied Fine and Performing Arts**
- **Journalism and Mass Communications**
- **Law**

UNIVERSITY OF NEBRASKA

INNOVATION CAMPUS

Nebraska Innovation Campus (NIC), is a research campus designed to facilitate new and in-depth partnerships between the University of Nebraska and private sector businesses. NIC is adjacent to the University of Nebraska–Lincoln (UNL) and strategically provides access to research faculty, facilities and students.

70 MASTERS PROGRAMS

136 UNL HAS STUDENTS FROM 136 COUNTRIES, AS WELL AS ALL 50 STATES

183 UNDERGRADUATE MAJORS

611 RECOGNIZED STUDENT ORGANIZATIONS

26,091 UNL RECORD ENROLLMENT (FALL, 2017)

The new $84 million, 240,000-square-foot College of Business building, the largest academic building project in the recent history of the University of Nebraska–Lincoln, opened in July in time for the 2017-18 academic year.

Bottom: The 30,000-square foot Jackie Gaughan Multicultural Center is the nation's largest multicultural center attached to a student union.

UNIVERSITY OF NEBRASKA NATIONAL RANKINGS

- No. 1 Best-Value Law School (National Jurist Magazine)
- No. 1 Best-Value Online MBA in the World (Financial Times)
- No. 4 Best Online Graduate Education Programs (U.S. News & World Report)
- No. 4 Best Online Graduate Education Programs for Veterans (U.S. News & World Report)
- No. 9 Rising Star in Research among U.S. Institutions (Springer Nature)
- No. 13 Best Online MBA Programs for Veterans (U.S. News & World Report)
- No. 18 Best Online Graduate Engineering Programs (U.S. News & World Report)
- No. 20 Speech-Language Pathology Grad Schools (U.S. News & World Report)
- No. 21 Best Online MBA Programs (U.S. News & World Report)
- No. 24 in 'Best For Vets' Colleges (Military Times)
- Rated among top half of first tier of Top National Universities (U.S. News & World Report)

WELCOME TO LINCOLN

One of the nation's largest 75 cities, Lincoln features many of the benefits of an urban setting and is only minutes away from the scenic beauty and wide open spaces of America's Heartland. The third-largest city in the Big Ten, Lincoln enables Nebraska student-athletes to enjoy the benefits of city life while residing in a community which is widely regarded as one of the top places to live in the United States.

LINCOLN'S NATIONAL RANKINGS

- No. 1 Most Content City (24/7 Wallstreet)
- No. 1 Top 10 Cities for Job Seekers (Forbes)
- No. 1 Healthiest Small City (Daily Finance)
- No. 1 City in Best Places for Business and Careers (Forbes)
- No. 2 City in Highest Quality of Life (Huffington Post)
- No. 3 Top Cities for Young Entrepreneurs (Nerd Wallet)
- No. 3 Top 10 Places to Travel in the U.S. in 2017 (lonelyplanet.com)
- No. 3 Lowest Unemployment Rate (Bureau of Labor)
- No. 6 Best College Town (AIER)
- No. 8 Top 10 Best Downtowns (livability.com)
- No. 8 Best Cities of 2016 (SmartAsset.com)
- Top-10 Most Beautiful Cities in USA (The Culture Trip)

Some of the artists who have played Pinnacle Bank Arena to huge crowds since it opened include Katy Perry (pictured, left), Jay-Z, Justin Bieber, Kenny Chesney, Lil' Wayne (pictured, center), Jason Aldean, Eric Church (pictured, right), Pink, Miranda Lambert, Paul McCartney, Billy Joel, Blake Shelton, Pearl Jam, Red Hot Chili Peppers and Carrie Underwood.

Modeled after the Power and Light District in Kansas City, the Railyard is near the front entrance of Pinnacle Bank Arena, allowing fans to attend an event and enjoy the outdoor plaza.

OMAHA, NEBRASKA

Nebraska's largest city, Omaha and its metro-area, is less than an hour's drive from Lincoln and has a population of approximately 900,000. Omaha is home to TD Ameritrade Park, the NCAA College World Series and the world-renowned Henry Doorly Zoo.

PROMINENT PEOPLE, NEBRASKA TIES

Grover Cleveland Alexander, Major League Baseball Hall of Fame pitcher · Fred Astaire, dancer and actor · Max Baer, boxer · Marlon Brando, Academy Award-winning actor · William Jennings Bryan, U.S. Secretary of State, U.S. Representative, Democratic Party nominee

for president 1896, 1900, and 1908 · **Warren Buffett, investor; Forbes Magazine's 2008 Richest Man in the World** · Richard N. Cabela, entrepreneur, founder of Cabela's sporting store · Johnny Carson, comedian · Joba Chamberlain, Major League Baseball pitcher · Dick Cheney,

46th U.S. Vice-president · **Adam DeVine, actor** · Brian Duensing, Major League Baseball pitcher · Henry Fonda, Academy Award-winning actor · Bob Gibson, Major League Baseball Hall of Fame

pitcher, St. Louis Cardinals · **Alex Gordon, Major League Baseball All-Star, Gold Glove winner, 2015 World Series Champion, Kansas City Royals** · Amy Heidemann, Karmin lead singer · Marg Helgenberger, actress · Peter Kiewit, contractor, investor and philanthropist · Jaime King, actress · Ted Kooser, Poet Laureate of the United States and Pulitzer Prize winner · Larry the Cable Guy, comedian · Tyronn Lue, Head Coach, 2016 NBA Champion Cleveland Cavaliers · Malcolm X, civil rights leader · Nick Nolte, actor, producer · Alexander Payne, Academy Award-winning Director · Edwin Perkins, inventor of Kool-Aid, philanthropist · Andy Roddick, tennis star, 2003 U.S. Open Champion · Gale Sayers, Football Hall of Fame running back, Chicago Bears · Hilary Swank, two-time Academy Award-winning actress · Jack Sock,

2014 Wimbledon doubles champion · **Gabrielle Union, actress** · James Valentine, Maroon 5 guitarist · Tony Watson, Major League Baseball All-Star, Pittsburgh Pirates

NATIONAL POWERS

The Nebraska volleyball team went 31-3 and earned its 13th NCAA Semifinals appearance in school history in 2016. The Huskers won the Big Ten title with an 18-2 record and placed four players on the AVCA All-America team, the most by NU since 2007.

Jake Meyers earned third-team All-America honors after leading the Husker baseball team to its first regular-season Big Ten title in 2017.

All-American Jaycie Johnson was the No. 27 overall pick of the NWSL Draft after leading the Huskers with 11 goals in 2016. Johnson ranked among the team leaders in goals, game-winning goals and multi-goal games.

Tai Webster earned second-team All-Big Ten honors in 2017, as the senior from Auckland, New Zealand, was among the conference leaders in scoring, assists and steals.

MJ Knighten became Nebraska's first softball player to be a finalist for the Senior CLASS Award in 2017. Knighten also became the program's first four-time All-Big Ten selection and was a 2016 first-team All-American.

Julia Bond earned first-team All-America honors for the second straight season by leading the Nebraska bowling team to an NCAA runner-up finish in 2017.

BIG TEN LEADERS

Under the direction of Big Ten Coach of the Year Darin Erstad, the Nebraska baseball team won its first conference title since 2005 and reached an NCAA Tournament for the third time in the last four seasons in 2017.

TJ Dudley (184 pounds) earned third place at the 2017 NCAA Championships. Dudley was a three-time All-American who won 114 matches in his Husker career.

Justine Wong-Orantes was a two-time Big Ten Defensive Player of the Year and garnered first-team AVCA All-America honors in 2016, helping the Huskers to a Big Ten title and an NCAA Semifinals appearance.

Anton Stephenson won the Big Ten title on vault and helped the Huskers to their best NCAA Championship finish since 1999.

Sienna Crouse earned first-team All-America honors on the vault, as the Huskers shared the Big Ten regular-season title and placed seventh at the NCAA Championships.

NATION'S BEST FANS

Nebraska was the only NCAA Division I program to rank in the top 15 nationally in attendance in football and men's basketball in 2016-17. In fact, Nebraska ranked in the top 20 in attendance across nine sports in 2016-17.

VOLLEYBALL	1ST
BASEBALL	6TH
M. GYMNASTICS	7TH
WRESTLING	8TH
FOOTBALL	10TH
M. BASKETBALL	11TH
W. GYMNASTICS	16TH
W. BASKETBALL	17TH
W. SOCCER	18TH

OMAHA SETS MORE RECORDS AT U.S. TRIALS

The CenturyLink Center in Omaha played host to the U.S. Olympic Trials for the third consecutive time in 2016. Six Husker swimmers competed in the 2016 U.S. Olympic Trials, including Omaha natives Alexandra Bilunas and Erin Oeltjen.

The state of Nebraska played host to the U.S. Olympic Swimming Trials at the CenturyLink Center in Omaha for the third consecutive time in 2016. The event, which has become a showcase event with sellout crowds of approximately 14,000 for each day of the trials, has given Nebraska a chance to showcase its love and support for swimming.

In 2016, six University of Nebraska swimmers provided the Huskers with a strong presence at the U.S. Olympic Trials. Led by Omahans Alexandra Bilunas (50 free) and Erin Oeltjen (100 back, 200 back), the Husker contingent proudly competed in the water with the world's best swimmers.

The native Nebraskans were joined by Husker teammates Taryn Collura (Phoenix, Ariz., 50 free, 100 fly), Jordan Ehly (Albuquerque, N.M., 200 breast), Morgan McCafferty (Reynoldsburg, Ohio, 100 back) and Katt Sickle (Grain Valley, Mo., 400 free) at the trials. The 2016 Husker participants tripled the number from the 2012 trials (Bailey Pons, 400 free; Shannon Guy, 100 fly), demonstrating the steady rise of the Nebraska program on the national level.

The state of Nebraska, the Midwest and the entire swimming community took a monumental step on June 28, 2005, when USA Swimming announced Omaha as the host city for the 2008 U.S. Olympic Swimming Trials. After the 2008 Trials proved to be a resounding success, as well as the subsequent 2012 Trials, officials from USA Swimming and the Omaha Sports Commission announced that return of the event to Omaha in 2016.

Morgan McCafferty competed in the 100-meter backstroke at the 2016 U.S. Olympic Trials in Omaha. The Reynoldsburg, Ohio, native was the youngest Husker swimmer to compete in the event.

"It came down to the fact that the setup in Omaha for the athletes and coaches is just the best out of all the candidate cities," said Mike Unger, USA Swimming assistant executive director.

The 2008 Trials drew a record 160,003 fans over eight days and 15 sessions. The 2016 Trials smashed those numbers, with all 15 sessions sold out and attendance exceeding 200,000 for the first time. In 2004, attendance was just over 100,000.

The CenturyLink Center has served as a home away from home for Husker athletics the past several years. In 2015, the Nebraska volleyball team captured its fourth NCAA title and its second in Omaha. The 2006 Huskers claimed Nebraska's third NCAA volleyball title in Omaha as well. The CenturyLink Center also played host to the 2012 NCAA Volleyball Championships. Nebraska also hosted the Big 12 Wrestling Championships at the CenturyLink Center and the men's basketball team played there in a game against Oregon in 2007.

CAPTAINS ANNA MCDONALD, JORDAN EHLY, KAYLYN FLATT

MEET THE HUSKERS

2017-18 NEBRASKA CORNHUSKERS

The 2017-18 Nebraska Swimming and Diving Team: **Back row *(from left):*** Rachel Powers, Allison Kopas, Lindsay Helferich, Katt Sickle, Autumn Haebig, Anna McDonald, Kaylyn Flatt, Sutton Marvin, Jessica Pentlarge, Allie Worrall, Abigail Knapton, Morgan McCafferty. **Middle Row *(from left)*:** Gabby Baratta, Lindsey Stalheim, Carla Gonzalez-Garcia, Savannah Savitt, Dana Posthuma, Abigail Greeneway, Katrina Voge, Shea Bougie, Grace Tiernon, Tori Beeler, Madison Coughlen. **Front Row *(from left):*** Francesca Giganti, Jordan Ehly, Izzie Murray, Jacqueline Jeschke, Bridget Pacilio, Clara Walstad, Mira Rhodes, Gwen Worlton.

Name	Year	Events	Hometown (High School/Other School)
Gabby Baratta	Fr.	Breast/IM	Old Tappan, N.J. (Northern Valley Regional)
Tori Beeler*	So.	Breast/Back/IM	Parkville, Mo. (Park Hill South)
Shea Bougie*	So.	Fly/Back/IM	Lakeville, Minn. (Lakeville South)
Madison Coughlen	Fr.	Fly/IM	Frisco, Texas (Frisco)
Jordan Ehly***	Sr.	Breast/IM	Las Cruces, N.M. (Mayfield)
Kaylyn Flatt**	Jr.	Back/Free	Centennial, Colo. (Cherry Creek)
Francesca Giganti**	Jr.	Diving	St. Louis, Mo. (Parkway West)
Carla Gonzalez-Garcia*	So.	Back/IM	Merida, Venezuela (Arlington Martin [Texas])
Abigail Greeneway*	So.	Free	Appleton, Wis. (Appleton North)
Autumn Haebig	Fr.	Free/Back/Fly	Grafton, Wis. (Grafton)
Lindsay Helferich**	Jr.	Back/Free	Odessa, Texas (Odessa)
Jacqueline Jeschke**	Jr.	Back/IM	Augusta, Ga. (Stanford Online)
Abigail Knapton*	So.	Diving	Omaha, Neb. (Omaha Marian)
Allison Kopas	Fr.	Back/IM	Fort Lauderdale. Fla. (NSU University)
Sutton Marvin	Fr.	Free	Austin, Texas (McNeil)
Morgan McCafferty**	Jr.	Back/IM	Reynoldsburg, Ohio (Reynoldsburg)
Anna McDonald**	Jr.	Back/IM	Evergreen, Colo. (Evergreen)
Izzie Murray	Fr.	Back/Fly	North Bend, Ohio (Taylor)
Bridget Pacilio**	Jr.	Breast/IM	Colleyville, Texas (Colleyville Heritage)
Jessica Pentlarge	Fr.	Back/Free	San DIego, Calif. (Cathedral Catholic)
Dana Posthuma**	Jr.	Fly/IM	Omaha, Neb. (Omaha Burke)
Rachel Powers	Fr.	Free	Sun Prarie, Wis. (Sun Prairie)
Mira Rhodes	Fr.	Back/Fly	Oakwood, Ohio (Oakwood)
Savannah Savitt*	So.	Free/Breast/IM	Tampa, Fla. (Tampa Preparatory School)
Katt Sickle****	Sr.	Back/Free/IM	Grain Valley, Mo. (Grain Valley)
Lindsey Stalheim*	So.	Fly/Back/IM	Omaha, Neb. (Millard West)
Grace Tiernon	Fr.	Diving	Indianapolis, Ind. (Heritage Christian)
Katrina Voge**	Jr.	Diving	Franklin, Wis. (Franklin)
Clara Walstad	Fr.	Free/Back/Fly	Lincoln, Neb. (Southwest)
Gwen Worlton	So.	Breast	Fox Point, Wis. (Nicolet)
Allie Worrall*	So.	Free/Fly	Phoenix, Ariz. (Xavier College Prep)

*denotes letter earned at Nebraska

Head Coach: Pablo Morales (Stanford, 1987)

Associate Head Coach: Patrick Rowan (Eastern Michigan, 2000) **Head Diving Coach:** Natasha Chikina (USC, 1999)

Graduate Assistant Coach: Katie Ditter (Nebraska, 2016)

HUSKERS HOPE TO CONTINUE RISE IN 2017-18

The Nebraska women's swimming and diving team plans to continue to make a splash in the pool, while minimizing its splashes in the diving well during the 2017-18 season.

The Huskers, who produced their best team finish since 2001 at the NCAA Championships in 2017, have the returning firepower and incoming talent to continue to rise on the national level this season.

Last year, the Huskers finished 33rd at the NCAA Championships for their second straight top-40 finish at the national meet under Coach Pablo Morales. They also produced a perfect 6-0 dual record, marking Nebraska's first undefeated dual season since 1997-98.

Nebraska's divers did the most damage for the Big Red throughout the season, led by first-team All-American Abigail Knapton. The sophomore from Omaha took fourth on the platform dive at the 2017 NCAA Championships - the highest finish ever by a Husker women's diver at the national meet. Knapton accounted for all 15 of Nebraska's points at the NCAA Championships, after winning the platform competition at NCAA Zone D Diving Championships.

While Knapton performed at an extraordinarily high level on platform in her first postseason at Nebraska, she was also a national qualifier on the one- and three-meter boards, giving Nebraska the possibility for even more points in the well at nationals in the future.

Knapton is not alone as a talented and experienced diver for the Huskers. Juniors Katrina Voge and Francesca Giganti have both competed in NCAA Zone competition and could be ready to make a step up to help the Huskers compensate for the departure of 2016 All-America diver Anna Filipcic to graduation.

While Knapton, Giganti and Voge give Diving Coach Natasha Chikina three talented and experienced performers, freshman Grace Tiernon will be looking to make an instant impact.

Tiernon, who was a two-time Junior National qualifier on the platform during her career at Heritage Christian High School in Indianapolis, was one of the top divers in the state of Indiana throughout her prep career.

"We feel like we have a strong group of divers who can contend at the conference and national levels," Morales said. "Natasha Chikina does an outstanding job of leading our entire diving program and is really elevating the performances of each of our individual divers every year. She is developing a tremendous program for us, and we are looking for that to continue this year and into the future."

While the diving corps continue to be among the best in the Big Ten and the nation, the Husker swimmers continue to develop speed and depth under Morales and Associate Head Coach Patrick Rowan.

"We're moving forward, the prognosis for the future is great," Morales said. "We lost a small but mighty senior class, and we've got a great class coming in."

The 2017-18 version of the Huskers will be led by senior swimmers Jordan Ehly and Katt Sickle.

Sickle, who will be in her sixth season at Nebraska after being granted a medical hardship for the 2016-17 campaign, has been a standout for the Huskers in the pool, in the classroom and in the community.

A three-time Big Ten Distinguished Scholar, the graduate student from Grain Valley, Mo., hopes to be healthy for strong swims in the distance freestyle events. She also hopes to earn her master's degree in teaching, learning and teacher education. She is also a two-time Nebraska Big Ten Sportsmanship Award winner.

Ehly, a senior captain from Albuquerque, N.M., also could be poised to make a push up the conference standings. Ehly is hoping to continue Nebraska's rich tradition in the breaststroke events that includes 24 total All-America awards in the 100 and 200 events combined, including 1996 NCAA Champion and Olympic Gold Medalist Penny Heyns.

Ehly produced Nebraska's top times in both the 100 (1:02.66) and 200 (2:14.67) last season after competing in the 200 breast at the U.S. Olympic Trials in Omaha. Ehly owns a trio of career top-24 performances at the Big Ten Championships.

"Jordan came to us as a fairly accomplished swimmer, and we think she is putting herself in a position to make a significant jump in performance," Morales said. "Jordan is a really good leader, and she is unbelievable in training. We are looking forward to her bridging the gap in her training and her competitive performance because when she does, it could be pretty special."

Sickle and Ehly make up a two-member senior class for the Huskers, who only have to replace three departed seniors from the 2016-17 campaign.

Nebraska's sophomore and junior classes each add nine members to the Husker roster to help lead the 11 freshmen who joined the program in 2017-18.

Juniors Kaylyn Flatt and Anna McDonald will carry much of the leadership load along with the Husker seniors in 2017-18. Flatt and McDonald were both named captains prior to the season, and both have proven themselves in the water for the Big Red.

Flatt, from Centennial, Colo., produced a pair of top-24 finishes in the 200 and 1,650 free events at the 2017 Big Ten Championships. Her time in the 200 free made the NCAA B standard, while she also captured seven individual wins in her events throughout the season.

McDonald, from Evergreen, Colo., also claimed a pair of top-24 finishes for Nebraska at last year's Big Ten Championships. Her times in the 200 IM and the 400 IM last season both qualified as NCAA B cuts.

Dana Posthuma, a junior from Omaha, joined Flatt and McDonald with a pair of top-24 Big Ten finishes a year ago. Her career-best times in the 100 and 200 butterfly events last season both earned her NCAA B standards as well. Posthuma's nine victories in the pool a year ago also lead Nebraska's returning swimmers.

Jacqueline Jeschke, a junior from Augusta, Ga., contributed a top-24 finish in the 200 backstroke at the Big Ten meet and her career-best time in the event is also well under the NCAA B standard.

Fellow juniors Lindsay Helferich (Odessa, Texas), Morgan McCafferty (Reynoldsburg, Ohio) and Bridget Pacilio (Colleyville, Texas) each own a pair of top-30 career Big Ten finishes and are working to break into the scoring column for the Big Red at the 2018 conference championships in Columbus, Ohio.

Nebraska's nine-member sophomore class could play a major role in the Huskers' improvement in 2017-18.

2017-18 HUSKERS

Letterwinners Returning: 19
Newcomers: 11
2017 Big Ten Championship
Top-24 Returning Finishers: 7 (12)
2016-17 First-Place Finishers Returning: 12 (51)
2016-17 Returning
Academic All-Big Ten Selections: 10 (13)

TOP RETURNING PERFORMANCES FROM 2016-17

50 Freestyle: Allie Worrall, 23.29
100 Freestyle: Allie Worrall, 51.26
200 Freestyle: Kaylyn Flatt, 1:47.94
500 Freestyle: Katt Sickle, 4:46.52 (2015-16)
1,000 Freestyle: Kaylyn Flatt, 10:10.80
1,650 Freestyle: Kaylyn Flatt, 16:39.10
100 Butterfly: Dana Posthuma, 53.95
200 Butterfly: Dana Posthuma, 1:58.16
100 Backstroke: Jacqueline Jeschke, 55.07
200 Backstroke: Anna McDonald, 157.21
100 Breaststroke: Jordan Ehly, 1:02.34
200 Breaststroke: Jordan Ehly, 2:13.38
200 IM: Anna McDonald, 2:00.24
400 IM: Anna McDonald, 4:18.41
One-Meter Dive: Abigail Knapton, 294.98
Three-Meter Dive: Abigail Knapton, 343.12
Platform Dive: Abigail Knapton, 318.70

First-team All-American Abigail Knapton leads a talented group of Husker divers in 2017-18. The sophomore from Omaha finished fourth on the platform as a true freshman at the 2017 NCAA Championships.

ALL-AMERICAN KNAPTON'S LEADS DIVERS

Tori Beeler leads a strong corps of Husker sophomore swimmers. The second-year competitor out of Parkville, Mo., just missed a pair of top-24 finishes at the Big Ten Championships in the 200 IM and the 200 breaststroke. She also led Nebraska's 2016-17 freshmen with eight victories on the year. Beeler's top times in both events during the season met NCAA B qualifying standards.

Sophomore Shea Bougie (Lakeville, Minn.) notched a pair of top-40 performances in the 200 IM and the 200 butterfly at her first Big Ten Championships, while claiming one dual victory on the season.

Sophomore sprint freestyler Allie Worrall (Phoenix, Ariz.) finished 34th at her first Big Ten meet in the 50 free in a time of 23.29, just off an NCAA B cut. She also notched four individual wins for the Huskers during the regular season.

Fellow sophomore Gwen Worlton produced strong inaugural efforts at the Big Ten Championships, including a 37th in the 100 breast and a 39th in the 200 breast.

Carla Gonzalez-Garcia (Medina, Venezuela) contributed a pair of dual victories during the season, while providing potential in the backstroke and freestyle events.

Abigail Greeneway, Savannah Savitt and Lindsey Stalheim round out Nebraska's strong contingent of sophomores. The trio contributed a total of 16 top-five performances throughout their first seasons for the Huskers.

Nebraska's 10 freshmen swimmers could make an immediate impact for the Huskers in 2017-18. One of the top distance freestylers to join the Big Red in several years, Autumn Haebig comes to Nebraska after capturing four consecutive Wisconsin Division 2 state title in the 500 free. Her 2016 state championship in the event came in a state-record time of 4:47.79, which would have been good enough for a top-16 finish at the 2017 Big Ten Championships.

Senior captain Jordan Ehly owns three career top-20 finishes in the 200 breaststroke at the Big Ten Championships.

Rachel Powers, also a freshman from Wisconsin, form a talented young tandem in the distance freestyle events for the Huskers. Powers won the 500-yard freestyle at the Wisconsin Division I State Championships in 2016, completing a sweep of the Division I and 2 crowns for the young Huskers. Powers is hoping to make an instant impact in the 500 and 1,650 freestyle events for Nebraska at the conference level.

Allison Kopas brings versatility to the Husker class by adding potential in the backstroke and IM events. Her personal-best time of 4:18.82 in the 400 IM would have placed her in the top-24 at the 2017 Big Ten Championships. Her older sister, Emily, is a senior at Michigan, where she is a two-time NCAA All-American. Her father, William, was the Big Ten champion in the 1,650 freestyle in 1986 at Michigan, while her uncle, Brice, was an All-American for the Wolverines in 1994.

Another Nebraska freshman with a strong family legacy in the pool is Jessica Pentlarge. A top sprint freestyle and backstroke competitor, Pentlarge captured California Interscholastic Federation San Diego Section Division II titles in the 100 freestyle and 100 backstroke in 2017. Pentlarge is hoping to make an instant impact for the Huskers, as her personal-best times in those two events would rank among Nebraska's best times a year ago. Her mother, Carol, competed collegiately at Cal State Northridge, while her father, Jack, swam at UC Santa Barbara.

A specialist in the butterfly and backstroke events, Izzie Murray also is planning to provide immediate production for the Huskers. The freshman from North Bend, Ohio, owns a personal-best time of 2:02.11 in the 200 fly, which would have given her a top-24 finish at the 2017 Big Ten Championships.

The lone Nebraska native in a talented class of newcomers, Clara Walstad showed impressive improvement across the board at Lincoln Southwest High School. Walstad is hoping to make immediate contributions in the freestyle, butterfly and backstroke events for the Huskers. In the 100 back, Walstad has slashed nearly six seconds off her time since her high school freshman season and owns the Nebraska state meet record.

Gabby Baratta (Old Tappan, N.J.), Madison Coughlen (Frisco, Texas), Sutton Marvin (Austin, Texas) and Mira Rhodes (Oakwood, Ohio) round out Nebraska's talented freshman class.

The new mix of Huskers will hit the water for the first time at the Scarlet vs. Cream Intrasquad on Oct. 6, before opening the season at Northern Iowa (Oct. 13). Nebraska opens its home schedule by battling Iowa State (Oct. 21) at Devaney Natatorium.

The Big Red hit the road again to take on Arkansas (Nov. 3) and Kansas (Nov. 4), before Nebraska's divers compete at the Minnesota Invitational (Nov. 9-11). The swimmers will be in action at the Big Ten Dual Meet Challenge (Nov. 11-12) and Mizzou Invitational (Nov. 16-18). USA Swimming Winter Nationals will be held Nov. 29-Dec. 2 in Columbus, Ohio.

The Huskers return to the water for the spring semester at Omaha (Jan. 13), before closing their home dual season against Illinois on Senior Day at the Devaney Natatorium on Saturday, Jan. 20.

Nebraska travels to Piscataway, N.J., for the first time to take on Rutgers (Jan. 26-27), before tuning up for the Big Ten Championships (Feb. 14-17) with the Ohio State Winter Invitational (Feb. 10-11) both at McCorkle Aquatic Pavilion in Columbus, Ohio.

The NCAA Last Chance Meets (Feb. 24-25) and NCAA Zone Diving Meet (March 5-7) will conclude Nebraska's preparations for the 2018 NCAA Championships in Columbus, Ohio (March 14-17).

2017-18 NEBRASKA SWIMMING & DIVING SCHEDULE

Date	Meet	Location	Time
Oct. 6	**Scarlet vs. Cream Intrasquad**	**Devaney Natatorium**	**5 p.m.**
Oct. 13	at Northern Iowa	Cedar Falls, Iowa	4 p.m.
Oct. 21	**Iowa State**	**Devaney Natatorium**	**Noon**
Nov. 3	at Arkansas	Fayetteville, Ark.	4 p.m.
Nov. 4	at Kansas	Lawrence, Kan.	11 a.m.
Nov. 9-11	at Minnesota Invitational (Diving Only)	Minneapolis, Minn.	9 a.m.
Nov. 11-12	at Big Ten Dual Meet Challenge	TBA	TBA
Nov. 16-18	at Mizzou Invitational	Columbia, Mo.	10 a.m.
Nov. 29-Dec. 2	at USA Swimming Winter Nationals	Columbus, Ohio	TBA
Jan. 13	at Omaha	Omaha, Neb.	11 a.m.
Jan. 20	**Illinois**	**Devaney Natatorium**	**11 a.m.**
Jan. 26	at Rutgers	Piscataway, N.J.	4 p.m.
Jan. 27	at Rutgers	Piscataway, N.J.	9 a.m.
Feb. 10-11	at Ohio State Winter Invitational	Columbus, Ohio	10 a.m.
Feb. 14-17	at Big Ten Championships	Columbus, Ohio	TBA
Feb. 24-25	at Last Chance Meets	TBA	TBA
March 5-7	at NCAA Zone Diving Meet	Columbia, Mo.	TBA
March 14-17	at NCAA Championships	Columbus, Ohio	TB7

2017-18 NCAA DIVISION I QUALIFYING STANDARDS

Event	A Standard	B Standard
50 Free	21.80	22.99
100 Free	47.53	49.99
200 Free	1:43.30	1:47.99
500 Free	4:36.30	4:47.79
1,650 Free	15:53.50	16:30.59
100 Fly	51.19	54.49
200 Fly	1:53.80	1:59.59
100 Back	51.16	55.09
200 Back	1:50.99	1:59.19
100 Breast	58.85	1:02.49
200 Breast	2:07.18	2:15.99
200 IM	1:55.00	2:01.59
400 IM	4:04.70	4:19.39

Relay	Qualifying	Provisional
200 Free	1:28.71	1:29.57
400 Free	3:15.43	3:16.93
800 Free	7:03.86	7:07.86
200 Medley	1:36.89	1:37.51
400 Medley	3:32.67	3:34.48

Diving	Points	Number
One-Meter	265	6 Dives
Three-Meter	280	6 Dives
Platform	225	5 Dives

JORDAN EHLY

Senior Breaststroke/Individual Medley Las Cruces, N.M. (Mayfield)

HONORS & AWARDS

+U.S. Olympic Trials Qualifier (2016)
+Team Captain (2017)
+Three Letters (2015, 2016, 2017)
+CSCAA Scholar All-American (HM, 2015, 2016)
+Big Ten Distinguished Scholar (2016)
+Academic All-Big Ten (2016, 2017)
+Nebraska Scholar-Athlete Honor Roll (Fall 2014, 2015, 2016; Spring 2015, 2016)
+Arthur Ashe Jr. Sports Scholar Award (2016, 2017)
+Sam Foltz Hero 27 Leadership Award (2017)
+Tom Osborne Citizenship Team (2015, 2016, 2017)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2017	200 Breaststroke	19th
2017	100 Breaststroke	31st
2017	200 IM	41st
2016	200 Breaststroke	20th
2016	100 Breaststroke	31st
2016	200 IM	70th
2015	200 Breaststroke	16th
2015	100 Breaststroke	33rd
2015	200 IM	45th

Q&A WITH JORDAN

What is your favorite thing about Nebraska?
The people and football games.

Who was your inspiration growing up?
My mom.

What are your pre-meet rituals?
Pray, stretch and by silly with my teammates.

If you could be in any movie, what would it be and why?
Aquamarine. I know every single line in that movie.

If you could eat one thing for the rest of your life, what would it be?
Sushi

What is your favorite hobby outside of swimming?
Painting.

2017-18 (OUTLOOK)

Jordan Ehly hopes to produce the best season of her career as a team captain for the Huskers in 2017-18. The senior from Las Cruces, N.M., has been a driving force in training for the Big Red throughout her career and hopes to see significant gains in the water her final season at Nebraska. In addition to her three top-20 career finishes at the Big Ten Championships, Ehly has starred in the classroom and in the community throughout her time at Nebraska.

2016-17 (JUNIOR)

Ehly amassed 12 top-five finishes, including eight victories as a junior. Ehly racked up a majority of her victories in the 100- and 200-yard breaststroke. She set career bests in both the 100-yard breaststroke (1:02.34) and 200-yard breaststroke (2:13.38). At the 2017 Big Ten Championships, Ehly took 19th in the 200 breast and placed 31st in the 100 breast. She added a 41st-place finish in the 200-yard individual medley. In the classroom, Ehly earned academic All-Big Ten honors for the second consecutive year. She also claimed a prestigious Nebraska Sam Foltz Hero 27 Leadership Award as one of the most committed Huskers across all sports to community service. She was a member of the Tom Osborne Citizenship Team for the third year.

2015-16 (SOPHOMORE)

Ehly ended her sophomore season with astounding results, finishing the 2015-16 campaign with 24 top-five finishes, including nine victories and eight second-place showings. Ehly notched wins in duals against South Dakota State, Illinois, Washington State, Northern Iowa and Omaha. She swam to a season-best time of 1:02.66 in the 100-yard breaststroke at the Big Challenge. Ehly finished 20th in the 200 breaststroke (2:14.68) at the 2016 Big Ten Championships. Ehly continued her remarkable efforts in the community and classroom, earning recognition as a Big Ten Distinguished Scholar, while claiming academic All-Big Ten honors for the first time. She added her second straight appearance on the Tom Osborne Citizenship Team.

2014-15 (FRESHMAN)

Ehly exploded onto the scene during her first season in Lincoln. She compiled 24 top-five finishes, including eight victories. Ehly had multiple wins in meets against Northern Iowa, Iowa State and Washington State. At her first Big Ten Championhsips, Ehly set then-career bests in all three of her events. Ehly's best finish came in the 200-yard breaststroke, swimming to a 16th-place time of 2:14.58. Ehly also set season bests of 1:03.31 in the 100-yard breaststroke (33rd) and 2:03.48 in the 200-yard individual medley (45th). Ehly was a star in the classroom as well, earning spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2014-15.

PREVIOUS

Ehly came to Nebraska after setting New Mexico state records in the 100- and 200-yard breaststrokes for the Girls 15 & 16 Long Course division. Ehly qualified for the Olympic Trials in the summer of 2013. She also qualified for the World Championships and National Championhsips. Ehly was also a finalist at the Junior National Championships for her swim club, Wild West Aquatics. While swimming for her club team, Ehly ranked No. 1 in the state in the breaststroke and individual medley and established team records in the 100-yard breaststroke, 200-yard breaststroke and 200-yard individual medley. Ehly was a member of Mayfield High's honor roll, a 4.0 student, and a member of National Honor Society.

PERSONAL

The daughter of Phil and Janice Ehly, Jordan was born Oct. 2, 1995, in Las Cruces, N.M. She has a twin brother, Philip, and a younger sister, Victoria. An advertising and public relations major at Nebraska, Jordan was a Big Ten Distinguished Scholar in 2016. She captured academic All-Big Ten honors in 2016 and 2017. She is a five-time selection to the Nebraska Scholar-Athlete Honor Roll. Her extensive community outreach work earned her a prestigious Sam Foltz Hero 27 Leadership Award in 2017, and she was also a member of the Tom Osborne Citizenship Team in 2015, 2016 and 2017. Jordan chose Nebraska over Minnesota, Kansas, Utah and Boise State.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Breaststroke	1:02.34	11/19/17	Kansas Classic	Topeka, Kan.
200 Breaststroke	2:13.38	2/18/17	Big Ten Championships	Columbus, Ohio
200 IM	2:03.48	2/16/17	Big Ten Championships	Columbus, Ohio

KATT SICKLE

Senior Freestyle Grain Valley, Missouri (Grain Valley)

HONORS & AWARDS

+U.S. Olympic Trials Qualifier (2016)
+Four Letters (2013, 2015, 2016, 2017)
+CSCAA Scholar All-American (HM, 2016)
+Big Ten Distinguished Scholar (2015, 2016, 2017)
+Academic All-Big Ten (2015, 2016, 2017)
+Nebraska Scholar-Athlete Honor Roll (Fall 2012, 2013, 2014, 2015, 2016; Spring 2013, 2014, 2015, 2016, 2017)
+Sam Foltz Hero 27 Leadership Award (2017)
+Big Ten Sportsmanship Award (2014, 2015)
+Tom Osborne Citizenship Team (2014, 2015, 2016, 2017)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2016	500 Freestyle	15th
2016	200 Freestyle	26th
2016	1,650 Freestyle	30th
2015	500 Freestyle	21st
2015	1,650 Freestyle	30th
2015	200 Freestyle	48th

Q&A WITH KATT

Favorite Animal:
Kangaroo

Favorite Candy:
Anything Chocolate

Celebrity Crush:
Zac Efron

What superpower would you choose?
Teleportation

2017-18 (OUTLOOK)

Katt Sickle plans to be a leader for the Huskers in the pool, in the classroom and in the community in her sixth season in the program in 2017-18. The graduate student from Grain Valley, Mo., missed the 2016-17 season, but hopes to compete in the distance freestyle events while closing in on her master's degree in teaching, learning and teacher education. Sickle is a three-time Big Ten Distinguished Scholar and a two-time Big Ten Sportsmanship Award winner.

2016-17 (MEDICAL)

Sickle sat out her fifth season at Nebraska after undergoing offseason surgery. She applied for a medical hardship with hopes of being granted a sixth season to compete in 2017-18. A graduate student in teaching, learning and teacher education at Nebraska, Sickle continued her academic excellence by earning her third straight academic All-Big Ten award by posting a perfect 4.0 GPA. Sickle made the Tom Osborne Citizenship Team for the fourth year.

2015-16 (JUNIOR)

Sickle racked up 22 top-five finishes, including seven victories and eight runner-up performances as a junior in 2015-16. Sickle swam to a pair of wins against Iowa State, touching the wall first in the 200-yard freestyle (1:53.79) and 500 freestyle (5:05.12) against the Cyclones. She raced to a career-best 16:47.23 to finish third in the 1,650-yard freestyle at the Big Challenge, helping the Huskers to the team title. At the Big Ten Championships, Sickle finished 15th in the 500 free at the Big Ten Championships after posting a career-best time of 4:46.52 in the prelims. She added a career-best 1:48.78 to finish 26th in the 200 free at the conference championships. She also took 30th in the 1,650 freestyle at the conference meet with a time of 17:02.07. She helped the Huskers' 800-yard freestyle relay to a fifth-place finish at the Big Ten meet. A Big Ten Distinguished Scholar in 2016, Sickle earned academic All-Big Ten accolades for the second straight season. She has claimed eight spots on the Nebraska Scholar-Athlete Honor Roll. She was also a member of the Tom Osborne Citizenship Team for the third time.

2014-15 (SOPHOMORE)

After sitting out a year with an injury, Sickle returned as one of Nebraska's top performers in 2014-15. She racked up 21 top-five finishes, including five victories. Sickle had one of her strongest meets against South Dakota State, capturing wins in both the 1,000-yard freestyle and 200-yard IM. Sickle also performed well at the Big Ten Championships, setting then-career bests in the 500-yard freestyle with a 21st-place time of 4:48.79 and the 1,650-yard freestyle with a 30th-place time of 16:51.41. Sickle also worked at a high level in the classroom, earning academic All-Big Ten honors in 2015.

2013-14 (REDSHIRT)

Sickle redshirted in 2013-14 with an injury.

2012-13 (FRESHMAN)

Sickle had an impressive first season in 2012-13, recording 13 top-five finishes and claiming three victories across eight events. She won both the 500-yard freestyle and 200-yard individual medley at South Dakota State to go with her victory in the 200-yard freestyle against Nebraska-Omaha. Sickle set then-personal-best times in the 200 free (1:50.51), 500 free (4:54.03), 1,650 free (17:05.86) and 400 IM (4:31.20) at the Iowa Invitational in December. Sickle found success in the classroom as well, earning spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters of 2012-13.

PREVIOUS

Sickle graduated from Grain Valley High School in 2012. She swam for the Kansas City Blazers and was coached by two-time head coach of the U.S. National Junior Team, Gardner Howland. Sickle was named Swimmer of the Year in 2009, 2010 and 2012 and was a member of a Blazers' record relay team. Sickle also was selected to her high school honor roll all four years.

PERSONAL

The daughter of Mike and Kelly Sickle, Katt was born June 28, 1994, in Davenport, Iowa. She has two sisters, Mikki and Danika, and one brother, Koleton. An elementary education and mild/moderate disabilities education major at Nebraska, Katt earned her bachelor's degree in May of 2016. She hopes to complete her master's degree in teaching, learning and teacher education by the end of her competitive career. A three-time Big Ten Distinguished Scholar (2015, 2016, 2017), she is also a three-time academic All-Big Ten selection and a 10-time member of the Nebraska Scholar-Athlete Honor Roll. A strong performer in the community as well, she earned a prestigious Sam Foltz Hero 27 Leadership Award in 2017. She also has claimed four spots on the Tom Osborne Citizenship Team. She chose Nebraska over Kansas, Northern Arizona, Colorado and Missouri.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
200 Freestyle	1:48.78	2/19/16	Big Ten Championships	Ann Arbor, Mich.
500 Freestyle	4:46.52	2/18/16	Big Ten Championships	Ann Arbor, Mich.
1,650 Freestyle	16:47.23	11/22/15	Big Challenge	Topeka, Kan.

KAYLYN FLATT

Junior Freestyle/Backstroke Centennial, Colorado (Cherry Creek)

HONORS & AWARDS

+Team Captain (2017)
+Two Letters (2016, 2017)
+Academic All-Big Ten (2017)
+Nebraska Scholar-Athlete Honor Roll (Fall 2015, 2016; Spring 2016, 2017)
+Herman Team GPA Award (2016, 2017)
+Tom Osborne Citizenship Team (2016, 2017)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2017	200 Freestyle	21st
2017	1,650 Freestyle	21st
2017	500 Freestyle	34th
2016	1,650 Freestyle	21st
2016	500 Freestyle	30th
2016	200 Freestyle	42nd

Q&A WITH KAYLYN

What is your favorite thing about Nebraska?
The team atmosphere. It is my family away from home.

Who was your inspiration growing up?
My parents.

What would you tell your younger self?
You is kind. You is smart. You is important.

What are your pre-meet rituals?
Listen to a good song, laugh with my teammates, and pray.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Julie Andrews. I have always wanted to hang out with her.

2017-18 (OUTLOOK)

Kaylyn Flatt will accept a greater leadership role as a captain for the 2017-18 Huskers. The junior from Centennial, Colo., has produced a trio of top-24 finishes in her first two seasons at the Big Ten Championships and is hoping to continue a string of career-best performances. In addition to her leadership in the pool, Flatt has been a leader in the classroom and the community as an academic All-Big Ten choice and a two-time Tom Osborne Citizenship Team member.

2016-17 (SOPHOMORE)

Flatt amassed 15 top-five finishes as a sophomore for the Huskers. Flatt was a strong performer in the 1,000 freestyle, where she recorded three top-five finishes. She took second in the 1,650 freestyle (16:53.53) in Nebraska's victory at the Kansas Classic. She produced a trio of top-35 finishes at the 2017 Big Ten Championships, including a career-best 21st in the 200 free (1:48.69). She added a 21st-place finish in the 1,650 free and a 34th-place showing in the 500 free. She earned academic All-Big Ten honors for the first time and earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2016-17. Flatt claimed a spot on the Tom Osborne Citizenship Team for the second straight season.

2015-16 (FRESHMAN)

Flatt erupted onto the scene by earning five victories among her 16 top-five finishes as a freshman for the Huskers in 2015-16. She performed well in her first appearance at the Big Ten Championships, taking 21st (16:43.17) in the 1,650 freestyle, 30th (4:51.28) in the 500 free and 42nd (1:50.10) in the 200 free. Flatt also got off to a strong start in the classroom and the community, earning spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2015-16, before becoming a member of the 2016 Tom Osborne Citizenship Team.

PREVIOUS

Flatt joined the Husker swimming and diving team after her relay team earned All-America honors. Flatt competed for the Colorado Athletic Club Stingrays and held 10 team records. Flatt was a 2014 Wisconsin Speedo Champion in the 1,650-yard freestyle and a top-eight finalist in the 500-yard freestyle. A standout in the classroom, Flatt was named a USA Swimming Scholastic All-American and was named to the Cherry Creek High School high honor roll.

PERSONAL

The daughter of Mandy and Tim Flatt, Kaylyn was born Dec. 30, 1996, in Denver, Colo. She has a younger sister, Ruby. Kaylyn is majoring in chemistry education at Nebraska. She earned academic All-Big Ten accolades in 2017. Kaylyn is a four-time member of the Nebraska Scholar-Athlete Honor Roll. She was also a member of the Tom Osborne Citizenship Team in 2016 and 2017. Kaylyn chose Nebraska over Wyoming and Marshall.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
200 Freestyle	1:47.94	2/17/17	Big Ten Championships	Columbus, Ohio
500 Freestyle	4:50.26	2/15/17	Big Ten Championships	Columbus, Ohio
1,000 Freestyle	10:10.80	1/14/17	Omaha	Lincoln, Neb.
1,650 Freestyle	16:39.10	2/18/17	Big Ten Championships	Columbus, Ohio

FRANCESCA GIGANTI

Junior Diving St. Louis, Missouri (Parkway West)

HONORS & AWARDS

+Two Letters (2015, 2016)
+CSCAA Scholar All-American (HM, 2016)
+Arthur Ashe Jr. Sport Scholar (2016, 2017)
+Nebraska Scholar-Athlete Honor Roll (Fall 2014, 2015, 2016; Spring 2015, 2016, 2017)
+Herman Team GPA Award (2015, 2016, 2017)
+Tom Osborne Citizenship Team (2015, 2016, 2017)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2016	Platform	31st
2016	Three Meter	34th
2016	One Meter	45th
2015	Platform	18th
2015	Three Meter	29th
2015	One Meter	37th

Q&A WITH FRANCESCA

What is your favorite thing about Nebraska?
The sunsets.

Who was your inspiration growing up?
Laura Wilkinson.

What are you most thankful for?
My education and my support system.

What are your pre-meet rituals?
Listen to music, warm up, talk to my coach (Natasha Chikina), visualize my dives and count my breaths.

If you could be in any movie, what would it be and why?
Forrest Gump, so I could experience the eras with Forrest.

If you could go to dinner with anyone, dead or alive, who would it be and why?
My entire family and my boyfriend at one giant table because nothing would be more entertaining.

What is your favorite hobby outside of diving?
Going to concerts, no matter the type of music.

2017-18 (OUTLOOK)

The veteran among a talented group of Nebraska divers, Francesca Giganti enters her fourth season in the Husker program hoping to make an impact. The junior from St. Louis redshirted with an injury in 2016-17, but hopes to return to full strength to compete at the Big Ten and NCAA levels for the Big Red.

2016-17 (REDSHIRT)

Giganti redshirted in 2016-17 with an injury. Giganti earned spots on the Nebraska Scholar-Athlete Honor Roll both semesters and was a member of the Tom Osborne Citizenship Team for the third straight year.

2015-16 (SOPHOMORE)

Giganti captured nine top-five finishes in the diving well as a sophomore for the Huskers in 2015-16, including a pair of runner-up finishes. She set career bests in both the one-meter and platform dives. She posted her one-meter career best (242.62) with a fifth-place finish in a dual win at Northern Iowa. She added her career best on platform (252.85) at the Hawkeye Invitational. At the 2016 Big Ten Championships, Giganti took 31st on the platform (208.00), 34th on three meter (249.55) and 45th on the one-meter board (218.55). She earned academic All-Big Ten honors for the first time as a sophomore, while also making her first appearance on the Tom Osborne Citizenship Team. Giganti also was named an Arthur Ashe Jr. Sport Scholar.

2014-15 (FRESHMAN)

Giganti gained extensive experience during her first season as a Husker. She totaled seven top-five finishes and set career bests in all three dives. Giganti set her then-career best in the one-meter dive against Iowa State with a score of 238.57. She posted a three-meter career-best 294.40 at the NCAA Zone Diving Championships. Giganti notched a 241.94 on platform at the Hawkeye Invitational. Giganti's highest finish of the season came in the three-meter dive against Northern Iowa. Her score of 290.32 was good enough to capture second place. Giganti was also a standout in the classroom, claiming spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2014-15.

PREVIOUS

Giganti came to Nebraska after an outstanding diving career at Parkway West High School. Giganti produced a second-place finish at the 2014 Missouri High School State Championships, tallying a score of 416.50. Giganti earned all-state awards all four years in high school. She also competed for the St. Louis Diving Club, finishing second and third in the platform and three-meter dives at the 2013 USA Diving Summer Junior Zone C Championships. Her scores qualified her for the 2013 USA Diving Junior National Championships in both events. A solid performer in the classroom as well, Giganti was a member of Parkway West's honor roll her senior year.

PERSONAL

The daughter of Alfonso Giganti and Michelle Schmitt, Francesca was born Feb. 8, 1996, in St. Louis, Mo. She has two sisters, Jasmine and Gabriella, and three brothers, Ignacio, Pietro and Lorenzo. A management major at Nebraska, Francesca earned academic All-Big Ten honors in 2016. She is a six-time member of the Nebraska Scholar-Athlete Honor Roll. She earned spots on the Tom Osborne Citizenship Team in 2015, 2016 and 2017. She chose Nebraska over Eastern Michigan.

CAREER-BEST DIVES

Event	Score	Date	Meet	Location
One Meter	242.62	10/30/15	Northern Iowa	Cedar Falls, Iowa
Three Meter	294.40	11/22/15	NCAA Zone Diving Meet	Iowa City, Iowa
Platform	252.85	12/6/15	Hawkeye Invitational	Iowa City, Iowa

LINDSAY HELFERICH

Junior Backstroke/Freestyle Odessa, Texas (Odessa)

HONORS & AWARDS

+Two Letters (2016, 2017)
+CSCAA Scholar All-American (HM, 2016, 2017)
+Big Ten Distinguished Scholar (2017)
+Academic All-Big Ten (2017 - 4.0 GPA)
+Nebraska Scholar-Athlete Honor Roll (Fall 2016; Spring 2016, 2017)
+Herman Team GPA Award (2016, 2017)
+Nebraska Student-Athlete HERO Leadership Award (2016)
+Tom Osborne Citizenship Team (2016, 2017)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2017	200 Backstroke	27th
2017	100 Backstroke	35th
2017	50 Freestyle	43rd
2016	200 Backstroke	24th
2016	100 Backstroke	38th
2016	50 Freestyle	62nd

Q&A WITH LINDSAY

What is your favorite thing about Nebraska?
I love this team! I also love how close all the sports are, and I have friends in several sports.

Who was your inspiration growing up?
My dad. He always told me to work and try my best, no matter what, and that advice has never steered me wrong.

What are your pre-meet rituals?
Pray, take deep breaths, prepare to do my best.

If you could be in any movie, what would it be and why?
An action movie where I am a strong, independent woman.

If you could eat one thing for the rest of your life what would it be?
Pancakes.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Mac Powell because I admire his music and him as a person.

What is your favorite hobby outside of swimming?
Baking.

2017-18 (OUTLOOK)

One of Nebraska's top backstrokers, Lindsay Helferich hopes to continue to slash time off her career-best marks in both backstroke events. The junior from Odessa, Texas, has not only been a top performer in the pool but is also a two-time CSCAA Scholar All-American and a Big Ten Distinguished Scholar.

2016-17 (SOPHOMORE)

Helferich closed the 2016-17 campaign with 11 top-five finishes, including three victories. She set career bests at the 2017 Big Ten Championships in the 200-yard backstroke (1:58.39, 27th), the 100-yard backstroke (55.15, 35th) and the 50-yard freestyle (23.45, 43rd). Helferich also set a career best in the 100-yard freestyle (52.14) in the prelims at the Kansas Classic. In the classroom, Helferich was a Big Ten Distinguished Scholar and claimed academic All-Big Ten honors for the first time while earning a 4.0 GPA. She was also a member of the Tom Osborne Citizenship Team for the second consecutive year.

2015-16 (FRESHMAN)

Helferich made her debut with eight top-five finishes, including one victory and three second-place showings as a freshman for the Huskers. She notched three of her top-five performances in Nebraska's dual win over South Dakota State. Helferich won the 100-yard freestyle (53.95) against SDSU. She added a runner-up finish in the 50-yard freestyle (24.63) and a fourth-place showing in the 200 free (1:58.56) against the Jackrabbits. She set her then-career best in the 50 free (23.54) at the Big Challenge, after setting then-career bests in the 100 free (53.05) and 200 free (1:56.73) in a dual victory over Iowa State. At the Big Ten Championships, Helferich took 24th in the 200-yard backstroke, 38th in the 100 back and 62nd in the 50-yard freestyle. An outstanding contributor in the community, Helferich earned a prestigious Nebraska Student-Athlete HERO Leadership Award in 2016. She was also a member of the 2016 Tom Osborne Citizenship Team. She added recognition on the Nebraska Scholar-Athlete Honor Roll with a perfect 4.0 GPA semester in the spring of 2016.

PREVIOUS

Helferich joined the Nebraska swimming and diving program after being part of a relay team that broke four Local Swim Committee records in 2015. While competing for City of Midland Aquatics, Helferich was a Futures and NCSA qualifier. She also placed at the NASA Junior National Championships. Helferich was a top-24 finalist at the 2014 Southern Zone Sectional Championships in the 200-yard freestyle and a top-16 finalist in the 200-yard backstroke. Helferich was named a Scholastic All-American for three years and graduated as the valedictorian at Odessa High School.

PERSONAL

The daughter of Beverly and Mark Helferich, Lindsay was born Dec. 4, 1996, in Odessa, Texas. She has an older sister, Ashley. Lindsay is majoring in civil engineering at Nebraska. She was a Big Ten Distinguished Scholar earned academic All-Big Ten honors with a perfect 4.0 GPA in 2017. She is a three-time member of the Nebraska Scholar-Athlete Honor Roll. Lindsay earned a prestigious Nebraska Student-Athlete HERO Leadership Award in 2016, and she was also a member of the Tom Osborne Citizenship Team in 2016 and 2017. She chose Nebraska over Illinois.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Backstroke	55.15	2/17/17	Big Ten Championships	Columbus, Ohio
200 Backstroke	1:58.39	2/18/17	Big Ten Championships	Columbus, Ohio
50 Freestyle	23.45	2/16/17	Big Ten Championships	Columbus, Ohio
100 Freestyle	52.14	11/20/17	Kansas Classic	Topeka, Kan.
200 Freestyle	1:56.73	10/8/17	Iowa State	Ames, Iowa

JACQUELINE JESCHKE

Junior Backstroke Augusta, Georgia (Stanford Online)

HONORS & AWARDS

+U.S. Olympic Trials Qualifier (2012)
+Two Letters (2016, 2017)
+CSCAA Scholar All-American (HM, 2017)
+Academic All-Big Ten (2017)
+Nebraska Scholar-Athlete Honor Roll (Fall 2015, 2016; Spring 2016, 2017)
+Herman Team GPA Award (2016, 2017)
+Nebraska Big Ten Sportsmanship Award (2017)
+Tom Osborne Citizenship Team (2016, 2017)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2017	200 Backstroke	23rd
2017	100 Backstroke	32nd
2017	200 Butterfly	38th
2016	200 Backstroke	27th
2016	100 Backstroke	35th
2016	200 IM	74th

Q&A WITH JACQUELINE

What is your favorite thing about Nebraska?
My crazy team.

What would you tell your younger self?
Life gets way harder, so enjoy the time you have, don't worry or be embarrassed, and have fun.

What are your pre-meet rituals?
Dance my heart out and sing.

If you could be in any movie, what would it be and why?
A romance because I am still looking for my man out there.

If you could eat one thing for the rest of your life, what would it be?
Chicken Pot Pie.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Austin Banks. He was one of my swim coaches growing up and also a huge Nebraska fan. He was so proud I committed. He passed away shortly after I signed with Nebraska.

What is your favorite hobby outside of swimming?
Ballroom dancing and swing dancing.

2017-18 (OUTLOOK)

Jacqueline Jeschke enters her third season as one of Nebraska's top backstrokers hoping to make a greater impact at the Big Ten level. The junior from Augusta, Ga., plans to continue slashing her times in both backstroke events while representing the Huskers at the highest levels outside the pool. An academic All-Big Ten performer and a CSCAA Scholar All-American as a sophomore, Jeschke was also Nebraska's Big Ten Sportsmanship Award winner a year ago.

2016-17 (SOPHOMORE)

Jeschke claimed five top-five finishes, including two third-place showings as a sophomore in 2016-17. Jeschke had a strong Big Ten Championships, setting career bests in the 100-yard backstroke (55.07), 200-yard backstroke (1:57.22) and the 200-yard butterfly (2:03.18). She placed 32nd in the 100 back and 23rd in the 200 back (1:58.12). A standout in the classroom, Jeschke earned academic All-Big Ten honors in 2017. She also claimed spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters. She earned Nebraska's Big Ten Sportsmanship Award, and she was named to the Tom Osborne Citizenship Team for the second consecutive year.

2015-16 (FRESHMAN)

Jeschke produced eight top-five finishes, including one victory and a pair of runner-up finishes in her first season as a Husker in 2015-16. Jeschke won the 200-yard backstroke (2:07.65) in a dual victory over Omaha, while adding a second-place finish in the 200-yard butterfly (2:09.21) against the Mavs. She also notched a fifth-place showing in the 200 individual medley (2:13.41) against Omaha. Jeschke added a season best of 2:05.73 in the 200 fly and a career-best 2:04.97 in the 200 IM at the Big Challenge. At the Big Ten Championships, Jeschke swam to a season-best 1:59.21 to take 27th in the 200 back. She added a 35th-place finish in the 100 backstroke (56.16) and took 74th in 200 IM at the conference meet. Jeschke also started strong in the classroom, earning spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2015-16. She was also a member of the 2016 Tom Osborne Citizenship Team.

PREVIOUS

Jeschke joined the Husker swimming and diving team after an outstanding career with the Aiken-Augusta swim team. While swimming for Aiken-Augusta, Jeschke set 50 team records. She was ranked in the top-10 nationally five times and made finals at Junior Nationals. Jeschke was also a participant and qualifier at the 2012 Olympic Trials. An impressive performer in the classroom, she earned scholastic All-America honors, a top GPA and a spot on the University of Stanford Online High School honor roll. Jeschke was also a member of National Honor Society.

PERSONAL

The daughter of Peggy and Bob Jeschke, Jacqueline was born July 30, 1997, in Honolulu, Hawaii. She has a younger sister, Jenny, and a younger brother, Mike. Jacqueline is a nutrition, exercise and health science major at Nebraska. She earned academic All-Big Ten accolades in 2017. She is a four-time member of the Nebraska Scholar-Athete Honor Roll. She also earned spots on the Tom Osborne Citizenship Team in 2016 and 2017. She chose Nebraska over LSU, Penn State, South Carolina, Georgia Tech and Virginia Tech.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Backstroke	55.07	2/17/17	Big Ten Championships	Columbus, Ohio
200 Backstroke	1:57.22	2/18/17	Big Ten Championships	Columbus, Ohio
200 Butterfly	2:03.18	2/18/17	Big Ten Championships	Columbus, Ohio
200 IM	2:04.97	11/20/15	Big Challenge	Topeka, Kan.

MORGAN McCAFFERTY

Junior Backstroke/Individual Medley Reynoldsburg, Ohio (Reynoldsburg)

HONORS & AWARDS

+U.S. Olympic Trials Qualifier (2016)
+Two Letters (2016, 2017)
+Academic All-Big Ten (2017)
+Nebraska Scholar-Athlete Honor Roll (Fall 2015; Spring 2016, 2017)
+Herman Team GPA Award (2016, 2017)
+Tom Osborne Citizenship Team (2016, 2017)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2017	200 IM	28th
2017	100 Backstroke	33rd
2017	200 Backstroke	42nd
2016	100 Backstroke	29th
2016	200 Backstroke	41st
2016	200 IM	69th

Q&A WITH MORGAN

What is the your favorite thing about Nebraska?
Football games.

Who was your inspiration growing up?
My mom.

What would you tell your younger self?
It will all work out for the best.

If you could be in any movie, what would it be and why?
Beauty and the Beast because that was my favorite movie as a child.

If you could eat one thing for the rest of your life, what would it be?
Sushi

If you could go to dinner with anyone, dead or alive, who would it be and why?
Matt Grevers because he is my favorite USA Swimming National Team member. He was so kind and humble at U.S. Nationals when I met him.

What is your favorite hobby outside of swimming?
Sleeping and playing with my kitten, Rowan.

2017-18 (OUTLOOK)

Morgan McCafferty hopes to continue to make major gains in the individual medley while competing as one of Nebraska's top backstroke competitors in 2017-18. The junior from Reynoldsburg, Ohio vaulted 41 spots in the standings in the 200 IM from the 2016 to the 2017 Big Ten Championships, while continuing her steady efforts in the backstroke. She is also a strong contributor outside the pool as an academic All-Big Ten choice and two-time member of the Tom Osborne Citizenship Team.

2016-17 (SOPHOMORE)

McCafferty had a solid 2016-17 season as a Husker, producing seven top-five performances including one victory and one runner-up finish. McCafferty won the 200-yard backstroke (2:07.56) in Nebraska's dual victory over South Dakota State. She also placed second in the 100 backstroke (57.96) against Iowa State. At the Big Ten Championships, McCafferty set career records in the 200 individual medley (2:01.21) and the 100 backstroke (55.08), placing 28th and 33rd respectively. McCafferty earned academic All-Big Ten honors for the first yime and claimed her second selection to the Tom Osborne Citizenship Team.

2015-16 (FRESHMAN)

McCafferty produced 10 top-five finishes, including one victory in her freshman season with the Huskers. She helped the Huskers to the team title at the Big Challenge with career performances in the 100-yard backstroke (55.19), 200-yard backstroke (2:00.13), 100-yard butterfly (56.86) and 200-yard individual medley (2:04.05). At the 2016 Big Ten Championships, McCafferty finished 29th in the 100-yard backstroke, 41st in the 200 back and 69th in the 200-yard individual medley. She earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2015-16, and was a member of the 2016 Tom Osborne Citizenship Team.

PREVIOUS

McCafferty came to Nebraska after earning All-America and all-state honors at Reynoldsburg High School in Ohio. McCafferty earned sixth place in the 100-yard backstroke both her junior and senior years at the state meet. She also earned a seventh-place finish in the 200-yard individual medley her junior year. McCafferty competed for the Greater Columbus Swim Team of Ohio. She was a national qualifier in the 100-yard backstroke and the 200-yard individual medley. McCafferty made honor roll all four years at Reynoldsburg High School.

PERSONAL

The daughter of Cathy Cicak and Colin McCafferty, Morgan was born Aug. 17, 1997, in Columbus, Ohio. She has one sister, Shannon, and two brothers, Patrick and Jake. Morgan is a history education major. She captured academic All-Big Ten accolades in 2017. She is a three-time Nebraska Scholar-Athlete Honor Roll selection. She was also a member of the Tom Osborne Citizenship Team in 2016 and 2017. She chose Nebraska over Navy, Air Force, West Virginia and Marshall.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Backstroke	55.08	2/17/17	Big Ten Championships	Columbus, Ohio
200 Backstroke	2:00.13	11/22/15	Big Challenge	Topeka, Kan.
200 IM	2:01.21	2/16/17	Big Ten Championships	Columbus, Ohio

ANNA McDONALD

Junior Backstroke/Individual Medley Evergreen, Colorado (Evergreen)

HONORS & AWARDS

+Team Captain (2017)
+Two Letters (2016, 2017)
+CSCAA Scholar All-American (HM, 2017)
+Academic All-Big Ten (2017)
+Nebraska Scholar-Athlete Honor Roll (Fall 2015, 2016; Spring 2016, 2017)
+Herman Team GPA Award (2016, 2017)
+Tom Osborne Citizenship Team (2016, 2017)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2017	200 Backstroke	19th
2017	400 IM	21st
2017	200 IM	22nd
2016	400 IM	32nd
2016	200 Backstroke	34th
2016	200 IM	36th

Q&A WITH ANNA

What is your favorite thing about Nebraska?
I love how Nebraska gives us so many ways to succeed, whether it is athletics, academics, future careers, anything. Nebraska will take care of you and push you to be your best.

What would you tell your younger self?
Don't sweat the little things.

What are you thankful for?
I am most thankful for friends, family and the relationships I have made.

What are your pre-meet rituals?
I like to talk to people and jump around to stay light-hearted and relaxed.

If you could be in any movie, what would it be and why?
Finding Nemo because I love the ocean.

If you could eat one thing for the rest of your life, what would it be?
Pasta.

If you could go to dinner with anyone, dead or alive, who would it be?
Aaron Peirsol because he was my swimming idol growing up.

2017-18 (OUTLOOK)

After producing a pair of top-24 finishes at the Big Ten Championships last season, Anna McDonald is putting in the work for even bigger things in 2017-18. A leader in and out of the pool for the Huskers, the junior from Evergreen, Colo., is expanding her role as a team captain this season. The CSCAA Scholar All-American and academic All-Big Ten choice is also a two-time member of the Tom Osborne Citizenship Team.

2016-17 (SOPHOMORE)

McDonald ended her sophomore season with impressive results, closing the 2016-17 season with 15 top-five finishes, including three victories and three second-place showings. McDonald notched wins in duals against South Dakota State and Omaha as well as the Kansas Classic. She swam to a career-best time of 56.46 in the 100-yard backstroke at the Kansas Classic. McDonald finished 19th in the 200 backstroke (1:57.21) at the 2017 Big Ten Championships, setting a career best. She set two more career bests in the 200 individual medley (22nd, 2:00.24) and the 400 individual medley (21st, 4:18.41) at the Big Ten Championships. McDonald continued her remarkable efforts in the community and the classroom by earning spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters. She added her second straight appearance on the Tom Osborne Citizenship Team.

2015-16 (FRESHMAN)

McDonald made a strong first impression with the Huskers, closing her freshman campaign with 23 top-five performances, including four runner-up finishes. She notched four career bests to help Nebraska to a team title at the Big Challenge. McDonald was the Big Challenge runner-up in the 200 (2:01.60) and 400-yard individual medley (4:21.48). She added a fourth-place finish in the 200-yard backstroke with a time of 1:59.99. She also posted a then-career-best time of 56.69 in the 100 back. At the Big Ten Championships, McDonald finished 32nd in the 400 IM, 34th in the 200 backstroke and 36th in the 200 IM. McDonald also got off to a solid start in the clasroom and the community. She earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2015-16, and she was a member of the 2016 Tom Osborne Citizenship Team.

PREVIOUS

McDonald came to Nebraska following an outstanding career at Evergreen High School. McDonald's team was crowned Colorado Class 4A state champions in both 2014 and 2015. She earned second-place at the state championships in the 200-yard individual medley in 2015. Her 400-yard freestyle relay team also earned a state title. McDonald also swam for the Jeffco Hurricanes. She earned a top-eight finish at sectionals in the 200-yard backstroke, with her team capturing a second-place finish. McDonald was a standout in the classroom, earning a spot on Evergreen High School's honor roll as well as being named a Scholastic All-American. McDonald was also a member of National Honor Society.

PERSONAL

The daughter of Susan and John McDonald, Anna was born on Dec. 23, 1996, in San Antonio, Texas. She has two younger sisters, Kate and Maggie. Anna is a nutrition, exercise and health science major. She earned academic All-Big Ten honors in 2017. She is a four-time member of the Nebraska Scholar-Athlete Honor Roll. She was also a member of the Tom Osborne Citizenship Team in 2016 and 2017. She chose Nebraska over Vermont, Utah, Bucknell and Villanova.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Backstroke	56.46	2/19/16	Kansas Classic	Topeka, Kan.
200 Backstroke	1:57.21	2/18/17	Big Ten Championships	Columbus, Ohio
200 IM	2:00.24	2/16/17	Big Ten Championships	Columbus, Ohio
400 IM	4:18.41	2/17/17	Big Ten Championships	Columbus, Ohio

BRIDGET PACILIO

Junior Breaststroke/Individual Medley Colleyville, Texas (Colleyville Heritage)

HONORS & AWARDS

+Two Letters (2016, 2017)
+Big Ten Distinguished Scholar (2017)
+Academic All-Big Ten (2017)
+Nebraska Scholar-Athlete Honor Roll (Fall 2015, 2016; Spring 2016, 2017)
+Herman Team GPA Award (2016, 2017)
+Tom Osborne Citizenship Team (2016, 2017)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2017	400 IM	27th
2017	200 Breaststroke	31st
2017	200 IM	42nd
2016	400 IM	29th
2016	200 Breaststroke	43rd
2016	200 IM	51st

Q&A WITH BRIDGET

What is your favorite thing about Nebraska?
The support and fan base from the entire state, and football games.

Who was your inspiration growing up?
My mom.

What would you tell your younger self?
Stay disciplined and work hard and the reward will come.

What are you most thankful for?
The opportunity I have at Nebraska.

What are your pre-meet rituals?
Watching funny videos and eating.

If you could be in any movie, what would it be and why?
Any John Wayne movie.

If you could eat one thing for the rest of your life, what would it be?
Cookie cake and steak.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Jesus

What is your favorite hobby outside of swimming?
Fishing and camping.

2017-18 (OUTLOOK)

Bridget Pacilio is planning to work for continued improvement in the breaststroke and individual medley events in 2017-18. The junior from Colleyville, Texas, produced career-best times in the pool while earning Big Ten Distinguished Scholar honors in the classroom as a sophomore.

2016-17 (SOPHOMORE)

Pacilio compiled 11 top-five finishes as a sophomore for the Huskers. Pacilio was a strong performer in the 100- and 200-yard breaststrokes, where she recorded five top-five finishes. She took second in the 200 breaststroke (1:06.37) in Nebraska's dual victory over Omaha. At the Kansas Classic, Pacilio set a personal record in the 100 breaststroke (1:06.22). She produced a trio of career-best times and top-50 finishes at the 2017 Big Ten Championships, including 27th in the 400 individual medley (4:21.37). She added a 31st-place finish in the 200 breast (2:17.37) and a 42nd-place showing in the 200 individual medley (2:03.53). A star in the classroom, Pacilio earned a 4.0 GPA in both the fall and spring semesters to earn spots on the Nebraska Scholar-Athlete Honor Roll. She was a Big Ten Distinguished Scholar and earned academic All-Big Ten honors for the first time. She also claimed a spot on the Tom Osborne Citizenship Team for the second consecutive year.

2015-16 (FRESHMAN)

Pacilio accumulated 17 top-five finishes, including a pair of runner-up showings as a freshman. At the Big Ten Championships, Pacilio took 29th with a then-career-best 4:22.28 in the 400-yard individual medley. She also finished 43rd in the 200-yard breaststroke with a career-best time of 2:18.70 at the conference meet. She added a 51st-place finish with a then-career-best 2:04.02 in the 200 IM at the Big Ten Championships. Early in the season, she swam to a then-career-best 100-yard breaststroke time of 1:06.81 to finish fourth and help the Huskers to a dual team victory over Illinois. In the classroom, Pacilio earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2015-16. She also claimed a spot on the 2016 Tom Osborne Citizenship Team for her commitment to community service.

PREVIOUS

Pacilio joined Nebraska after a stellar high school career. At Colleyville Heritage, Pacilio was a state qualifier and earned all-state honors. Pacilio was named swimmer of the year at the 2014 Texas District 7-5A Championships, after leading her team to a district title. At the meet, Pacilio captured individual victories in the 200-yard individual medley, 100-yard breaststroke and was a member of the first-place 200-yard medley relay and 400-yard freestyle relay teams. Pacilio also swam for the North Texas Nadadores. She was a qualifier for the Winter Junior Nationals. Pacilio was also strong in the classroom, earning USA Swimming Scholastic All-America honors.

PERSONAL

The daughter of Nancy and Bill Pacilio, Bridget was born March 17, 1997, in Arlington, Texas. She has an older sister, Rachel. A child, youth and family studies major, Bridget was a Big Ten Distinguished Scholar and earned academic All-Big Ten honors in 2017. She is a four-time member of the Nebraska Scholar-Athlete Honor Roll. She was also a member of the Tom Osborne Citizenship Team in 2016 and 2017. She chose Nebraska over TCU and Arkansas.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Breaststroke	1:06.22	11/19/16	Kansas Classic	Topeka, Kan.
200 Breaststroke	2:17.37	2/18/17	Big Ten Championships	Columbus, Ohio
200 IM	2:03.53	2/16/17	Big Ten Championships	Columbus, Ohio
400 IM	4:21.37	2/17/17	Big Ten Championships	Columbus, Ohio

DANA POSTHUMA

Junior Butterfly/Individual Medley Omaha, Nebraska (Omaha Burke)

HONORS & AWARDS

+Two Letters (2016, 2017)
+Academic All-Big Ten (2017)
+Nebraska Scholar-Athlete Honor Roll (Fall 2015; Spring 2016, 2017)
+Herman Team GPA Award (2016, 2017)
+Tom Osborne Citizenship Team (2016, 2017)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2017	200 Butterfly	17th
2017	100 Butterfly	20th
2017	200 IM	39th
2016	100 Butterfly	10th
2016	200 Butterfly	28th
2016	200 IM	45th

Q&A WITH DANA

What is your favorite thing about Nebraska?
The atmosphere is unlike anything else. Everyone is so friendly and they share the love for Husker football.

Who was your inspiration growing up?
My family.

What would you tell your younger self?
Don't take yourself too seriously.

What are you most thankful for?
Memes.

If you could be in any movie, what would it be and why?
A Disney movie because they always have happy endings.

If you could eat one thing for the rest of your life, what would it be?
Coffee house coffee - sorry I know it says "eat" but coffee house coffee is too important in my life to not include.

What is your favorite hobby outside of swimming?
Baking good stuff.

2017-18 (OUTLOOK)

One of Nebraska's top competitors in the butterfly events, Dana Posthuma will take aim at top-eight finishes at the Big Ten Championships in 2018. The junior out of Omaha Burke set career bests in both fly events at the 2017 conference meet, while also earning academic All-Big Ten honors in the classroom.

2016-17 (SOPHOMORE)

After an outstanding freshman season, Posthuma continued her impressive career through her sophomore campaign, earning 12 top-five finishes, including nine victories. A strong butterfly swimmer, Posthuma produced eight victories at the Kansas Classic, Kansas, Iowa State, Illinois and Northern Iowa. Posthuma had a strong Big Ten Championships, setting two career bests in the 100-yard butterfly (53.95) and the 200-yard butterfly (1:58.16). Posthuma set her third career best at the Kansas Classic in the 200 individual medley (2:03.04). A standout in the classroom, Posthuma earned academic All-Big Ten honors in 2017 and made the Tom Osborne Citizenship Team for the second consecutive year.

2015-16 (FRESHMAN)

Posthuma produced 19 top-five finishes, including one victory and three runner-up performances in her freshman season as a Husker. Posthuma won the 200 butterfly (2:06.82) in a dual victory over South Dakota State. She added then-career bests of 53.98 in the 100 fly (10th), 2:00.96 in the 200 fly (28th), and 2:03.38 in the 200 individual medley (45th) at the 2016 Big Ten Championships. A standout in the classroom, Posthuma claimed spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2015-16. She was also a member of the 2016 Tom Osborne Citizenship Team.

PREVIOUS

Posthuma came to the Nebraska swimming and diving team after claiming three All-America honors during her high school career. Posthuma was a two-time Nebraska state champion in the 100-yard butterfly, setting the state record in the event. At the state championships, Posthuma also earned second- and third-place finishes in the 200-yard individual medley in 2014 and 2015, respectively. Posthuma set a Midwest record while competing for Greater Omaha Aquatics. Posthuma was named to the Metro academic all-conference team in 2014 and 2015. She was also a member of the National Honor Society and an academic letterwinner.

PERSONAL

The daughter of Audrey and Dave Posthuma, Dana was born Nov. 24, 1996, in Omaha, Neb. She has two sisters, Tasha and Kelli. A psychology major, Dana was an academic All-Big Ten selection in 2017. She is a three-time Nebraska Scholar-Athlete Honor Roll selection. She was also a member of the Tom Osborne Citizenship Team in 2016 and 2017.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Butterfly	53.95	2/17/17	Big Ten Championships	Columbus, Ohio
200 Butterfly	1:58.16	2/18/17	Big Ten Championships	Columbus, Ohio
200 IM	2:03.04	11/18/16	Kansas Classic	Topeka, Kan.

KATRINA VOGE

Junior Diving Franklin, Wisconsin (Franklin)

HONORS & AWARDS

+Two Letters (2016, 2017)
+CSCAA Scholar All-American (HM, 2016, 2017)
+Academic All-Big Ten (2017)
+Nebraska Scholar-Athlete Honor Roll (Fall 2015, 2016; Spring 2016, 2017)
+Herman Team GPA Award (2016, 2017)
+Tom Osborne Citizenship Team (2016, 2017)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2017	Platform	17th
2017	Three Meter	21st
2017	One Meter	43rd
2016	Platform	17th
2016	Three Meter	25th
2016	One Meter	31st

Q&A WITH KATRINA

What is your favorite thing about Nebraska?
The people. My teammates and the other athletes I meet are my biggest supporters. My teammates mean everything to me.

Who was your inspiration growing up?
My mom.

What would you tell your younger self?
You is kind. You is smart. You is important.

What are you most thankful for?
I am thankful to have this opportunity to represent Nebraska.

What are your pre-meet rituals?
Listening to music and joking with teammates.

If you could be in any movie, what would it be and why?
An action movie so I could jump off of buildings, helicopters, etc., and never get hurt.

If you could eat one thing for the rest of your life, what would it be?
Peanut butter.

What is your favorite hobby outside of diving?
I love being outdoors, biking, running, boating.

2017-18 (OUTLOOK)

Katrina Voge adds quality and experience to a talented Nebraska diving corps in 2017-18. The junior from Franklin, Wis., will push for a spot at the NCAA Zone competition while hoping to climb the ladder in a loaded Big Ten Conference. Voge is also a proven performer outside the well, as a two-time CSCAA Scholar All-American.

2016-17 (SOPHOMORE)

Voge racked up 14 top-five finishes in the diving well as a sophomore for the Huskers in 2016-17, including 11 third-place finishes. Voge captured 10 third-place showings in Nebraska's dual victories against Illinois, Northern Iowa, Omaha, Kansas and South Dakota State. She set a career best in the one-meter dive with a 270.30 and a third-place finish in a win at Iowa State. At the 2017 Big Ten Championships, Voge took 17th on the platform (227.35) and 21st on the three meter (270.50). She was named CSCAA Scholar All-American honorable mention. She earned academic All-Big Ten honors and claimed spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters. She also made her second appearance on the Tom Osborne Citizenship Team.

2015-16 (FRESHMAN)

Voge captured 13 top-five finishes, including four third-place showings as a freshman for the Huskers in 2015-16. Voge notched a pair of those third-place finishes in Nebraska's dual victory over South Dakota State, posting a score of 240.00 in the one-meter and 263.02 in the three meter. She set a then-career best with a one-meter total of 255.30 to take seventh at the Hawkeye Invitational. She also finished fourth on platform at Iowa with a career-best 241.20. Voge established a career best with a 285.53 to tie for third in the three-meter dive in a dual victory over Omaha. Voge competed in all three dives at the Big Ten Championships, finishing 17th on platform (234.55), 25th on three meter (273.45) and 31st on the one-meter dive (237.55). Voge earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2015-16. She was also a member of the 2016 Tom Osborne Citizenship Team.

PREVIOUS

Voge came to Nebraska after capturing All-America honors in 2015. During her senior year at Franklin High School in Wisconsin, Voge earned third at state and broke a state record. She finished fifth and seventh her junior and sophomore seasons, respectively. While competing for the Schroeder Diving Team, Voge qualified for USA Diving Nationals. Voge was a Scholastic All-American in 2015. She was a four-year member of Franklin High's honor roll and a member of National Honor Society.

PERSONAL

The daughter of Loretta Voge and Steve Fabiszak, Katrina was born Dec. 18, 1996, in Milwaukee, Wis. An English major at Nebraska, Katrina earned academic All-Big Ten honors in 2017. She is a four-time member of the Nebraska Scholar-Athlete Honor Roll. She was also a member of the Tom Osborne Citizenship Team in 2016 and 2017. She chose Nebraska over Northwestern, Rider and Illinois.

CAREER-BEST DIVES

Event	Time	Date	Meet	Location
One Meter	270.30	1/21/17	Illinois	Champaign, Ill.
Three Meter	285.53	1/15/16	at Omaha	Omaha, Neb.
Platform	241.20	12/6/15	Hawkeye Invitational	Iowa City, Iowa

TORI BEELER

Sophomore Breaststroke/Backstroke/Individual Medley Parkville, Mo. (Park Hill South)

HONORS & AWARDS

+One Letter (2017)
+Nebraska Scholar-Athlete Honor Roll (Spring 2017)
+Herman Team GPA Award (2017)
+Tom Osborne Citizenship Team (2017)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2017	200 IM	26th
2017	200 Breaststroke	26th
2017	100 Breaststroke	38th

Q&A WITH TORI

What is your favorite thing about Nebraska?
Football games.

Who was your inspiration growing up?
My grandparents.

What are you thankful for?
Sleep.

If you could be in any movie, what would it be and why?
Little Mermaid. Being a mermaid would be cool.

If you could eat one thing for the rest of your life, what would it be?
French bread.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Larry Bird.

What is your favorite hobby outside of swimming?
Hiking and wakeboarding.

2017-18 (OUTLOOK)

After a solid freshman campaign, Tori Beeler is taking aim at a breakthrough second season in the Nebraska swimming and diving program. The sophomore from Parkville, Mo., just missed top-24 finishes in the 200 breaststroke and 200 individual medley at the Big Ten Championships as a true freshman and is working to push for higher levels of performance in 2017-18.

2016-17 (FRESHMAN)

Beeler erupted in her debut season as a Husker, producing 16 top-five finishes, including eight victories and four runner-up finishes. Beeler set five career bests in her first season for the Big Red. She had an outstanding performance at the Kansas Classic where she recorded three of her career bests in the 400 individual medley (4:19.95) and in the 200 breast (2:15.13), placing second and third, respectively. Beeler's third career best came in the 100 breast (1:01.23) in qualifying at the Kansas Classic, before earning a victory in a time of 1:02.13. Beeler also placed second in the 200 individual medley (2:01.41). At the Big Ten Championships, Beeler recorded a career best in the 200 IM (2:01.12) to place 26th. Beeler also finished 26th in the 200 breast (2:15.50) and 38th in the 100 breast (1:03.13). Outside of the pool, Beeler earned a spot on the Nebraska Scholar-Athlete Honor Roll in the spring of 2017. She was also a member of the 2017 Tom Osborne Citizenship Team.

PREVIOUS

Beeler arrived at Nebraska holding Park Hill South High records in nine events. She was also Park Hill South's most valuable swimmer all four years. Beeler was the Kansas City Star All-Metro Swimmer of the Year in 2014, 2015 and 2016. As a senior, Beeler won the 2016 Missouri state title in the 100-yard free and the 200-yard IM. She was all-conference in both events, setting a conference record in the 200 IM. She posted an automatic qualifying time for 2016 All-America honors in the 200 IM. Beeler was also a Kansas City Star All-Metro first-team selection in the 200 IM, 200 freestyle relay, and the 400 free relay as a senior.

PERSONAL

The daughter of Audrea and Steve Beeler, Tori was born Aug. 1, 1997 in Kansas City, Mo. Tori has a younger brother, Cody. Tori is majoring in nutrition and health science at Nebraska. She earned a spot on the Nebraska Scholar-Athlete Honor Roll in the spring of 2017. She was also a member of the 2017 Tom Osborne Citizenship Team. She chose Nebraska over Illinois, Arizona State, South Carolina, Arkansas and New Mexico State.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Breaststroke	1:01.23	11/19/16	Kansas Classic	Topeka, Kan.
200 Breaststroke	2:15.13	11/20/16	Kansas Classic	Topeka, Kan.
100 Backstroke	57.15	10/28/16	Northern Iowa	Lincoln, Neb.
200 IM	2:01.12	2/16/17	Big Ten Championships	Columbus, Ohio

SHEA BOUGIE

Sophomore Butterfly/Backstroke/Individual Medley Lakeville, Minnesota (Lakeville South)

HONORS & AWARDS

+One Letter (2017)
+Nebraska Scholar-Athlete Honor Roll (Fall 2016; Spring 2017)
+Herman Team GPA Award (2017)
+Tom Osborne Citizenship Team (2017)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2017	200 IM	35th
2017	200 Butterfly	39th

Q&A WITH SHEA

What is your favorite thing about Nebraska?
My teammates and football games.

Who was your inspiration growing up?
My older sister, Kate.

What would you tell your younger self?
Take advantage of every moment and every opportunity.

What are you thankful for?
My family, my health, being a part of a great University.

What are your pre-meet rituals?
Eat pasta, send a text to my mom and pray.

If you could be in any movie what would it be and why?
Minions.

If you could eat one thing for the rest of your life, what would it be?
Philly cheese steak.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Cody Simpson.

What is your favorite hobby outside of swimming?
Sleeping.

2017-18 (OUTLOOK)

A versatile performer in the pool, Shea Bougie produced a solid freshman season in the fly and IM events for the Huskers in 2016-17. With a year of collegiate training under her belt, the sophomore from Lakeville, Minn., is hoping to see significant gains in her times across all strokes. Bougie also expects to challenge for higher academic honors after earning a pair of spots on the Nebraska Scholar-Athlete Honor Roll as a freshman.

2016-17 (FRESHMAN)

Bougie had a solid first year as a Husker, compiling nine top-five finishes, including one victory and two runner-up finishes. She set seven career bests, with two of those coming at the 2017 Big Ten Championships. At the conference meet, she set a career best in the 200-yard butterfly, racing to a time of 2:03.83 to finish 39th. In the 200-yard individual medley, Bougie earned 35th place with a career-best time of 2:03.05. A strong 200 fly swimmer, Bougie recorded five of her top-five finishes in the event, including both runner-up finishes. Bougie also got off to a strong start in the classroom, claiming spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2016-17. She was also a member of the 2017 Tom Osborne Citizenship Team.

PREVIOUS

A six-time letterwinner, Bougie helped Lakeville South to a fifth-place finish at the Minnesota state championships. From 2010 to 2013, Bougie earned all-conference honors, while adding all-state accolades in 2014 and 2015. The 2016 Section 1AA champion was undefeated in her individual conference races. Bougie aided her Riptide Swim Team to the 2015 Class AA state championship and the 2016 Class AAA state championship. Bougie was a member of National Honors Society and earned the Magna Cum Laude, Honor Roll. She was an NISCA Scholastic All-American in 2016. Bougie won the South Suburban Conference Award while attending Lakeville South.

PERSONAL

The daughter of Kara and David Barnes and Joseph and Heidi Bougie, Shea was born July 23, 1998 in Minneapolis, Minn. Shea has four sisters, Kate, Ally, Maddie, and Lily and two brothers, Sam and Vinny. A marketing major at Nebraska, Shea earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2016-17. She was also a member of the Tom Osborne Citizenship Team in 2017. She chose Nebraska over Minnesota and Pennsylvania.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
200 Backstroke	2:10.57	10/28/16	Northern Iowa	Lincoln, Neb.
100 Butterfly	57.75	11/19/16	Kansas Classic	Topeka, Kan.
200 Butterfly	2:03.83	2/18/17	Big Ten Championships	Columbus, Ohio
200 IM	2:03.05	2/16/17	Big Ten Championships	Columbus, Ohio

CARLA GONZALEZ-GARCIA

Sophomore Backstroke/Individual Medley Merida, Venezuela (Arlington Martin)

HONORS & AWARDS

+One Letter (2017)
+Nebraska Scholar-Athlete Honor Roll (Fall 2016; Spring 2017)
+Herman Team GPA Award (2017)
+Tom Osborne Citizenship Team (2017)
+Venezuelan National Team (Pan American Games, 2015)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2017	200 Backstroke	49th
2017	100 Backstroke	50th
2017	200 Freestyle	52nd

Q&A WITH CARLA

What is your favorite thing about Nebraska?
I love the fans and the atmosphere on game days.

Who was your inspiration growing up?
My dad, Gilberto Gonzalez.

What would you tell your younger self?
Enjoy every moment and don't stress about the little things.

What are you most thankful for?
My family, friends and the opportunity to swim at Nebraska.

What are your pre-meet rituals?
I like to talk to people and listen to music.

If you could be in any movie, what would it be and why?
A comedy because I'm clumsy and I think I'm funny sometimes.

If you could eat one thing for the rest of your life, what would it be?
Popcorn.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Ryan Gosling because he loves his family and he is funny.

2017-18 (OUTLOOK)

Carla Gonzalez-Garcia was a contributor in the backstroke and freestyle events in her first season with the Huskers in 2016-17. The sophomore from Merida, Venezuela by way of Arlington, Texas, hopes to shave seconds off her times while providing a greater impact in several events for the Big Red in 2017-18. A member of the Venezuelan National Team at the 2015 Pan American Games, Gonzalez-Garcia got off to a strong start in the classroom and the community for the Huskers last season.

2016-17 (OUTLOOK)

Gonzalez-Garcia exploded onto the scene by earning two victories and five runner-up finishes among her 11 top-five finishes as a freshman for the Huskers in 2016-17. During her debut at the Big Ten Championships, Gonzalez-Garcia placed 49th (2:02.20) in the 200 backstroke, 50th (56.16) in the 100 back and 52nd (1:50.60) in the 200 free, setting a career best. Gonzalez-Garcia also got off to a strong start in the classroom and the community, earning spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring before becoming a member of the 2017 Tom Osborne Citizenship Team.

PREVIOUS

Gonzalez-Garcia swam for James Martin High School in Arlington, Texas, under Coach Jon Ivonen. She was a nine-time district champion at James Martin. Gonzalez-Garcia helped James Martin High School land fifth place at Regionals by reeling in the victory in the 200 individual medley. She earned All-America and all-state honors in Texas and was Arlington's April 2014 student-athlete of the month. Gonzalez-Garcia was a three-time state finalist. Gonzalez-Garcia is a member of the Venezuelan National Team and went to the 2015 Pan American Games. She was a member of National Honor Society, French National Honor Society, and was an honor student.

PERSONAL

The daughter of Maria Garcia and Gilberto Gonzalez, Carla was born Dec. 17, 1997 in Merida, Venezuela. Carla has one older brother, Carlos. An accounting/business administration major, Carla earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2016-17. She was a member of the Tom Osborne Citizenship Team in 2017. She chose Nebraska over Rutgers and South Carolina.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Freestyle	53:39	10/14/16	South Dakota State	Brookings, S.D.
200 Freestyle	1:50.60	2/17/17	Big Ten Championships	Columbus, Ohio
100 Backstroke	55.66	11/19/16	Kansas Classic	Topeka, Kan.
200 Backstroke	2:00.51	11/20/16	Kansas Classic	Topeka, Kan.

ABIGAIL GREENEWAY

Sophomore Freestyle Appleton, Wisconsin (Appleton North)

HONORS & AWARDS

+One Letter (2017)
+Nebraska Scholar-Athlete Honor Roll (Fall 2016; Spring 2017)
+Herman Team GPA Award (2017)
+Tom Osborne Citizenship Team (2017)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2017	500 Freestyle	73rd
2017	200 Freestyle	76th
2017	100 Freestyle	86th

Q&A WITH ABIGAIL

What is your favorite thing about Nebraska?
How nice and supportive everyone is.

Who was your inspiration growing up?
My mom and dad.

What would you tell your younger self?
You can grow up to be anything.

What are you thankful for?
The opportunities I have been given at Nebraska.

What are your pre-meet rituals?
Peanut butter toast every morning.

If you could be in any movie, what would it be and why?
Elf.

If you could eat one thing for the rest of your life, what would it be?
Homemade pizza.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Liza Koshy because she is funny.

What is your favorite hobby outside of swimming?
Traveling

2017-18 (SOPHOMORE)

Abigail Greeneway hopes to improve her times across the board after competing in nearly every freestyle event for the Huskers as a true freshman in 2016-17. The sophomore from Appleton, Wis., focused on the 100, 200 and 500 free events at the 2017 Big Ten Championships, posting career bests in all three swims. She also got off to a solid start in the classroom as a two-time member of the Nebraska Scholar-Athlete Honor Roll while adding a spot on the Tom Osborne Citizenship Team.

2016-17 (FRESHMAN)

Greeneway produced six top-five finishes, including two third-place performances in her first season as a Husker in 2016-17. Greeneway set five career bests with three of those coming at the Big Ten Championships. Greeneway placed 73rd in the 500 free (5:07.80), 76th in the 200 free (1:54.14) and 86th in the 100 free (53.77). She had a strong performance in Nebraska's dual victory over Northern Iowa, claiming three top-five finishes. Greeneway raced to fourth in the 1,000 free (10:57.08), fifth in the 50 free (25.08) and fifth in the 100 free (54.36). Greeneway also started strong in the classroom, earning spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters. She was also a member of the 2017 Tom Osborne Citizenship Team.

PREVIOUS

Greeneway was a four-time Junior National qualifier and helped her Fox Valley Wave team to six consecutive Wisconsin state championships. An all-state performer in the 50 and 100-yard freestyles and the 100 and 200 free relays, Greeneway helped Appleton North High School to the 2016 Fox Valley Conference championship as a senior in 2016. Greeneway was a first-team all-conference swimmer and a state qualifier in the 50 free, 100 free, 200 medley relay, 200 free relay and 400 free relay all four years. Not only was Greeneway a standout in the pool, she excelled in the classroom and earned USA Swimming Scholastic All-America honors.

PERSONAL

The daughter of Susan and Todd Greeneway, Abigail was born Sept. 18, 1997 in Geneva, Ill. Abigail has a younger sister, Allison. An international business major, Abigail earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2016-17. She was also a member of the 2017 Tom Osborne Citizenship Team. She chose Nebraska over Illinois, Missouri and Wisconsin.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
50 Freestyle	25.01	11/18/16	Kansas Classic	Topeka, Kan.
100 Freestyle	53.77	2/18/17	Big Ten Championships	Columbus, Ohio
200 Freestyle	1:54.14	2/17/17	Big Ten Championships	Columbus, Ohio
500 Freestyle	5:07.80	2/15/17	Big Ten Championships	Columbus, Ohio

ABIGAIL KNAPTON

Sophomore Diving Omaha, Nebraska (Omaha Marian)

2017-18 (SOPHOMORE)

After producing the best freshman season by a diver in Nebraska history, Abigail Knapton will look for bigger scores and better finishes in all three diving events in 2017-18. The sophomore out of Omaha Marian High School captured first-team All-America honors with her fourth-place finish on the platform at the 2017 NCAA Championships, after winning the event at the NCAA Zone D Diving Championships. Her NCAA performance marked the best finish by a Husker diver at nationals in school history. Knapton is expected to be the anchor of a talented group of Husker divers this season.

2016-17 (FRESHMAN)

Knapton kicked off her diving career strong with 17 top-five finishes, including three victories as a freshman for the Huskers in 2016-17. Knapton notched a victory on the platform at the 2017 NCAA Zone D Diving Championships with a total of 553.00. She qualified for the 2017 NCAA Swimming and Diving Championships in the three-meter and platform dive. Knapton competed in all three dives at the Big Ten Championships, finishing ninth on three meter (337.35), 11th on one meter (285.60) and 14th on platform (257.50). She set two career bests at Illinois to win the three-meter dive (343.12) and finish runner-up on the one-meter board (294.98). She also finished second on platform at the Jean Freeman Invite with a career-best 318.70. Knapton earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters.

PREVIOUS

Knapton was one of the state's top divers as a senior at Omaha Marian High School in 2016. The Nebraska state runner-up in the one-meter dive as a senior, Knapton helped the Crusaders to a state runner-up finish as a team. Knapton was also the runner-up at the Region 8 Championships. A strong performer in the classroom as well, Knapton earned the President's Award for Educational Excellence. She was also an honor roll student at Omaha Marian throughout her high school career.

PERSONAL

The daughter of Emily and Jeffery Knapton, Abigail was born April 23, 1998 in Cheyenne, Wyo. Abigail has one younger sister, Nettie-Clare. A pre-health major, Abigail was a first-team CSCAA Scholar All-American in 2017. She earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2016-17. She chose Nebraska over Wyoming, Utah, Ohio, Army West Point, Virginia Tech, Arkansas and Boise State.

HONORS & AWARDS

+NCAA First-Team All-American (Platform, 2017)
+NCAA Championship Qualifier (Three Meter, Platform, 2017)
+NCAA Zone D Diving Champion (Platform, 2017)
+NCAA Zone D Diving Qualifier (One Meter, Three Meter, Platform, 2017)
+Nebraska Athletics Outstanding Female Newcomer of the Year (All Sports, 2016-17)
+One Letter (2017)
+CSCAA Scholar All-American (First Team, 2017)
+Nebraska Scholar-Athlete Honor Roll (Fall 2016; Spring 2017)
+Herman Team GPA Award (2017)
+Tom Osborne Citizenship Team (2017)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2017	Three Meter	9th
2017	One Meter	11th
2017	Platform	14th

Q&A WITH ABIGAIL

What is your favorite thing about Nebraska?
The Nebraska sunsets.

Who was your inspiration growing up?
Kerri Strug (1996 Olympic gymnast).

What would you tell your younger self?
Dream big!!

What are you thankful for?
My team.

What are your pre-meet rituals?
Listening to music and drinking coffee.

If you could be in any movie, what would it be and why?
Footloose because it's my favorite movie.

If you could eat one thing for the rest of your life, what would it be?
Cheesecake.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Ryan Reynolds.

What is your favorite hobby outside of swimming?
Arts and crafts.

CAREER-BEST DIVES

Event	Score	Date	Meet	Location
One Meter	294.98	1/21/17	Illinois	Champaign, Ill.
Three Meter	343.12	1/21/17	Illinois	Champaign, Ill.
Platform	318.70	12/2/16	Jean Freeman Invite	Minneapolis, Minn.

SAVANNAH SAVITT

Sophomore Freestyle/Breaststroke/Individual Medley Tampa, Florida (Tampa Preparatory)

2017-18 (SOPHOMORE)

Savannah Savitt hopes to see continued improvement across her events in her second season at Nebraska in 2017-18. The versatile swimmer from Tampa, Fla., was a consistent contributor in the distance freestyle and breaststroke events as a true freshman. With a year of collegiate training under her belt, Savitt is hoping to see significant improvement in her times as a sophomore.

2016-17 (FRESHMAN)

Savitt produced five top-five finishes in her freshman season with the Huskers. She helped the Huskers to the team title at the Kansas Classic with performances in the 500-yard freestyle (5:00.61) and 200-yard breaststroke (2:22.92). At the 2017 Big Ten Championships, Savitt finished 43rd in the 200-yard breaststroke, 59th in the 500 free and 64th in the 200-yard freestyle after posting career-best times in all three events. She earned a spot on the Nebraska Scholar-Athlete Honor Roll in the fall and was a member of the 2017 Tom Osborne Citizenship Team.

PREVIOUS

Savitt set four school records at Tampa Preparatory School while swimming for Coach Jason Bowes. A 15-time district champion and nine-time regional champion, Savitt produced seven top-five finishes at the Florida state meet in her career. Savitt was also a two-time All-American in the pool and a two-time USA Swimming Scholastic All-American. She was a three-time first-team All-Tampa Bay Area selection. Savitt set 11 records while swimming for Tampa Bay Aquatics. A strong performer in the classroom as well, Savitt was a member of National Honor Society.

PERSONAL

The daughter of Dorilee and Alan Savitt, Savannah was born Aug. 18, 1997, in Tampa, Fla. Savannah has a younger sister, Shelby, and a younger brother, Ryan. Savannah has not declared a major, but did earn a spot on the Nebraska Scholar-Athlete Honor Roll in the fall of 2016. She was also a member of the Tom Osborne Citizenship Team in 2017. She chose Nebraska over West Virginia, Cincinnati and Kentucky.

HONORS & AWARDS

+One Letter (2017)
+Nebraska Scholar-Athlete Honor Roll (Fall 2016)
+Herman Team GPA Award (2017)
+Tom Osborne Citizenship Team (2017)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2017	200 Breaststroke	43rd
2017	500 Freestyle	59th
2017	200 Freestyle	64th

Q&A WITH SAVANNAH

What is your favorite thing about Nebraska?
The tradition and the unity.

Who was your inspiration growing up?
My mom.

What would you tell your younger self?
Don't be afraid to be yourself, and be confident.

What are you thankful for?
My friends and family.

What are your pre-meet rituals?
Listening to my favorite songs.

If you could be in any movie, what would it be and why?
An action movie because it would be the most thrilling.

If you could eat one thing for the rest of your life, what would it be?
Smoothies.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Aaron Judge so he can teach me how to hit home runs.

What is your favorite hobby outside of swimming?
Shopping.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
200 Freestyle	1:51.79	2/17/17	Big Ten Championships	Columbus, Ohio
500 Freestyle	4:58.73	2/15/17	Big Ten Championships	Columbus, Ohio
100 Breaststroke	1:07.33	11/5/16	Kansas	Lincoln, Neb.
200 Breaststroke	2:19.62	2/18/17	Big Ten Championships	Columbus, Ohio

LINDSEY STALHEIM

Sophomore Butterfly/Backstroke/Individual Medley Omaha, Nebraska (Millard West)

HONORS & AWARDS

+One Letter (2017)
+Nebraska Scholar-Athlete Honor Roll (Fall 2016; Spring 2017)
+Herman Team GPA Award (2017)
+Tom Osborne Citizenship Team (2017)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2017	200 Backstroke	48th
2017	100 Backstroke	53rd
2017	100 Butterfly	69th

Q&A WITH LINDSEY

What is your favorite thing about Nebraska?
The fans.

Who was your inspiration growing up?
My sisters.

What would you tell your younger self?
God has a plan for you, don't worry.

What are you thankful for?
My family and dogs.

What are your pre-meet rituals?
Listening to music and eating fruit snacks.

If you could be in any movie, what would it be and why?
Cinderella because I want to wear her ball gown.

If you could eat one thing for the rest of your life, what would it be?
Pizza.

If you could go to dinner with anyone, dead or alive, who would it be and why?
My grandma.

What is your favorite hobby outside of swimming?
Playing the violin.

2017-18 (OUTLOOK)

Lindsay Stahlheim competed in the free, fly and backstroke events as a true freshman for the Huskers while making the adjustment to collegiate swimming. The versatile swimmer out of Millard West High School contributed for the Huskers in the backstroke events and the 100 butterfly in her first season at the Big Ten Championships. With a year of collegiate training under her belt, Stalheim is hoping to see significant gains in all her strokes as a sophomore.

2016-17 (FRESHMAN)

Stalheim recorded five top-five finishes across six events as a freshman for the Huskers in 2016-17. Stalheim had a solid performance in Nebraska's dual victory over South Dakota State, recording fourth place in both the 200 back (2:13.09) and 200 fly (2:16.85). At the Big Ten Championships, Stalheim produced a career best in the 200 back (2:02.01). She also competed in the 100 back (56.41) and the 100 fly (58.19). Stalheim found success in the classroom as well, earning spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters. She was also a member of the 2017 Tom Osborne Citizenship Team.

PREVIOUS

Stalheim was named Millard West High School's most valuable swimmer in both 2014 and 2016. She aided Millard West in capturing a fourth-place finish at the Nebraska High School championship. In 2014 and 2015, Stalheim earned the Metro Swimming Conference All-American Award and the Midwestern Swimming Academic Award. A four-time academic letterwinner, Stalheim was also a member of All-State Orchestra in 2013.

PERSONAL

The daughter of Marian and Marshall Stalheim, Lindsey was born on July 21, 1997 in Omaha, Neb. Lindsey has two sisters, Sarah and Carley, as well as three brothers, Nick, Dylan and Jordan. Lindsey is majoring in biological sciences at Nebraska. She earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2016-17. She was a member of the Tom Osborne Citizenship Team in 2017. She chose Nebraska over Drury and Northern Iowa.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Backstroke	56.41	2/17/17	Big Ten Championships	Columbus, Ohio
200 Backstroke	2:02.01	2/18/17	Big Ten Championships	Columbus, Ohio
100 Butterfly	57.58	11/19/16	Kansas Classic	Topeka, Kan.
200 Butterfly	2:09.51	11/20/16	Kansas Classic	Topeka, Kan.

GWEN WORLTON

Sophomore Breaststroke Fox Point, Wisconsin (Nicolet)

2017-18 (OUTLOOK)

A breaststroke specialist for the Huskers as a true freshman, Gwen Worlton produced solid results throughout the season. Her first year at Nebraska concluded with a pair of career-best times and top-40 finishes in the breaststroke events at the 2017 Big Ten Championships. With a year of training behind her, Worlton is hoping to see better times build to higher finishes at the conference meet as a sophomore in 2018.

2016-17 (FRESHMAN)

Worlton wrapped up her freshman season as a Husker with six top-five finishes. A strong breaststroke swimmer, Worlton registered all six of her top-five finishes in the 100- and 200-yard breaststroke events. Worlton helped the Huskers in a dual victory against Kansas, placing third in both the 100-yard breaststroke (1:05.19) and the 200-yard breaststroke (2:20.57). She also aided in team dual victories against Illinois and Iowa State, posting two top-five times at each dual. At the 2017 Big Ten Championships, Worlton produced a trio of career bests in placing 37th in the 100 breast (1:03.06), 39th in the 200 breast (2:18.93) and 84th in the 50 free (24.22). She earned a spot on the Nebraska Scholar-Athlete Honor Roll in the spring of 2017. She was also a member of the 2017 Tom Osborne Citizenship Team.

PREVIOUS

The 2014 Wisconsin state champion in the 100-yard breaststroke, Worlton was an All-American in the event during her prep career. A four-time letterwinner at Nicolet High School in Fox Point, Wis., Worlton also broke Schroeder YMCA Swim Team records in both the 100- and 200-yard breaststroke.

PERSONAL

The daughter of Jane and David Worlton, Gwen was born Dec. 15, 1997 in Torrance, Calif. Gwen has a sister, Chloe, and two brothers, Teague and Owen. Gwen is majoring in nutrition, exercise and health science and claimed a spot on the Nebraska Scholar-Athlete Honor Roll in the spring of 2017. She was a member of the Tom Osborne Citizenship Team in 2017. She chose Nebraska over Auburn, Purdue and Miami of Ohio.

HONORS & AWARDS

+One Letter (2017)
+Nebraska Scholar-Athlete Honor Roll (Spring 2017)
+Herman Team GPA (2017)
+Tom Osborne Citizenship Team (2017)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2017	100 Breaststroke	37th
2017	200 Breaststroke	39th
2017	50 Freestyle	84th

Q&A WITH GWEN

What is your favorite animal?
Koalas.

What is your favorite candy?
Kit Kats.

Who is your celebrity crush?
Ryan Gosling.

What is your favorite childhood memory?
My dad taking me to the beach.

What are your pre-meet rituals?
Power posing!

What superpower would you choose?
Flying.

What is your dream job?
Nutritionist.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Breaststroke	1:03.06	2/17/17	Big Ten Championships	Columbus, Ohio
200 Breaststroke	2:18.93	2/18/17	Big Ten Championships	Columbus, Ohio
50 Freestyle	24.22	2/16/17	Big Ten Championships	Columbus, Ohio

ALLIE WORRALL

Sophomore Freestyle/Butterfly Phoenix, Arizona (Xavier College Prep)

HONORS & AWARDS

+One Letter (2017)
+Nebraska Scholar-Athlete Honor Roll (Fall 2016; Spring 2017)
+Herman Team GPA Award (2017)
+Tom Osborne Citizenship Team (2017)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2017	50 Freestyle	34th
2017	100 Freestyle	53rd
2017	200 Freestyle	55th

Q&A WITH ALLIE

What is your favorite thing about Nebraska?
I love the emphasis on athletics.

Who was your inspiration growing up?
My mom.

What would you tell your younger self?
Worry less.

What are you thankful for?
My family.

What are your pre-meet rituals?
Listening to music.

If you could be in any movie, what would it be and why?
Moana because I love the location.

If you could eat one thing for the rest of your life, what would it be?
Chicken nuggets.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Amelia Earhart because I want to find out what happened.

What is your favorite hobby outside of swimming?
Baking.

2017-18 (OUTLOOK)

Allie Worrall was one of Nebraska's top sprint freestylers as a true freshman, and will take aim at adding more speed in 2017-18. The sophomore from Phoenix, Ariz., posted career bests in the 50, 100 and 200 freestyles at the 2017 Big Ten Championships, and is working toward greater gains in her second season in the Husker program.

2016-17 (FRESHMAN)

Worrall had a solid first year as a Husker, racking up nine top-five finishes, including four wins in dual victories over Illinois, Kansas and Northern Iowa. She set four career bests, with three of those coming at the 2017 Big Ten Championships. At the conference meet, she set a then-career best in the 50-yard freestyle (34th), racing to a time of 23.29. In the 100-yard freestyle, Worrall earned 53rd with a time of 51.26, while adding a season best in the 200-yard free with a time of 1:50.78 (55th). She was part of the 400-yard medley relay (Julia Roller, Samantha Hedrick, Worrall and Erin Oeltjen) that earned a No. 50 national ranking from CollegeSwimming.com (3:39.56). One of Worrall's strongest performances came against Kansas, when she captured first-place finishes in both the 50- and 100-yard freestyle. Worrall also got off to a strong start in the classroom, claiming spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters. She was also a member of the 2017 Tom Osborne Citizenship Team for her work in the community.

PREVIOUS

The Arizona high school state champion in the 100-yard freestyle in 2016, Worrall added a second-place finish in the 50 free at the Arizona Class 5A state meet while swimming at Xavier College Prep in Phoenix. During her time swimming for Phoenix Swim Club, Worrall won the 2015 Long Course and the 2016 Short Course Arizona State Championships in the 100 free. Worrall also racked up multiple first-place relay finishes at the 2016 Short Course Arizona State Championships. An all-state selection and a team captain in the pool, Worrall also earned the School Turn Around Award and the National Honor Society Service Award.

PERSONAL

The daughter of Becky and Brian Worrall. Allie was born Dec. 15, 1997, in Phoenix, Ariz. A business administration major, Allie earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2016-17. She was a member of the Tom Osborne Citizenship Team in 2017. She chose Nebraska over Kansas, Illinois and Denver.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
50 Freestyle	23.29	2/16/17	Big Ten Championships	Columbus, Ohio
100 Freestyle	51.26	2/18/17	Big Ten Championships	Columbus, Ohio
100 Butterfly	57.19	11/19/16	Kansas Classic	Topeka, Kan.

GABBY BARATTA

Freshman Breaststroke/Individual Medley Old Tappan, N.J. (Northern Valley Regional)

HONORS & AWARDS

+USA Swimming Scholastic All-American
+Fifth in 100 Breaststroke at NJSIAA Swimming Meet of Champions (2016)

2017-18 (OUTLOOK)

One of 11 freshmen to join the Nebraska swimming and diving program in 2017-18, Gabby Baratta hopes to make an impact in the breaststroke and IM events. The talented swimmer from Old Tappan, N.J., was a USA Swimming Scholastic All-American at Northern Valley Regional High School before joining the Huskers.

PREVIOUS

Baratta came to Nebraska after earning All-County and USA Swimming Scholastic All-America all four years of her high school career. Baratta aided the Northern Valley Regional High School team to two back-to-back state championship meets, including fifth (2016) and sixth place (2017) finishes. Baratta recorded a 2:16.60 in the 200 breaststroke and a 1:04.70 in the 100 breaststroke. While competing for the Scarlet Aquatics, Baratta set the team records in the 100-and 200-yard breaststroke.

PERSONAL

The daughter of Eva and Lorenzo Baratta, Gabby was born May 12, 1999, in Emerson, N.J. She has one brother, John Carlo. Gabby has not declared a major.

Q&A WITH GABBY

Why did you choose Nebraska?
I chose Nebraska because of the great academic and athletic opportunities and the family atmosphere.

Who was your inspiration growing up?
Missy Franklin.

What would you tell your younger self?
Keep working hard.

What are you thankful for?
My family.

What are your pre-meet rituals?
Listening to music and stretching.

If you could be in any movie, what would it be and why?
Forrest Gump because it is my favorite movie.

If you could eat one thing for the rest of your life, what would it be?
Pizza.

What is your favorite hobby outside of swimming?
Reading.

MADISON COUGHLEN

Freshman Butterfly/Individual Medley Frisco, Texas (Frisco)

HONORS & AWARDS

+Two-Time State High School Runner-Up
+Four-Time Junior National Qualifier
+Eight-Time Regional Champion
+Three-Time USA Swimming Scholastic All-American

2017-18 (OUTLOOK)

One of 10 new swimmers in Nebraska's freshman class, Madison Coughlen brings strong credentials in the butterfly and IM events. The freshman from Frisco, Texas, began her high school career in South Carolina where she was a state runner-up in the 200 freestyle in 2014. Coughlen capped her prep career with a seventh-place finish in the 200 long course butterfly at the USA Swimming Futures Championships in Austin, Texas on Aug. 5.

PREVIOUS

Coughlen set two school records at Fort Mill High School in South Carolina before moving to Texas for her final two years of high school. An eight-time regional champion, Coughlen produced two runner-up state finishes, including a second-place showing in the 200 freestyle as a freshman at the 2014 South Carolina Class 4A Championships. The four-time Junior National Qualifier helped Texas Ford Aquatics to a third-place finish at short course sectionals. The three-time USA Swimming Scholastic All-American, was a sectional, national and long course qualifier. Dominant in the pool as well as the classroom, Coughlen was named Regional All-American for four consecutive years, All-State, athlete of the week and earned most valuable swimmer twice. Coughlen was a member of the Beta Club, maintaining above a 3.0 GPA.

PERSONAL

The daughter of Lisa and Mike Coughlen, Madison was born June 26, 1999, in Frisco, Texas. Madison has one sister, Morgan. Madison is a chemical engineering major. She chose Nebraska over Kentucky, West Virginia, Florida State and Georgia Tech.

Q&A WITH MADISON

Why did you choose Nebraska?
I loved the girls on the swim team and loved the feel of the people and everything on campus.

Who was your inspiration growing up?
My mom.

What would you tell your younger self?
Don't get distracted.

What are your pre-meet rituals?
Crack my neck and toes and tighten my goggles.

If you could be in any movie, what would it be and why?
A drama because they are always interesting.

If you could eat one thing for the rest of your life, what would it be?
Pasta.

What is your favorite hobby outside of swimming?
Going to the lake.

AUTUMN HAEBIG

Freshman Freestyle/Backstroke/Butterfly Grafton, Wisconsin (Grafton)

HONORS & AWARDS

+14-Time Wisconsin Division 2 State Champion
+Four-Time Wisconsin Division 2 State Champion (500 Freestyle, 2013, 2014, 2015, 2016)
+Wisconsin State Record in 500 Freestyle (4:47.79)
+Two-Time Wisconsin Division 2 State Champion (100 Backstroke, 2015, 2016)
+Wisconsin Division 2 Swimmer of the Year (WISCA, Journal Sentinel, 2016)

2017-18 (OUTLOOK)

One of the top distance freestylers to join the Huskers in several years, Autumn Haebig comes to Nebraska after capturing her fourth consecutive Wisconsin Division 2 state title in the 500 freestyle. Her 2016 state championship in the event came in a state-record time of 4:47.79, which would have been good enough for a top-16 finish at the 2017 Big Ten Championships. She hopes to make an instant impact in the distance free and backstroke events as a freshman.

PREVIOUS

Haebig joined the Huskers after a record-setting career at Grafton High School. Haebig was a 14-time state champion, the second-highest total in Wisconsin history. She also earned two runner-up finishes. She aided Grafton to two state titles and three sectional crowns. She was named WISCA and Milwaukee Journal Sentinel Division 2 Swimmer of the Year in 2016. A four-time state champion in the 500 free, Haebig's winning time as senior (4:47.79) was a state record. She added a title for the second straight year in the 100 back in a personal-best 54.65, despite Haebig competing in her third consecutive race at the meet. While swimming for the Ozaukee Aquatics, Haebig aided her team's runner-up finish at the USA Junior Nationals (2015) and NESA Junior Nationals (Spring 2016). Ozaukee Aquatics reeled in a victory at the Summer 2016 NESA Junior Nationals. Haebig recorded an Olympic Trial cut in the 100-meter back with a time of 1:01.71. She was awarded 2013 High Point Individual Award and qualified for the 2013-14 Wisconsin Long Course State Championship.

PERSONAL

The daughter of Linda and Steve Haebig. Autumn was born Oct. 13, 1998, in Grafton, Wis. She has two sisters, Stephanie and Aly. A pre-interior design major, she chose Nebraska over Alabama, Arkansas, Kansas and Wisconsin.

Q&A WITH AUTUMN

Why did you choose Nebraska?
The academics and the team.

Who was your inspiration growing up?
My sister, Stephanie.

What are your pre-meet rituals?
Drinking pineapple juice, jumping 16 times and shaking out my arms and legs.

If you could be in any movie, what would it be and why?
Harry Potter.

If you could eat one thing for the rest of your life, what would it be?
Cheesecake or steak.

What is your favorite hobby outside of swimming?
Watching hockey.

ALLISON KOPAS

Freshman Backstroke/Individual Medley Fort Lauderdale, Florida (NSU University)

HONORS & AWARDS

+All-American (200 IM, 2017)
+All-American (100 Backstroke, 2017)
+U.S. National Qualifier (2016)
+U.S. Junior National Qualifier (2016)
+Three-Time USA Swimming Scholastic All-American

2017-18 (OUTLOOK)

One of 10 swimmers in Nebraska's talented group of freshmen in 2017-18, Allison Kopas brings versatility to the Husker class. Kopas continued to improve across her backstroke and individual medley events throughout her high school and club career. Her personal-best time of 4:18.82 in the 400 IM would have placed her in the top-24 at the 2017 Big Ten Championships. Her older sister, Emily, is a senior at Michigan, where she is a two-time NCAA All-American. Her father, William, was the Big Ten champion in the 1,650 freestyle in 1986 at Michigan, while her uncle, Brice, was an All-American for the Wolverines in 1994.

PREVIOUS

Kopas joined the Huskers after a solid career for NSU University School swim team, where she set five individual records. She was named 2016-17 All-American in the 200 individual medley and the 100 back. She also was named first-team All-Broward County. Kopas was named most valuable swimmer for three years and received the NSU University School Athletic Leadership Award. While competing for Swim Fort Lauderdale, Kopas was a qualifier at the 2016 U.S. Nationals and Junior Nationals. Kopas was also crowned the 2014-17 Florida Gold Coast Senior State Champion in multiple events. Kopas set multiple SFTL team records. The three-time USA Swimming Scholastic All-American was also named the SFTL Senior Swimmer of the Year. She was also a member of National Honor Society.

PERSONAL

The daughter of William and Robin Kopas, Allison was born Aug. 28, 1998, in Plantation, Fla. She has and older sister, Emily, and a younger sister, Amanda. Allison is a nutrition, exercise and health science major at Nebraska. She chose Nebraska over Purdue, Rutgers, and the University of Miami.

Q&A WITH ALLISON

Why did you choose Nebraska?
The coaches, the girls on the team and the academics.

What would you tell your younger self?
Stop telling yourself you can't.

What are you thankful for?
Family, friends and swimming.

If you could be in any movie, what would it be and why?
I would be in *Fast and Furious* because of all the action.

If you could eat one thing for the rest of your life, what would it be?
Bread.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Taylor Swift because I like her music and would like to be part of her squad.

What is your favorite hobby outside of swimming?
Photography.

SUTTON MARVIN

Freshman Freestyle Austin, Texas (McNeil)

2017-18 (OUTLOOK)

One of 11 members of Nebraska's talented freshman class of swimmers and divers, Sutton Marvin hopes to make an impact in the middle distance and distance freestyle events for the Huskers.

PREVIOUS

Marvin swam for McNeil High School in Austin, Texas, under Coach Johnny Foss. She captured academic All-State throughout high school by maintaining above a 3.5 GPA all four years. Sutton was named most valuable upperclassmen, a state qualifier and a team captain at McNeil High School. Sutton competed for Nitro Swimming under Coach Elliot McGill. She competed in the Winter Juniors for three consecutive years since 2014 earning fourth, third and ninth, respectively. Marvin also competed in the 2015 Summer Juniors racking up a second-place finish.

PERSONAL

The daughter of Corinne and Tod Marvin, Sutton was born Jan. 30, 1999, in Austin, Texas. She has one sister, Payton. Sutton is majoring in English. She chose Nebraska over Texas, Boston University and Denver.

Q&A WITH SUTTON

Why did you choose Nebraska?
Every other school felt like college, but Nebraska felt like home.

Who was your inspiration growing up?
My mom.

What would you tell your younger self?
Always do your best.

What are you thankful for?
This team.

What are your pre-meet rituals?
Taking an ice bath.

If you could be in any movie, what would it be and why?
Spider-Man because he can do all sorts of cool tricks.

If you could eat one thing for the rest of your life, what would it be?
Cookies.

If you could go to dinner with anyone, dead or alive, who would it be and why?
My sister, Payton, because she's my best friend.

HONORS & AWARDS

+Speedo Winter Junior National West Qualifier
+Speedo Summer Junior National Qualifier
+Texas Academic All-State

IZZIE MURRAY

Freshman Backstroke/Butterfly North Bend, Ohio (Taylor)

2017-18 (OUTLOOK)

A specialist in the butterfly and backstroke events, Izzie Murray is hoping to make an immediate impact among a talented collection of Nebraska newcomers in 2017-18. The freshman from North Bend, Ohio, owns a personal-best time of 2:02.11 in the 200 fly, which would have given her a top-24 finish at the 2017 Big Ten Championships.

PREVIOUS

Murray came to Nebraska after an exceptional career at Taylor High School in North Bend, Ohio. She was a state champion in the 100-yard butterfly and owns state, district and league records in the 100 fly. She also holds eight school records. Murray was a four-time league champ in the 100 fly and two-time champion in the backstroke. Murray also swam for the Cincinnati Marlins, helping the team to a seventh-place finish at Junior Nationals in 2017. The Marlins finished 11th at Junior Nationals in 2016. A USA Swimming Scholastic All-American, Murray was a NCSA finalist, Junior National finalist and holds five club records. She was a four-time MVP, two-time all-state selection, and the Taylor High School Athlete of the Year. Murray was a standout in the classroom, graduating fourth in her class, while earning math and science department awards. She claimed the AP Scholar Award, Seaver Athdemic Award, Channel 9 News Student of the Month and was a four-time CHL Scholar Athlete.

PERSONAL

The daughter of Daniel and Terri Murray, Isabelle was born on May 4, 1999, in North Bend, Ohio. She has two brothers, Roman and Ethan. Isabelle is a fisheries and wildlife major. She chose Nebraska over Rutgers and Arkansas.

Q&A WITH IZZIE

Why did you choose Nebraska?
For the academics, and I felt comfortable with the team.

Who was your inspiration growing up?
My brothers, Roman and Ethan.

What would you tell your younger self?
A good joke, like: "What is brown and sticky? A stick."

What are your pre-meet rituals?
Taking a nap.

If you could eat one thing for the rest of your life, what would it be?
Ice cream because you could have all the different kinds and flavors every day.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Andrew Benintendi because he is a good baseball player from Cincinnati.

HONORS & AWARDS

+Ohio State Division 2 Champion (100 Fly, 2017)
+Ohio State Division 2 Runner-Up (100 Fly, 2016)
+Speedo Summer Junior National Finalist
+Taylor High School Athlete of the Year
+USA Swimming Scholastic All-American

JESSICA PENTLARGE

Freshman Freestyle/Backstroke San Diego, California (Cathedral Catholic)

HONORS & AWARDS

+Three-Time Junior Nationals Qualifier
+CIF San Diego Section Swimmer of the Year (2017)
+CIF San Diego Section Division II Champion (100 Free, 2016, 2017)
+CIF San Diego Section Division II Champion (100 Back, 2017)
+CIF San Diego Section Division II Runner-Up (100 Back, 2016)
+Four-Time All-CIF

2017-18 (OUTLOOK)

A top sprint freestyle and backstroke competitor, Jessica Pentlarge captured California Interscholastic Federation San Diego Section Division II titles in the 100 freestyle and 100 backstroke in 2017. Pentlarge is hoping to make an instant impact for the Huskers, as her personal-best times in those two events would rank among Nebraska's best times a year ago. Jessica comes from a swimming family. Her mother, Carol, competed collegiately at Cal State Northridge, while her father, Jack, swam at UC Santa Barbara.

PREVIOUS

Pentlarge was a three-time Junior National qualifier and was named the most valuable swimmer for North Coast Aquatics. A four-time state record holder in the 100 back, 100 free and the 200 and 400-yard free relays, Pentlarge helped Cathedral Catholic High School to the California Interscholastic Federation championships for four consecutive years, earning three consecutive runner-up finishes before claiming a team title in 2017. She also is the CIF San Diego Section Division II record holder in the 100 free and 400 free relay. A high school All-American and team captain, Pentlarge was named the 2017 CIF Section Swimmer of the Year. Pentlarge excelled in the classroom and community. The National Honor Society member excelled in the classroom, earning honor roll all four years and was selected for the California Scholarship Federation.

PERSONAL

The daughter of Jack and Carol Pentlarge, Jessica was born July 20, 1999 in Oceanside, Calif. Jessica has one sister, Catie. A pre-health major, she chose Nebraska over Purdue, Washington State and Arkansas.

Q&A WITH JESSICA

Why did you choose Nebraska?
I loved so many aspects of the school and the team, and it felt like the perfect fit for me.

What would you tell your younger self?
Pursue your dreams and focus on the good in everything.

What are you thankful for?
Life.

What are your pre-meet rituals?
Visualization and listening to pump-up music.

If you could be in any movie, what would it be and why?
Grease. I love the '70s.

If you could eat one thing for the rest of your life, what would it be?
Sushi

If you could go to dinner with anyone, dead or alive, who would it be and why?
My parents and my sister because I love them.

RACHEL POWERS

Freshman Freestyle Sun Prairie, Wisconsin (Sun Prairie)

HONORS & AWARDS

+Wisconsin State Champion (500 Free, 2017)
+Three-Time Champion at Wisconsin Winter Short Course Championships (2017)
+Wisconsin Summer Long Course Champion (400 Free, 2016)
+Seven-Time All-Wisconsin
+Five-Time All-Wisconsin (Honorable Mention)

2017-18 (OUTLOOK)

Rachel Powers joins fellow Wisconsin state champion Autumn Haebig to form a talented young tandem in the distance freestyle events for the Huskers. Powers won the 500-yard freestyle at the Wisconsin Division I State Championships in 2016, completing a sweep of the Division I and 2 crowns for the Huskers with Haebig winning the Division 2 title. Powers is hoping to make an instant impact in the 500 and 1,650 freestyle events for Nebraska at the conference level.

PREVIOUS

Powers came to Nebraska after taking the 500 freestyle title in a time of 4:56.19 at the 2016 Wisconsin Division I High School State Championships her senior year. She placed in the top eight five times at the WIAA state meet throughout her high school career. A seven-time all-state selection, Powers added five honorable-mention all-state accolades. Powers was named team captain and was a WIAA Scholar Athlete. She holds state records in the 200- and 500-yard freestyles and the 200 IM, while also swimming a leg of record-setting 4x100 and 200-yard medley relays. Powers won the 400 free at the Wisconsin 2016 Summer Long Course State meet. She also swept the 500 free, 1,000 free and the mile free, taking first at the Wisconsin 2017 Winter Short Course state meet. Powers was member of Sun Prairie's honor roll and earned the Academic Excellence Award for all four years. She also graduated with high honors.

PERSONAL

The daughter of Margaret and Tim Powers, Rachel was born Aug. 22, 1998, in Sun Prairie, Wis. She has an older sister, Sarah, and an older brother, Luke. A pre-secondary English education major, she chose Nebraska over Missouri.

Q&A WITH RACHEL

Why did you choose Nebraska?
I loved the team culture and how hard they worked in the pool and in the classroom.

Who was your inspiration growing up?
Michael Phelps.

What would you tell your younger self?
Have lots of fun, work hard and listen to your parents.

What are your pre-meet rituals?
Eat lots of pasta and drink chocolate milk.

If you could be in any movie, what would it be and why?
A comedy. Life's better when you're laughing.

If you could eat one thing for the rest of your life, what would it be?
Cheese curds.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Mother Teresa because she seems pretty awesome.

MIRA RHODES

Freshman Backstroke/Butterfly Oakwood, Ohio (Oakwood)

HONORS & AWARDS

+Three-Time Ohio State Championship Finalist

2017-18 (OUTLOOK)

One of two Ohio natives in Nebraska's 11-member class of newcomers in 2017-18, Mira Rhodes hopes to help the Huskers in the backstroke and butterfly events as a freshman.

PREVIOUS

Rhodes swam for Oakwood High School in Oakwood, Ohio under Coach Jen Jervis (2014) and Trevor Tilly (2015-16). Rhodes aided in Oakwood's back-to-back Southwest Ohio District Championship victories in 2014 and 2015. In 2016, Oakwood earned a runner-up finish. In 2014, she earned All-Southwestern Buckeye League honors. Rhodes was an Ohio High School Swimming Championships finalist for three consecutive years. She was named to the Principal's Scholar-Athlete Yearly Honor Roll and graduated with honors. Rhodes also competed for Coach Kevin Weldon of the Dayton Raiders Swim Club. Rhodes helped the team to a Silver Medal Team award.

PERSONAL

The daughter of Terri and Dusty Rhodes, Mira was born July 20, 1998, in Oakwood, Ohio. She has one sister, Annie, and two brothers, Micah and Taylor. A pre-law major, Mira chose Nebraska over Wyoming, Colorado State and Kansas.

Q&A WITH MIRA

Why did you choose Nebraska?
It is a great school with an amazing swimming program, and the people are so nice. I love Lincoln and the school.

Who was your inspiration growing up?
My dad.

What would you tell your younger self?
Always work your hardest.

What are you most thankful for?
My family and friends.

If you could be in any movie, what would it be and why?
An action movie because it is fun and entertaining.

If you could eat one thing for the rest of your life, what would it be?
Cheesecake.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Barack Obama because I'm a big fan of his personality.

What is your favorite hobby outside of swimming?
I like drawing and doodling.

GRACE TIERNON

Freshman Diver Indianapolis, Indiana (Heritage Christian)

HONORS & AWARDS

+Two-Time Junior National Qualifier (Platform)
+Three-Time Indiana High School State Qualifier
+Two-Time Indiana Section Champion
+Indiana Regional Champion (2017)
+Three-Time Indianapolis City Diving Champion

2017-18 (OUTLOOK)

The lone diver among Nebraska's crop of 11 newcomers, Grace Tiernon was a two-time Junior National qualifier on the platform. The freshman from Indianapolis is hoping to make an impact in a talented and experienced group of Husker divers in 2017-18.

PREVIOUS

Tiernon came to Nebraska after earning USA Swimming Scholastic All-America honors and was named Female Athlete of the Year at Heritage Christian School in Indiana. Tiernon is a two-time sectional champion, the 2017 regional champion and a three-time city champion. She also qualified for state three consecutive years. Tiernon was named MVP all four years of her high school career and was the team captain her junior and senior year. Tiernon made an appearance at the 2014 and 2016 Junior Nationals in platform while competing for Indiana International School of Diving. She was also a member of National Honor Society.

PERSONAL

The daughter of Terry and Anne Tiernon, Grace was born March 19, 1999, in Fishers, Ind. She has one sister, Emma, and one brother, Luke. Grace is a civil engineering major.

Q&A WITH GRACE

Why did you choose Nebraska?
I chose Nebraska because I liked the feel of the campus, the engineering program and the competitiveness of the team.

Who was your inspiration growing up?
My older sister, Emma.

What would you tell your younger self?
Work hard but don't take things too seriously.

What are your pre-meet rituals?
Listening to music, dancing, modeling my dives.

If you could be in any movie, what would it be and why?
Happy Feet because all of the penguins are great dancers and my dancing skills need improvement.

If you could eat one thing for the rest of your life what would it be?
Mashed potatoes and gravy.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Grace Kelly because she is classy and a great role model, and we have the same first name.

What is your favorite hobby outside of diving?
Sleeping.

CLARA WALSTAD

Freshman Freestyle/Backstroke/Butterfly Lincoln, Nebraska (Lincoln Southwest)

HONORS & AWARDS

+Nebraska Class A State Champion (100 Back)
+Nebraska High School Meet Record (100 Back)
+USA Swimming Scholastic All-American
+Two-Time Junior National Qualifier
+All-Nebraska Selection
+Academic All-Nebraska Selection

2017-18 (OUTLOOK)

The lone Nebraska native in a talented class of newcomers, Clara Walstad showed impressive improvement across the board at Lincoln Southwest High School. Walstad is hoping to make an immediate impact in the freestyle, butterfly and backstroke events for the Huskers. In the 100 back, Walstad has slashed nearly six seconds off her time since her high school freshman season and owns the Nebraska state meet record.

PREVIOUS

Walstad joined the Huskers after helping Lincoln Southwest to back-to-back state high school titles. Walstad is a state champ and record holder in the 100 backstroke. She was also a member of the state champion relay teams for the 200 free and 200 medley. Lincoln Southwest ranked No. 2 nationally in the medley relay and eighth in the 200 free relay (2016-17). In 2015-16, the Silver Hawks ranked third in the medley relay and 20th in the 200 free relay. A USA Swimming Scholastic All-American, Walstad was ranked No. 45 nationally in the 100 back. She was named All-State and Academic All-State. While competing for Erik Wiken, Walstad and Heartland Aquatics competed at the Midwest Short Course Championships, placing seventh in 2014, fourth in 2015, sixth in 2016 and fifth in 2017. Walstad holds the Midwestern swimming record in the 100 back. The two-time Junior National qualifier was a Heartland Aquatics Academic All-HLA Gold Team member. Walstad was named Female Performer of the Year, Most Valuable Female Swimmer and a Midwest Swimming First-Team All-American. A star in the classroom, Walstad earned a 4.0 GPA and was on honor roll all eight semesters.

PERSONAL

The daughter of Tammie Fischer and William Walstad, Clara was born June 18, 1999, in Lincoln, Neb. She has four sisters. A biological sciences major, Clara chose Nebraska over Minnesota.

Q&A WITH CLARA

Why did you choose Nebraska?
The team culture and the support for academics and athletics.

What would you tell your younger self?
You are enough. You are honest. You are humble. You are kind.

If you could be in any movie, what would it be and why?
A super-heroine movie because I think it would be awesome to be a strong-willed woman.

If you could go to dinner with anyone, dead or alive, who would it be and why?
Eleanor Roosevelt because she is charismatic, strong-willed, humble and kind.

Nebraska divers Francesca Giganti, Abigail Knapton, Katrina Voge and Grace Tiernon hope to help the Huskers climb the ladder in the Big Ten Conference and national standings at the end of the 2017-18 season.

PATRICK ROWAN, NATASHA CHIKINA, PABLO MORALES

COACHES

PABLO MORALES

HEAD COACH 17TH SEASON 86-51-1 CAREER RECORD

COACHING EXPERIENCE

+ Head Coach, Nebraska, 2001-Present
+ Head Coach, USA Swimming Diversity Select Camp, 2007
+ Associate Head Coach, San Jose Aquatics, 2000-01
+ Head Coach, San Jose State, 1998-2001
+ Graduate Assistant, Stanford, 1997-98
+ Assistant Coach, San Jose Aquatics, 1995-96
+ Graduate Assistant, Cornell, 1989-91
+ Head Coach, Stanford Masters Swim Program, 1988-99

HONORS & AWARDS

+ 2004 Big 12 Coach of the Year
+ 2000 WAC Coach of the Year

Pablo Morales continued to see the Nebraska swimming and diving program climb in national prominence while maintaining its impressive standards outside the pool in 2016-17.

The Huskers produced their second straight top-40 finish at the NCAA Championships, coming in at No. 33 in the final 2017 NCAA standings with a first-team All-America effort on the platform from freshman diver Abigail Knapton.

Nebraska's 2017 NCAA finish followed a 39th-place showing at the 2016 NCAA Championships that included a 10th-place finish on the one-meter board from Anna Filipcic. In fact, the Huskers have sent a diver to the NCAA Championships four consecutive seasons.

Overall, the 2016-17 Huskers finished with a perfect 6-0 dual record while adding a team title at the Kansas Classic.

The Huskers are expecting to continue their rise nationally in their seventh season in the Big Ten Conference in 2017-18.

In the classroom, Nebraska finished among the top-20 CSCAA Division I Scholar All-America Schools for the fourth straight season, posting a team GPA of 3.61.The Huskers also captured their third consecutive Nebraska Herman Team GPA Award, which recognizes the Husker program with the highest GPA across all sports.

Nebraska's increased competitiveness in the pool and impressive success in the classroom and community are a far cry from the starting point of the Husker program when Morales took over the job in 2001. In his first season at NU, the Huskers went winless in 2001-02 (0-3) with a depleted roster.

Three years later, NU raced to an 8-1 dual record in 2004-05 and became the first Husker swimming and diving team in school history to win eight consecutive meets. Most importantly, Morales led the Huskers out of the bottom of the Big 12 with a fourth-place finish in 2004 and a third-place showing in 2005. Nebraska has continued to pursue a climb in conference prominence as it has transitioned to the Big Ten.

The Huskers hope to regain the national prowess they enjoyed in the 1990s, when they captured five Big Eight and Big 12 titles from 1994 to 1999.

A 1987 graduate of Stanford University, Morales is one of the greatest male swimmers in U.S. history, winning an NCAA-record 11 individual titles. He also helped lead the Cardinal to three consecutive NCAA titles and four Pac-10 titles, while twice earning Pac-10 Swimmer-of-the-Year honors and garnering six Pac-10 titles himself.

Morales remains the all-time leading scorer at the NCAA Championships, amassing 235 points. Morales was also the recipient of the 1987 Al Masters Award, which is Stanford's highest award for athletic performance, leadership and academic performance. He was the first male swimmer to win the award, and remains one of two to have accomplished that feat. Morales holds the Stanford record in the 200-yard butterfly (1:42.60) and held the school record in the 100-yard fly (46.25) until it was broken in 1998 by Sabir Muhammad (46.18).

While at Stanford, Morales was awarded the J.E. Sterling Award, which is presented to a student-athlete based on scholarship, leadership and community service. In addition, he served as the director of the Stanford Volunteers for Youth Program. Morales also found time to become a mainstay on the campus newspaper as the beat writer for the women's basketball team.

A CoSIDA Academic All-America selection in 1987, Morales earned a law degree from Cornell in June of 1994, despite taking two years off from law school to train and compete at the Olympics.

An Olympic swimmer, Morales won three gold and two silver medals in the 1984 and 1992 Games, serving as a team captain for the 1992 squad. Following the 1992 Games, in which he returned to the pool after a three-year layoff to capture a gold medal in the 100-meter butterfly, Morales was named the U.S. Olympic Committee's Sportsman of the Year. He held the U.S. Open and NCAA record in the 100-yard fly with a time of 46.26, which stood for 13 years before being broken at the 1999 NCAA Championships.

Among Morales' greatest swimming accomplishments in the pool is holding the world record in the 100-meter butterfly with a time of 52.84 from 1986 until 1995.

Morales' legend in the Olympic Games lives on today, as the Nebraska coach served on the bid committee for the 2008 U.S. Olympic swimming trials that took place in Omaha. Morales had the chance to see the selection process and serve a role in the decision that gave Nebraska its first Olympic event in state history.

The Swimming Trials were a resounding success, and Omaha proved to be a worthy host for the event. More than 160,000 fans attended the event, shattering the previous mark by more than 50,000. In 2016, the U.S. Olympic Trials made their third consecutive appearance at the CenturyLink Center in Omaha, and more than 200,000 fans sold out every session of the event.

Before coming to Nebraska, Morales served as the head women's swimming coach at San Jose State University. He held the reins as head coach from 1998 until being named coach at Nebraska in July of 2001. Morales rejuvenated a Spartan program that was near the bottom of the Western Athletic Conference. He was named the 2000 WAC Coach of the Year for his efforts.

While at San Jose State, Morales rebuilt a program and took the Spartans to the NCAA Championships after a 14-year absence. During his tenure, Morales produced six academic All-WAC swimmers. At the 2001 WAC Championships, five Spartans set school records under Morales' supervision, and three met NCAA qualification times. Seven others swam times that placed among the top three in school history.

Before his stint at SJSU, Morales served as an assistant coach at his alma mater, Stanford, in 1997-98, helping lead the squad to the NCAA team title.

Morales also served as a graduate assistant at Cornell while pursuing his law degree. While at Cornell, Morales prepared and coached daily workouts for swimmers and assisted in recruiting. Morales has assisted in coaching with the San Jose Aquatics club group, as well as serving as head coach of the Stanford Masters Swim Team.

For Morales, the opportunity to coach at Nebraska was a welcome challenge.

"As a coach, taking over the responsibilities at Nebraska represents a great opportunity to take a program with success and use the resources that

Pablo Morales was a three-time Olympic gold medalist and two-time silver medalist at the 1984 (Los Angeles) and 1992 (Barcelona) Summer Games.

Gold	**1984 Los Angeles**	**4x100m Medley**
Gold	**1992 Barcelona**	**100m Butterfly**
Gold	**1992 Barcelona**	**4x100m Butterfly**
Silver	**1984 Los Angeles**	**100m Butterfly**
Silver	**1984 Los Angeles**	**200m Medley**

only Nebraska can offer, the support from the athletic department, the University, the Lincoln area and the state, to take the program to a higher level," Morales said after he was hired. "Our goal is to take this program to the elite national level."

A powerful motivator, Morales hopes to keep his swimmers on the top of their games in and out of the pool, as Nebraska has established itself among the nation's best in academic support and athletics. Over the past nine seasons, nearly 80 percent of Morales' student-athletes have been named to the conference or Nebraska Scholar-Athlete Honor Roll each semester.

"I want our swimmers to achieve their goals of faster times and lifetime bests," Morales said. "I want them to have the best season that they have ever had, and I also want us to establish a team atmosphere and build an excitement toward Husker swimming and diving."

Morales said he enjoys the challenge of competing in the Big Ten, one of the premier swimming and diving conferences in the country.

Former Stanford Head Coach Skip Kenny, who coached Morales at Stanford and also with Team USA, spoke highly of his former pupil.

"He's one of the most honest people that you will meet," Kenny said. "You will always get the truth out of him. He's very dedicated to the sport of swimming and to his athletes."

Kenny also recognized Morales' charisma.

"As soon as the swimmers spend a few days or weeks with him," Kenny said, "they will see how much he cares about them and the sport of swimming."

Morales received a vote of confidence that he will be able to turn Nebraska into a national title contender.

"He brings a high level of experience to build up the team," Kenny said. "He's been there and done that as far as swimming is concerned. I honestly believe that he is a better coach than he was a swimmer, and that is saying a lot since he was one of the best swimmers in the world. He has done things with kids that I thought I would never see. If there is a female swimmer out there that wants to be the best in the world, I'd send her to swim for Pablo."

Morales' experience as both an NCAA and international swimmer as well as a club and collegiate coach helps him in coaching and recruiting.

"In my experiences, I have been fortunate to have had a long career as a competitor. I was able to train with coaches who I think are some of the best in the world," Morales said. "I have learned from them, and I have learned from myself. I believe that all of my experiences have prepared me for coaching. I have a good feel for the contours of teams that are successful. I know how they practice, train and compete."

In July of 2012, Morales named Patrick Rowan as an assistant coach. A Nebraska native with a long-time association with the Husker program, Rowan spent five years at Missouri before returning to Lincoln. In his five seasons in Columbia, Rowan helped MU climb from 38th at the 2008 NCAA Championships to 14th in the final standings in 2012. He also played a major role in bringing multiple top-20 recruiting classes to Missouri.

"We were very excited to have Patrick come back to Nebraska," Morales said. "He brings extensive and successful coaching and recruiting experience at the collegiate level. Patrick has a tremendous work ethic and an unmatched passion for Nebraska. He has made an immediate impact on this program and will play a key role in helping us achieve our Big Ten Conference and NCAA goals."

In his first season with the Huskers, Rowan immediately showed his worth, coaching the Nebraska sprinters to four school-record relay times at the 2013 Big Ten Championships. He also coached Taryn Collura to a school record in the 50-yard freestyle and a trip to the NCAA Championships in Indianapolis.

Morales named former Olympian Natasha Chikina as the head diving coach in June of 2005. Through 12 seasons, she has guided Husker divers to 35 NCAA Zone appearances and a Husker diver to the NCAA Championships for four consecutive seasons.

"My job is to instill confidence in a swimmer and teach her to expect a higher level of performance from herself. I want each swimmer to open her mind to what is possible. I want her to strive to exceed what she has done in the past each and every day. I want her to expect that more is possible."

Coach Morales' Philosophy

"She brings outstanding technical expertise combined with a tremendous coaching demeanor that yields fabulous results at the Division I level," Morales said. "She is the perfect fit to build on the success of her predecessors here at Nebraska and be part of our development into a championship-level program."

A gifted and noted public speaker and lecturer, Morales was a contributing author to The Swim Coaching Bible, published in 2001. In April of 2007, he was chosen as the U.S. Swimming Diversity Select Camp Head Coach, a four-day camp at the Olympic Training Center in Colorado Springs, Colo. Aside from in-pool training, Morales also led motivational and educational sessions and team-building activities for boys and girls from all over the nation. These children were a part of an ethnically under-represented population that is less than 20 percent of the current USA Swimming membership.

Pablo is the son of Pedro and the late Blanca Morales, who came to the United States from Cuba in 1956. Pablo and his wife, Viviana, have four boys, Sam (19), Benjamin (16), Eli (14) and Gustavo (7).

Morales was born in Chicago and grew up in Santa Clara, Calif. He enjoys golfing in his spare time.

The Morales family (from left): Gustavo, Pablo, Sam, Eli, Viviana and Benjamin.

PATRICK ROWAN

ASSOCIATE HEAD COACH SIXTH SEASON

COACHING EXPERIENCE

+ Nebraska Associate Head Coach, 2012-Present
+ Missouri Assistant Coach, 2008-12
+ Nebraska Volunteer Assistant Coach, 2006-07
+ Nebraska Aquatics Head Coach, 2002-07

SWIMMING EXPERIENCE

+ Eastern Michigan Swimmer, 1996-00
+ 12-Time MAC Finalist
+ Two-Time MAC Team Champions
+ Two-Time Nebraska Class A State Team Champions

Patrick Rowan, a former volunteer assistant for the Huskers and a long-time coach in the Nebraska Aquatics program, rejoined the Nebraska staff in 2012 after spending five years at Missouri. As an assistant for the Tigers, Rowan helped build the program into one of the nation's top 15 programs.

"Patrick brings extensive and successful coaching and recruiting experience at the collegiate level," Nebraska Coach Pablo Morales said. "Patrick has a tremendous work ethic and an unmatched passion for Nebraska. He has made a major impact on our program and plays a key role in helping us achieve our Big Ten Conference and NCAA goals."

In his first year at Nebraska, Rowan served as the primary sprint freestyle coach in 2012-13. He saw the 200- and 400-yard freestyle relay teams swim school-record times at the 2013 Big Ten Championships. Taryn Collura swam a school record in the 50-yard freestyle and became the first Husker to qualify for the NCAA Championships in six years.

In Rowan's second season at NU, he helped 14 swimmers to personal bests in the sprint freestyle events.

In 2014-15, he guided the 200-yard freestyle relay to the second-best time in school history at the Big Ten Championships.

In 2016-17, Erin Oeltjen set a school record in the 100 and 200-yard backstroke, while Dana Posthuma notched the second-best time in school history in the 200-yard butterfly (1:58.16).

A Nebraska native, Rowan helped orchestrate a steady rise into national prominence at Missouri. In his first season at MU, the Lincoln Southeast High School graduate helped the Tiger women's team finish 38th at the 2008 NCAA Championships. After a 28th-place showing in 2009, the Tigers climbed to 23rd in 2011 before finishing 14th at the 2012 NCAA meet.

Rowan served as the power sprints coach while also working with the middle distance group at Missouri. He was the recruiting coordinator for the Tiger men's program while assisting with recruiting on the women's side. The Tiger men's 2011 recruiting class was ranked seventh nationally by collegeswimming.com, while the women's class was ranked 18th. He served as the director of the Mizzou Swim Camp and coached the Mizzou Swim Team (USA Swimming Club).

Before heading to Missouri, Rowan served as a volunteer assistant on Morales' Husker staff in 2006-07. Rowan assisted primarily with Nebraska's breaststroke and individual medley swimmers.

From 2002 until 2007, Rowan served as the head coach and general manager of the Nebraska Aquatics swim team, where he was the primary coach of the high school and collegiate swimmers. He also served as an age group coach for swimmers from ages 6 to 24 for Nebraska Aquatics from 2000 to 2002.

From 2003 to 2007, he served as the age group chairman for the Midwestern Swimming Executive Board. He was named Midwestern Swimming Coach of the Year in 2006-07, after being named its Age Group Coach of the Year in 2004-05.

A competitive swimmer from 1985 to 2001, Rowan swam collegiately at Eastern Michigan, helping EMU to a pair of Mid-American Conference championships. Individually, he was a 12-time finalist at the MAC Championships for the Eagles.

As a prep swimmer at Lincoln Southeast, Rowan was a two-time Nebraska Class A state champion and a member of a state championship team for the Knights. He was also a team captain and a seven-time Junior National qualifier.

Rowan, who earned his bachelor's degree in psychology from Eastern Michigan in 2000, received his master's degree in education with an emphasis in school and counseling psychology/sport psychology from Missouri in 2009. He is currently pursuing a Ph.D. with a similar emphasis in sport psychology.

He and his wife, Miranda, have a two daughters, Reese and Quinn, and a son, Luke.

NATASHA CHIKINA

HEAD DIVING COACH 13TH SEASON

COACHING EXPERIENCE

+ Nebraska Head Diving Coach, 2005-Present
+ U.S. Diving Regional Training Center Assistant Head Coach, 2001-05
+ USC Assistant Diving Coach, 1998-99
+ Trojan Diving Club Assistant Coach, 1998-2001

DIVING EXPERIENCE

+ 1996 (Atlanta) and 2000 (Sydney) Summer Olympic Qualifier
+ 1997 and 1998 NCAA All-American
+ Fourth place on the platform at the 1998 NCAA Championships
+ 1997 and 1998 Pac-10 three-meter champion

Former Olympian Natasha Chikina (chick-EE-nuh) is entering her 13th season as Nebraska's head diving coach in 2017-18. Her coaching career at Nebraska followed a successful diving career at the University of Southern California and competition at two summer Olympic Games.

Chikina has helped the Huskers make 35 appearances at the NCAA Zone diving meet over the past 11 years. For four consecutive seasons, Chikina has sent a Nebraska diver to the NCAA Championships.

Abigail Knapton became the first freshman in school history to earn first-team All-America honors in 2017, taking fourth on the platform at the NCAA Championships.

Anna Filipcic brought home All-America honors for the Huskers in 2016 with her 10th-place finish on the one-meter board.

With Chikina's own success on the boards, she utilized her experience in the sport of diving and looks to lead a talented Husker diving squad toward the top of the conference and NCAA Championship berths.

"As a coach, my job is to recognize the highest potential of each diver," Chikina said. "I want to make them believe in themselves by creating a positive and goal-setting environment. With hard work, discipline and encouragement, I want to bring every one of them to their highest level of performance."

Chikina, a native of Kazakhstan, competed at the Atlanta (1996) and Sydney (2000) Summer Olympic Games. Chikina finished 15th at the Atlanta Games, before capturing a ninth-place finish on the 10-meter platform in Sydney.

Between competitions, Chikina placed fourth at the 1998 NCAA Championships for the University of Southern California, where she earned NCAA All-America honors in 1997 and 1998. She was also the Pac-10 champion on the three-meter springboard in 1997 and 1998.

Chikina competed at the Goodwill Games (1994), the World Championships (1994-96) and the FINA Grand Prix (2000), placing as high as third in both the World Championships and FINA Grand Prix.

Following her diving career as an athlete, Chikina immediately began her quest to become a head diving coach. She was the assistant coach of the Trojan Diving Club from 1998 to 2001, coaching two Junior Olympic national champions, and the assistant diving coach at her alma mater, USC, in 1998-99, helping coach future Olympians Troy Dumais and Dorte Linder.

From 2001 to 2005, Chikina served as the assistant head coach at the U.S. Diving Regional Training Center where she took on many responsibilities. Primarily, she coached a two-time Oklahoma state high school champion, two Junior Olympic National Team members and four Junior Olympic National qualifiers. Among her other responsibilities, Chikina scouted, recruited and judged competitions up to the national level. She also scheduled team trips, camps and programs. Chikina coached at the 2003 U.S. Diving National Training Camp, instructing junior national-level athletes in the spotting belt, trampoline and dryboard.

Chikina earned her bachelor's degree in social science and communications from USC in 1999, after completing her physical education and coaching degree from the Kazakh Institute of Physical Education in Almaty, Kazakhstan, in 1996.

Natasha and her husband, Kris, moved to Lincoln in the summer of 2005. Kris served as a volunteer assistant for the Husker diving team in 2005-06 and is now coaching for the Nebraska Diving Club. The couple has two daughters, Katerina and Sophia.

SWIMMING & DIVING SUPPORT STAFF

ALVIN BANKS
ACADEMIC COUNSELOR

Alvin Banks serves as an academic counselor and the coordinator of student-athlete development for Nebraska's Academic Performance Team. Banks began working as an academic counselor at Nebraska in 2003 after serving two years as an assistant academic counselor.

As Nebraska's coordinator of student-athlete development, he provides academic, athletic, personal and career counseling to all Husker student-athletes. As an academic counselor, he works primarily with the Nebraska men's and women's golf teams, the women's swimming and diving team and the wrestling team, while also assisting with the football team.

Before joining the Academic Performance Team, Banks served six years as a law enforcement officer for the City of Lincoln. He is currently a member of the National Association of Academic Advisors for Athletics.

Banks, who lettered in football at Nebraska during the 1991 season, earned his master's degree in vocational education in 1998 after receiving a bachelor's degree in business management in 1992 from Nebraska. Banks and his wife, Lisa, have two children, Kaylie and Darius.

RUSTY RUFFCORN
STRENGTH & CONDITIONING COACH

Rusty Ruffcorn has served Nebraska as a strength and conditioning coach since 2006, working primarily with the swimming and diving and women's basketball programs.

Ruffcorn assists swimming and diving with strength and conditioning programs at the new weight room at the Hendricks Training Complex, which is just steps away from the Devaney Natatorium.

Ruffcorn began his association with Nebraska as a volunteer intern in 2004. He moved into a full-time intern role in 2005 and worked with the baseball and football squads before taking over for the men's and women's basketball teams (2006-11). While working with the Husker baseball team, Nebraska won a Big 12 title and a game in the College World Series.

During his time as NU's women's basketball strength coach, Ruffcorn helped the Huskers to the most successful stretch in school history, including seven trips to the NCAA Tournament, a pair of NCAA Sweet 16 bids in 2010 and 2013, and two conference titles in 2010 and 2014.

A native of Omaha, Ruffcorn was a student assistant strength coach at Nebraska-Omaha before graduating with a bachelor's degree in exercise science in 2004. During his time at UNO, Ruffcorn served as the primary strength coach for the Maverick football and softball teams. The football team won a pair of conference titles, including an undefeated season, while the softball team added two league titles and a national championship during Ruffcorn's time with the Mavs.

With a significant background in strength training, power lifting and Olympic weightlifting, Ruffcorn has earned USAW Level I club coach certification and is a certified strength and conditioning specialist (C.S.C.S.).

Rusty is married to the former Lisa Rathbun, and the couple has two daughters, Bella Grace and Brooklyn Reese.

KATIE DITTER
GRADUATE ASSISTANT

Katie Ditter enters her first season as a graduate assistant with the Nebraska swimming and diving program in 2017-18. She was an undergraduate coach for the Huskers in 2016-17.

In her career as a Huskers, Ditter was a two-time academic All-Big Ten and a three-time Tom Osborne Citizenship Team member. She made the Nebraska Scholar-Athlete Honor Roll six times. She competed in the breaststroke and the individual medley.

Ditter earned her bachelor's degree as a marketing and management major in 2016.

The Ralston native describes her Nebraska career as a "once in a lifetime opportunity that I will be forever grateful for."

ANGIE LATHROP
ATHLETIC TRAINER

Angie Lathrop is in her second season of providing care and treatment for the student-athletes in the Nebraska swimming and diving program.

Lathrop, who is from Shawnee, Kan., earned her bachelor's degree in athletic training from the University of Kansas.

During her undergraduate years at Kansas, Lathrop completed semester-long clinical rotations with football, women's rowing, women's soccer and a local high school. She also worked with the Kansas women's basketball team during her senior year at KU.

She is scheduled to earn her master's degree in higher education administration from Nebraska in May of 2018.

ANNETTE WERSCHKE
SWIMMING & DIVING SECRETARY

Annette Werschke enters her 10th season as the secretary for the Nebraska swimming and diving and men's gymnastics programs in 2017-18. Werschke assists with travel arrangements, monitoring scholarship and eligibility checks and assisting the coaches.

The daughter of Kenneth and Anita Dahl, Werschke is a native of Scribner, Neb. She majored in human development and family sciences at Nebraska and was a retail clothing manager for 15 years.

For 11 years, she was an administrative assistant and supervisor for various organizations in Lincoln, including the J.D. Edwards Honors Program (now the Jeffrey S. Raikes School of Computer Science and Management) at the University of Nebraska.

Werschke has one stepdaugher and five step-grandchildren with her husband, Gary.

RONNIE GREEN

CHANCELLOR (SECOND YEAR)

Ronnie D. Green became the University of Nebraska-Lincoln's 20th chancellor on May 8, 2016.

Appointed as the Harlan Vice Chancellor of the UNL Institute of Agriculture and Natural Resources and Vice President for Agriculture and Natural Resources of the University of Nebraska system in July 2010, Green also assumed the interim role of Senior Vice Chancellor for Academic Affairs, the institution's chief academic officer, in June 2015.

Raised on a mixed beef, dairy, and cropping farm in southwestern Virginia, Dr. Green received B.S. and M.S. degrees in animal science from Virginia Tech and Colorado State University, respectively. His doctoral program was completed jointly at the University of Nebraska and the United States Department of Agriculture-Agricultural Research Service's U.S. Meat Animal Research Center in animal breeding and genetics.

Dr. Green has served on the animal science faculties of Texas Tech University and Colorado State University, as the national program leader for animal production research for the USDA's Agricultural Research Service, and as executive secretary of the White House's interagency working group on animal genomics within the National Science and Technology Council. Prior to returning to the University of Nebraska, he served as senior global director of technical services for Pfizer Animal Health's (now Zoetis) animal genomics business.

Dr. Green is an internationally recognized authority in animal genetics; he has published 130 refereed publications and abstracts, nine book chapters and 56 invited symposia papers; and has delivered invited presentations in 43 U.S. states and 21 countries around the world. He is a past-president of the American Society of Animal Science (ASAS) and has served in a number of leadership positions for the U.S. Beef Improvement Federation, National Cattlemen's Beef Association, National Pork Board, and National Research Council. He currently serves on the board of directors of the Association of Public Land-grant Universities (APLU), Neogen Corporation, and the national Alpha Gamma Rho fraternity. He was honored as a Fellow of both ASAS and the American Association for the Advancement of Science, and in 2017 was recognized as a National 4-H Luminary and by ASAS with its premier honor, the Morrison Award.

Ronnie and best friend Jane are the parents of four children, all graduates or enrolled at the University of Nebraska-Lincoln. Justin, a political science/history student, is a political journalist in Washington, D.C.; Nate is a graduate of the College of Business and Nebraska Law and is with Hausmann Construction in Lincoln; Kelli is an advertising, public relations and global studies graduate and is preparing for the ministry at Princeton Theological Seminary; and Regan is a current student in human development and family science and agricultural communications. Collectively, their family holds or are pursuing a total of 15 University of Nebraska-Lincoln degrees.

NEBRASKA'S CHANCELLORS

1871-1876	Allen R. Benton
1876-1882	Edmund B. Farfield
1884-1888	Irvin J. Manatt
1888-1891	Charles E. Bessey
1891-1895	James H. Canfield
1895-1899	George E. MacLean
1900-1908	E. Benjamin Andrews
1908-1927	Samuel Avery
1927-1938	Edgar A. Burnett
1938-1946	Chauncey S. Boucher
1947-1953	Reuben G. Gustavson
1953-1954	John K. Selleck*
1954-1968	Clifford Hardin
1968-1971	Joseph Soshnik
1972-1975	James H. Zumberge
1975-1976	Adam C. Breckenridge*
1976-1980	Roy A. Young
1980-1981	Robert H. Rutford*
1981-1991	Martin A. Massengale
1991-1991	Jack Goebel
1991-1995	Graham B. Spanier
1995-1996	Joan R. Leitzel*
1996-2000	James Moeser
2000-2016	Harvey S. Perlman
2016-Present	Ronnie Green

* Interim Chancellor

JOSEPHINE POTUTO

FACULTY ATHLETIC REPRESENTATIVE (21ST YEAR)

Josephine (Jo) R. Potuto, the Richard H. Larson Professor of Constitutional Law, has been Nebraska's faculty representative (FAR) at the NCAA and conference level since May 15, 1997.

In 2002, Potuto was named Outstanding Faculty Athletics Representative by the All-American Football Foundation. From 2008-09 to 2011-12 she was president of the 1A FAR (FARs from FBS institutions). Among her NCAA positions, Potuto spent nine years (the maximum) on the NCAA Division I Committee on Infractions (chair her last two years). She was one of three Big 12 Conference representatives on the NCAA Division I Management Council, and served on the NCAA Men's Gymnastics Championship Committee and an NCAA-wide (all divisions) committee to advise NCAA staff on student-athlete issues and educational programming for coaches, staff, and student-athletes. She currently serves on the NCAA Interpretations Committee.

A sports law expert, Potuto regularly lectures and consults on sports issues in general and NCAA processes in particular. She is an expert witness in litigation involving sports issues. She testified before the House Subcommittee on the Constitution regarding due process in NCAA infractions hearings. She is also a media "go-to" person on sports law issues.

She has presented to the Knight Commission on Intercollegiate Athletics, the National Association of College and University Attorneys, the Association of Public and Land Grant Universities, the Texas Commission of Higher Education, NCAA regional conferences, law conferences and law firms, NACDA, and to universities and law colleges, including the Universities of Istanbul, Washington, Maryland, Oklahoma, Santa Clara, Arizona State, Baltimore, and Mississippi.

Potuto is a past adviser to the Uniform Law Commissioners Committee to draft a sports agent statute, has drafted rules governing search and seizure and hearings for the Nebraska Racing Commission, and also has written on issues of gender equity in college athletics. She has authored numerous articles on sports law issues. She just completed an article on how baseball hitting informs legal argument.

Potuto teaches constitutional law, procedure, federal jurisdiction, and sports law. She has been a visiting professor of law at the University of Arizona, Rutgers University, the Cardozo College of Law at New York's Yeshiva University, the University of Oregon, the University of North Carolina, and Seton Hall University. She currerntly teaches in the Summer Sports Law Institute at Oregon Law School.

Potuto was project director and a drafter of the Uniform Law Commissioners Sentencing and Corrections Act, as well as the drafter for the Nebraska Supreme Court Committee to Draft Criminal Jury Instructions. She is the author of three books. She was elected to membership in the American Law Institute, the Nebraska State Bar Foundation, and the Douglass Society.

Potuto earned her bachelor's degree in journalism at Rutgers' Douglass College, and her master's degree in English literature at Seton Hall. She earned her juris doctorate at the Rutgers Law College.

She is a member of the bars of Nebraska and New Jersey and is admitted to practice before the U.S. Supreme Court, the U.S. Court of Appeals for the Third Circuit, and the U.S. District Courts for Nebraska and New Jersey.

NEBRASKA'S FACULTY REPS

1931-1946	T.J. Thompson
1947-1958	Earl Fullbrook
1959-1964	Charles S. Miller
1965-1968	Merk Hobson
1969-1970	John R. Davis
1971-1982	Keith L. Broman
1982-1997	James O'Hanlon
1997-Present	Josephine Potuto

DAVE RIMINGTON

INTERIM ATHLETIC DIRECTOR (NEBRASKA, 19920

A two-time first-team All-America lineman at Nebraska and a 1997 inductee into the College Football Hall of Fame, Dave Rimington was named Nebraska's interim athletic director on Sept. 26, 2017. A native of Omaha, Rimington was a four-year letterwinner from 1979 to 1982, winning the Outland Trophy in 1981 and 1982 as well as the Lombardi Award in 1982. Rimington is the only player ever to win the Outland Trophy in consecutive years, and is still regarded as one of the most decorated offensive linemen in college football history.

Rimington has served with the Boomer Esiason Foundation since 1993 and has been President since 1995. Under his leadership, BEF instituted and developed a variety of educational programs, scholarships and new media initiatives that have directly benefited cystic fibrosis communities nationwide. Under Rimington's direction, the Foundation has taken an active approach to education, awareness and fundraising strategies through new media and technology channels. Programs such as the popular CF Podcast Series have served as a source of inspiration to many in the CF community.

The Boomer Esiason Foundation annually presents the Rimington Trophy, which was started in 2000. The award is given to the best center in college football and the inaugural award was presented to Nebraska's Dominic Raiola.

Along with his national honors on the football field, Rimington was a three-time first-team All-Big Eight choice from 1980 to 1982. He was also named the Big Eight Offensive Player of the Year in 1981, marking the only time in conference history that a lineman earned the prestigious honor. During his career, the Omaha South grad helped the Huskers win back-to-back Big Eight titles in 1981 and 1982, as Nebraska led the nation in rushing during his senior season.

Also, a two-time first-team academic All-American, Rimington was honored by the NCAA as a Top-Five Student-Athlete and was selected as a National Football Foundation and College Football Hall of Fame Scholar-Athlete in 1982. He was also a three-time first-team academic All-Big Eight choice from 1980 to 1982. In 1999, he was selected to the Walter Camp All-Century team. Rimington became the first Nebraska student-athlete in history to be inducted into the CoSIDA Academic All-America Hall of Fame in 2004. A member of the Nebraska Athletics Hall of Fame, Rimington was one of 22 former Huskers who were inducted in the inaugural class in 2015.

A first-round draft choice of the Cincinnati Bengals in 1983, Rimington played five seasons with the Bengals, and played two seasons with the Philadelphia Eagles before retiring in 1989.

Before joining the Boomer Esiason Foundation as President, Rimington lived and worked in Hong Kong in the Import-Export business. He also was a graduate assistant football coach at the University of Wisconsin, helping the Badgers win the Big Ten Championship and their first Rose Bowl Championship ever. Rimington received a bachelor of business administration degree in economics from the Nebraska and in 1992 he received a master's degree in international business from Wisconsin. While at Wisconsin, Rimington was a member of Beta Gamma Sigma National Honorary Business Fraternity.

Rimington and his wife, Lisa, have four children.

PAT LOGSDON

EXECUTIVE ASSOCIATE ATHLETIC DIRECTOR/ADMINISTRATION
SENIOR WOMAN ADMINISTRATOR

A member of the Nebraska Athletic Department since 1979, Pat Logsdon serves as Executive Associate Athletic Director for Nebraska's Senior Woman Administrator to the NCAA and the Big Ten Conference. She also serves on the Big Ten Sports Management Council.

Logsdon's duties include oversight on all administrative issues and operational functions of the Athletic Director's office. She also oversees the areas of Department Travel, including bowl and postseason travel, the Department's Gender Equity Plan, equipment and serves as a liaison to adidas.

In addition, Logsdon manages student-athlete end of season evaluations and exit interviews. She also serves as the sport administrator for volleyball, beach volleyball, softball and men's and women's gymnastics.

Previously, Logsdon spent 23 seasons in football operations, including six seasons as NU's director of football operations, the first female in Division I to serve in that capacity. She handled organization of all recruiting functions, supervised compliance activities and coordinated all football administrative operations, including travel and practice operations.

She earned the Lyell Bremser Award from the Nebraska Football Hall of Fame in 2017.

Logsdon earned a bachelor's degree in education from Nebraska.

KEITH ZIMMER

SENIOR ASSOCIATE ATHLETIC DIRECTOR/LIFE SKILLS & N CLUB

In his 31st year serving Nebraska Athletics, Keith Zimmer leads Nebraska's Life Skills unit within the department. He also serves as the sports administrator for the swimming and diving team, as well as the men's and women's golf programs. He also oversees all components of Nebraska's Letterwinners N Club. Zimmer also supervises and directs the department's diversity and inclusion initiatives for student-athletes and staff within the Life Skills program. In addition, Zimmer works closely with the College of Business Administration coordinating efforts with the Masters in Intercollegiate Athletics Administration Program.

Zimmer, who started at Nebraska in 1987, carries 30 years of life skills and student services experience and provides support to all current Nebraska student-athletes in addition to offering ongoing support, guidance and programming to alumni student-athletes.

Components of the Husker Life Skills program include individual student-athlete meetings, major life skills events, the Husker Life Seminar, community outreach, service abroad opportunities, Post-Eligibility Opportunities (PEO), graduate school assistance and postgraduate scholarships. Zimmer and his staff also play a major role in the success of the annual student-athlete achievement event, "A Night at the Lied."

Zimmer, who worked in Nebraska's Academic and Support Services area from 1987 to 2006, while pioneering Nebraska's Life Skills program, is regarded as a national leader in the life skills area. He received one of the top honors in college athletics in September of 2006, when he was chosen for the Dr. Gene Hooks Award as the Life Skills Administrator of the Year. Zimmer has also served as an NCAA Life Skills trainer and is active with the National Consortium for Academics and Sport.

Zimmer oversees the Student-Athlete Advisory Committee and remains active in the Ventures In Partnership program, where student-athletes are integrated into various outreach initiatives with Lincoln Public Schools. Zimmer also pioneered the annual "School is Cool" Jam, which reached more than 100,000 middle-level students in the 12-year existence of the event.

He also has received the Chancellor's Award for Exemplary Service to Students and has been named an honorary member of both Golden Key National Honor Society and Mortar Board at UNL.

Zimmer earned his bachelor's degree from Wayne State College and his master's in education from Springfield (Mass.) College. Zimmer and his wife, Michelle, have two sons, Logan and Caden.

NEBRASKA BOARD OF REGENTS

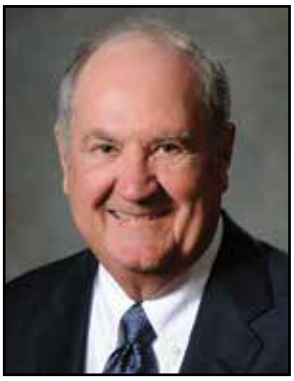
The Board of Regents consists of eight voting members elected by district for six-year terms, and four non-voting student Regents, one from each campus, who serve during their tenure as student body president. The board supervises the general operations of the university, and the control and direction of all expenditures. The board also includes a corporation secretary who manages all records including agendas, minutes, notices, policies and bylaws. Those documents can be found on the web at nebraska.edu/board/.

The board meets regularly, primarily in Lincoln but also in Omaha and greater Nebraska. Persons wishing to provide information to the board or to appear before it should contact: Corporation Secretary, University of Nebraska, Varner Hall, 3835 Holdrege, Lincoln, NE 68583.

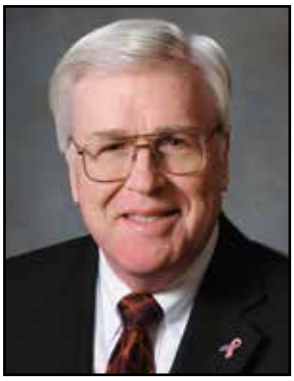
Hank Bounds, Ph.D
President, University of Nebraska

Timothy Clare
Lincoln

Hal Daub
Omaha



Howard Hawks
Omaha



Bob Phares
North Platte

Jim Pillen
Columbus

Robert Schafer
Beatrice

Paul Kenney
Amherst

Bob Whitehouse
Papillion

Carissa Lueck
Nebraska-Medical Center

Austin Partridge
Nebraska-Kearney

Joe Zach
Nebraska-Lincoln

Carlo Eby
Nebraska-Omaha

BIG TEN CONFERENCE

James E. Delany
Commissioner

Known as one of intercollegiate sports' most successful undertakings, the Big Ten is home to a lineage of legendary names and an ongoing tradition of developing strong leaders. Even in its infancy, the conference established itself as the preeminent collection of institutions in the nation, where the pursuit of academic excellence prevailed as the definitive goal.

The history of the Big Ten traces back 122 years to the Palmer House hotel in Chicago, where on Jan. 11, 1895, then-Purdue president James H. Smart and leaders from the universities of Chicago, Illinois, Michigan, Minnesota, Northwestern and Wisconsin set out to organize and develop principles for the regulation of intercollegiate athletics.

At that meeting, a blueprint for the administration of college athletics under the direction of appointed faculty representatives was outlined. The presidents' first known action "restricted eligibility for athletics to bonafide, full-time students who were not delinquent in their studies." That important legislation, along with other legislation that would follow in the coming years, served as the primary building block for intercollegiate athletics.

On Feb. 8, 1896, one faculty member from each of those seven universities met at the same Palmer House and officially established the mechanics of the conference, which was officially incorporated as the "Intercollegiate Conference Athletic Association" in 1905.

Indiana and Iowa became the eighth and ninth members in 1899. In 1908, Michigan briefly withdrew its membership, and in 1912 Ohio State joined the conference, bringing its membership total back to nine. Upon Michigan's return in 1917, the conference was first referred to as the "Big Ten" by media members, and that name was eventually incorporated in 1987.

As the 1900s opened, faculty representatives established rules for intercollegiate athletics that were novel for the time. As early as 1904, the faculty approved legislation that required eligible athletes to meet entrance requirements and to have completed a full year's work, along with having one year of residence.

In 1901, the first Big Ten Championship event was staged when the outdoor track and field championships were held at the University of Chicago. The debut event marked what is now a staple of conference competition. Today, the Big Ten sponsors 28 official sports, 14 for men and 14 for women, including the addition of men's ice hockey and men's and women's lacrosse the last three years. Big Ten schools compete in a total of 42 sports, furthering the conference's commitment to broad-based programming and providing more participation opportunities than any conference in the country.

One of the conference's proudest traditions began in 1902 when Michigan took on Stanford in the Rose Bowl, the nation's first bowl game. Big Ten teams only appeared in Pasadena twice before the conference signed an exclusive contract with the Tournament of Roses in 1946, making it the first bowl game with permanent conference affiliations. But Michigan's appearance in 1902 cultivated a relationship that has endured for more than a century.

Coupling the academic goals set forth by the conference leaders and their steadfast commitment to athletics, the conference instituted the Big Ten Medal of Honor in 1915. It is awarded annually by each conference institution to a student of the graduating class who has attained the greatest proficiency in scholarship and athletics. It is the most prestigious honor a student competing in Big Ten athletics can receive.

In 1922, Major John L. Griffith became the conference's first "Commissioner of Athletics." Griffith was the first of five men to assume the role of commissioner in the conference's history, followed by Kenneth L. "Tug" Wilson in 1945, Bill Reed in 1961, Wayne Duke in 1971 and current commissioner James E. Delany in 1 989.

After nearly 30 years with 10 members, the conference consolidated to nine schools when Chicago formally withdrew its membership in 1946. Michigan State was added to the Big Ten three years later, bringing the number of affiliated conference schools to 10 once again.

In 1955, the Big Ten formulated a revenue-sharing model designed to pool all football television rights of its members and share those proceeds equally. The conference and its members continue to utilize a revenue-sharing model, dividing media rights, bowl payouts and other profits among all conference institutions.

While academics have always played an integral role in the conference, presidents of the Big Ten member institutions formalized the primacy of academics with the establishment of the Big Ten Academic Alliance (formerly the Committee on Institutional Cooperation) in 1958. The Big Ten Academic Alliance is an academic consortium of all Big Ten universities. In 2014, the schools currently constituting the Big Ten Academic Alliance produced over $10 billion in funded research, $5 billion more than any other conference.

In one of Duke's first actions as commissioner, he oversaw the adoption of the Big Ten Advisory Commission in 1972, designed to study conference programs and make suggestions that would further Big Ten objectives. The Advisory Commission enlists former students that competed in Big Ten athletics to serve as liaisons to the NCAA's Diversity and Inclusion Department, the Big Ten Student-Athlete Advisory Commission and other organizations.

In 1981, the conference presidents and chancellors endorsed a proposal that enabled universities to affiliate their women's intercollegiate programs with the conference, and the first conference championships for women were staged that fall. The Big Ten was the first conference to voluntarily adopt male and female participation goals after launching its Gender Equity Action Plan in 1992.

In December of 1989, the conference agreed in principle to invite Penn State for membership. On June 4, 1990, the Council of Presidents officially voted to integrate Penn State into the conference, giving the Big Ten 11 members.

On June 11, 2010, the Big Ten Council of Presidents/Chancellors (COP/C) approved a formal membership application by Nebraska, which officially joined the Big Ten Conference on July 1, 2011.

The conference expanded to 14 programs when Maryland and Rutgers officially became Big Ten members on July 1, 2014, giving the conference almost 9,500 students participating in intercollegiate athletics and more than 11,000 participation opportunities on 350 teams.

On June 3, 2013, the Big Ten announced that Johns Hopkins had been accepted as the conference's first sport affiliate member. Johns Hopkins' addition in men's lacrosse gave the Big Ten six institutions sponsoring the sport, allowing the debut of men's lacrosse as an official conference sport. On June 17, 2015, the conference announced that Johns Hopkins was accepted as a sport affiliate member for women's lacrosse beginning in 2016-17. On March 23, 2016, the conference announced that Notre Dame will join the Big Ten for men's ice hockey beginning in 2017-18.

Since opening in the fall of 2013, the Big Ten Conference Center in Rosemont, Ill., has played host to more than 300 meetings annually for member institutions, Big Ten Academic Alliance-related committees and coaching groups. The headquarters also feature an interactive digital museum - the Big Ten Experience - which opened to the public on June 7, 2014. For more information on the Big Ten Experience, visit bigten.org.

In June 2014, the Big Ten opened a second office in New York City, featuring both office and meeting space in Midtown Manhattan. Three Big Ten staff members are based in the New York City office to provide expanded coverage and service. The conference manages 28 championships and tournaments, offers legislative and compliance services, oversees the production and distribution of nearly 1,400 events annually, provides staff services to coaching and administrative personnel and services media and fans interest for information on the Big Ten Conference.

More than 120 years after its inception, the Big Ten remains a national leader in intercollegiate athletics on and off the field. Big Ten programs have combined to win more than 450 team and 1,800 individual national championships, consistently taking home individual honors for athletic and academic accomplishments and fulfilling the Big Ten's mission of academic achievement and athletic success.

BIG TEN SWIMMING & DIVING CHAMPIONSHIPS

The 2018 Big Ten Championships will be held at the McCorkle Aquatic Pavillion on the Ohio State campus in Colombus, Ohio. Dedicated in 2005, the McCorkle Aquatic Pavillion serves as the home to Ohio State's men's and women's program while also providing recreational swimming on campus. The Big Ten Championships are scheduled to run Feb. 14-17, 2018.

BIG TEN ADMINISTRATION

Commissioner ..... James E. Delany
Deputy Commissioner, CFO/COO ..... Brad Traviola
Deputy Commissioner, Public Affairs ..... Diane Dietz
Senior Associate Commissioner, Television Administration ..... Mark D. Rudner
Associate Commissioner, Finance ..... Julie Suderman
Associate Commissioner, Football Operations ..... Scott Chipman
Associate Commissioner, Men's Basketball ..... Rick Boyages
Associate Commissioner, Policy ..... Chad Hawley
Associate Commissioner, Sports Administration ..... Wendy Fallen
Associate Commissioner, Technology ..... Mike McComiskey
Associate Commissioner, Branding ..... Robin Jentes
Associate Commissioner, Compliance ..... Gil Grimes
Assistant Commissioner, Basketball Operations ..... Jessica Palermo
Assistant Commissioner, Public Affairs ..... Kerry Kenny

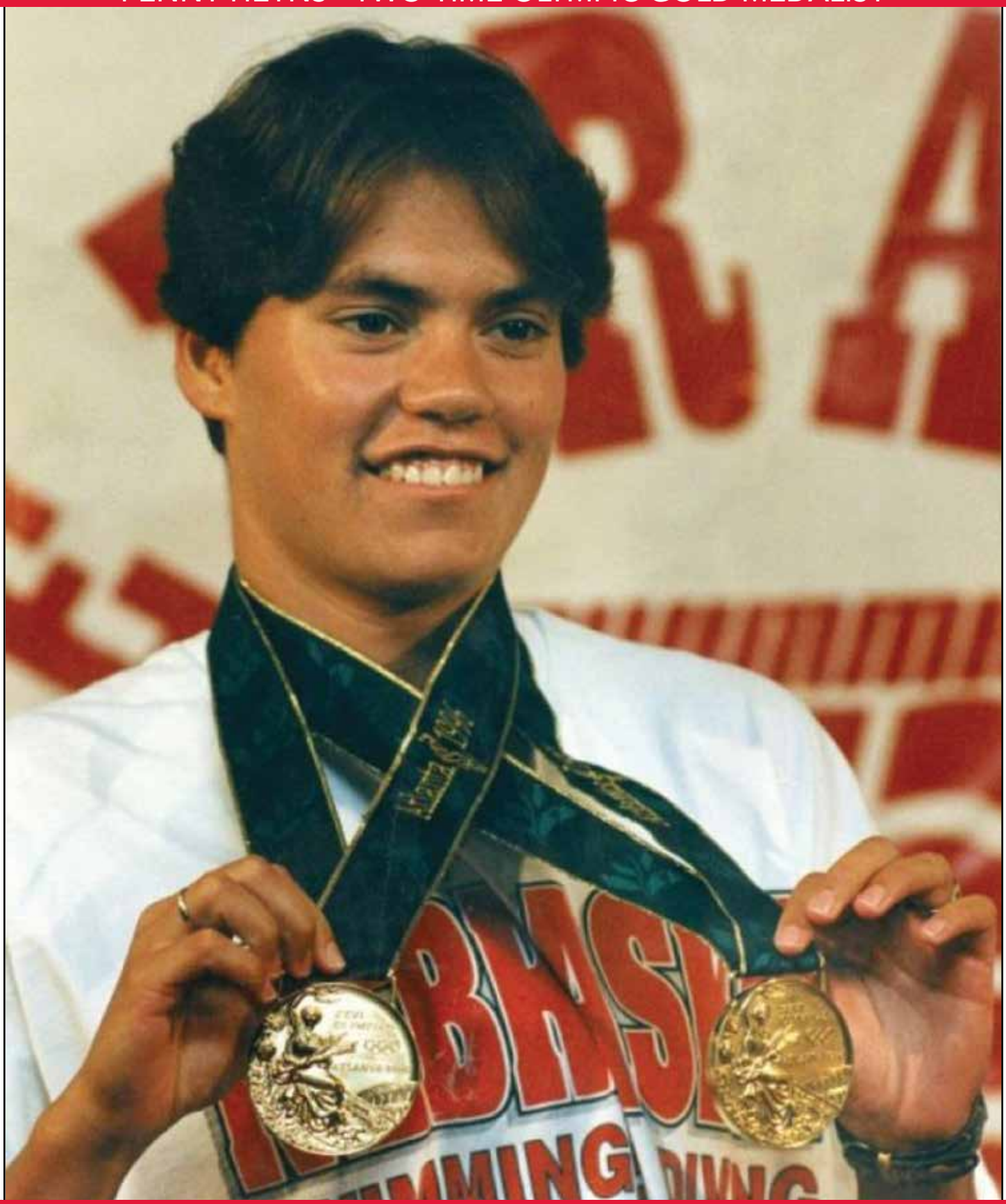
BIG TEN COMMUNICATIONS STAFF

Associate Commissioner - Communications ..... Jason Yellin
Director of Communications ..... Adam Augustine
Director of Communications ..... Brett McWethy
Associate Director of Communications ..... Chris Masters
Assistant Director of Communications ..... Megan Rowley
Robert Hammel Communications Intern ..... Shannon Malone

BIG TEN OFFICE

5440 Park Place
Rosemont, IL, 60018
Phone: (847) 696-1010
Fax: (847) 696-1150
www.bigten.org

PENNY HEYNS - TWO-TIME OLYMPIC GOLD MEDALIST



REVIEW & HISTORY

KNAPTON LEADS NU TO HIGHEST FINISH SINCE 2001

The Nebraska swimming and diving team produced its best NCAA Championships finish since 2001 while continuing to slash times across the board and raise diving scores during the 2016-17 season.

The Huskers produced their second consecutive top-40 team finish by closing the season 33rd at the 2017 NCAA Championships - its best NCAA Championships showing since 2001.

Abigail Knapton made history by becoming the first Nebraska freshman diver in history to capture NCAA All-America honors. The freshman from Omaha took fourth on the platform at the NCAA Championships in Indianapolis, after winning the NCAA Zone D Diving Championship in Columbia, Mo.

Knapton's performance marked Nebraska's best individual finish in any event at the NCAA Championships since 2000.

"She showed great poise and character under the glare of the championship spotlight," Nebraska Coach Pablo Morales said. "She's very competitive and has the ability to compete at a very high level. What a great first year, we are looking forward to watching the rest of her career."

Knapton also qualified for the NCAA Championships on the three-meter board, managing a 30th-place performance on that event. At the Big Ten Championships, she took ninth on three meter, 11th on one meter and 14th on the platform. She also set a school-record with her 609.10 on the three-meter board.

Senior All-American Anna Filipcic also made her fourth consecutive appearance at the NCAA Championships following her fifth-place finish in the one-meter diving event at the NCAA Zone D Diving Championships. Filipcic was slated to compete in both the one meter and the three meter, but was unable to finish due to an injury during warm-ups.

Despite her season-ending injury, Filipcic had an impressive final run with the Huskers. The 2016 honorable-mention All-American from Omaha captured 12 individual titles and 20 top-five finishes as a senior. Filipcic set a career best and school record in the one meter with her score of 608.10 in 2017. She owns the second-best score in the three meter in school history (608.25).

Filipcic had an outstanding career with the Huskers, finishing 10th in the one-meter diving competition at the 2016 NCAA Championships to become Nebraska's first All-American since Lauren Bailey in 2006. Filipcic finished with seven NCAA top-25 performances and 51 career victories.

"She proved she was not only an amazing diver, but an amazing person who has that type of resolve. Anna is probably the greatest diver that we've had at the University of Nebraska and her hard work and determination will leave a lasting impact on the program."

Anna Filipcic provided one of the many highlights for the Nebraska women's swimming and diving program with her runner-up finish on the three-meter dive at the 2017 Big Ten Championships. The senior from Omaha added a third-place finish on the one-meter board at the Big Ten meet.

Sophomore Katrina Voge showed promise in the diving well, totaling 14 top-five finishes. She set a personal best in the one-meter event with her score of 270.30 during the Illinois meet.

The diving corps had an impressive season as a whole, capturing the top three finishes in both the one-meter and three-meter events in every meet except Iowa State.

On the swimming front, the program saw substantial improvement with career bests and record-breaking performances.

Senior captain Erin Oeltjen earned 14 individual top-five finishes on the year and set the school record in an exhibition race in the 100-yard backstroke with a time of 54.20 against Omaha. She was also a part of the fourth-fasted 400-medley relay in school history during the season (3:39.56).

Oeljten also had an impressive run in the Big Ten Championships, smashing her own school record in the 100 back in the prelims (53.43). She was ranked 13th in the Big Ten in the 100-yard backstroke and 12th in the 200-yard backstroke, according to CollegeSwimming.com.

"Erin capped off a fairytale career coming on with our program. She came in kind of an untapped local talent, relatively inexperienced and to make the progress that she made to be a top-eight finalist at the Big Ten Championships was pretty amazing," Morales said. "She also got to swim in the Olympic Trials in Omaha. It was because of her hard work, her dedication, but mostly her investment in the program and the team."

Oeltjen and sophomore Dana Posthuma were selected to compete in the USA College Challenge in Indianapolis, Ind., in which standout athletes from

2016-17 NEBRASKA SCHEDULE/RESULTS

Final Record: 6-0

DATE	OPPONENT	LOCATION	RESULT
Sept. 23	**Scarlet-Cream Intrasquad**	**Devaney Natatorium**	**Cream, 63-49**
Oct. 1	**Alumni Meet**	**Devaney Natatorium**	**Huskers, 47-21**
Oct. 8	at Iowa State	Ames, Iowa	W, 195.5-101.5
Oct. 14	at South Dakota State	Brookings, S.D.	W, 212-88
Oct. 28	**Northern Iowa**	**Devaney Natatorium**	**W, 191-105**
Nov. 5	**Kansas**	**Devaney Natatorium**	**W, 198-101**
Nov. 12-13	USA College Challenge	Indianapolis, Ind.	No Team Score
Nov. 17-19	Mizzou Invitational (Diving)	Columbia, Mo.	No Team Score
Nov. 18-20	Kansas Classic (Swimming)	Topeka, Kan.	1st, 975
Dec. 2-3	Jean Freeman Invitational (Diving)	Minneapolis, Minn.	No Team Score
Jan. 14	**Omaha**	**Devaney Natatorium**	**W, 197-98**
Jan. 21	at Illinois	Champaign, Ill.	W, 169-131
Jan. 27-28	Shamrock Invitational	South Bend, Ind.	4th, 510.5
Feb. 15-18	Big Ten Championships	West Lafayette, Ind.	10th, 385
March 6-8	NCAA Zone Diving Meet	Columbia, Mo.	No Team Score
March 15-18	NCAA Championships	Indianapolis, Ind.	33rd, 15

the Big Ten Conference compete against the U.S. National Team.

In addition, Posthuma had an impressive season with nine first-place performances. She found career bests in the 100-yard (53.95) and 200-yard butterfly (1:58.16) at the Big Ten Championships, and another at the Kansas Classic in the 200-yard individual medley (2:03.04).

"She's had a wonderful first half of her Husker career," Morales said. "So far, she's performed very well. The things that she's doing in practice are really impressive and she continues to raise her level in training. We are expecting a lot of great things for her in the second half."

Kaylyn Flatt had a strong season for the Big Red with 15 top-five performances, including seven victories. The sophomore from Colorado showed her strengths in the 1,000-yard freestyle with her first-place finish against Omaha (10:10.80), a personal best. Flatt found another career best in the 1,650 during the season at the Big Ten Championships (16:39.10), landing her in 21st place.

Senior captain Julia Roller contributed 27 top-five finishes and eight wins between individual events and relays in her final season as a Husker. Roller posted two personal bests at the Big Ten Championships.

Jordan Ehly produced 12 top-five finishes for the Huskers, eight of which were victories. The junior had a personal best in the 100-yard breaststroke (1:02.34) at the Kansas Classic and another in the 200-yard breaststroke (2:13.38) at the 2017 Big Ten Championships.

The freshman class showed promise with multiple top-five finishes and career bests on the season.

Freshman standout Tori Beeler had a breakout season with the Huskers, producing 16 top-five finishes, including eight individual titles. Beeler posted two career bests at the Kansas Classic in the 200-yard breaststroke (2:15.13) and the 400-yard individual medley (4:19.95). She also clocked a career best at the Big Ten Championships in the 200-yard individual medley (2:01.12).

Abigail Greeneway produced six top-five finishes for the Big Red her first year. She set five career bests on the season, with three coming at the Big Ten Championships in the 500-yard freestyle (5:07.80), 200 free (1:54.14) and 100 free (53.77). She had a strong performance in Nebraska's dual victory over Northern Iowa, claiming three top-five finishes.

Shea Bougie, a freshman from Minnesota, ended her first year at Nebraska with nine top-five performances. She clocked seven career bests on the year, the most of any swimmer in the program. At the Big Ten Championships, Bougie produced career bests in the 200-yard butterfly (2:03.83) and the 200-yard individual medley (2:03.05). She had two career bests at the Kansas Classic in the 100-yard freestyle (57.75) and the 400-yard individual medley (4:26.56).

The Huskers celebrated the graduation of team captain Jullia Roller, who earned her degree in dietetics.

Outside of the pool, the swimming and diving program collected Nebraska's Herman GPA Award for the third consecutive year posting a cumulative team GPA of 3.578. It marked the top grade-point average among all women's teams at Nebraska.

The team also earned the No. 1 GPA in the Big Ten Conference for a swimming and diving program, ranking among the top Division I programs overall. The Huskers featured eight CSCAA Scholastic All-Americans on the season, including first-teamer Abigail Knapton.

The season ended with a collection of honors and awards after demonstrating excellence in competition, the classroom and in the community.

The Huskers also closed with an undefeated dual season, which began with a victory over Iowa State in Ames on Oct. 8. The Big Red added to the winning streak by reeling off an impressive road win over South Dakota State (195.5-101.5, Oct. 14), before cruising to a 212-88 win in Nebraska's home opener on Oct. 28. The Huskers followed with another home win over Kansas (198-101).

Following Posthuma and Oeltjen's performances at the USA College Challenge in Indianapolis (Nov. 12-13), the Huskers continued their winning ways with a victory at the Kansas Classic in Topeka, Nov. 18-20. Nebraska racked up 975 points to beat Kansas (958), Iowa State (520.5), Northern Iowa (404), Northern Arizona (353) and Arkansas-Little Rock (233.55) in the invitational format.

The Huskers notched dual wins against Omaha (197-98, Jan. 14) at the Devaney Natatorium and Illinois in Champaign (169-131, Jan. 21) to cap a perfect 6-0 dual season. It was Nebraska's first unbeaten dual season since 1997-98.

"It was great to go through the season undefeated. It just shows we did the job against whoever it was in front of us and that's important," Morales said. "The consistency of competing at a high level is what we look forward to."

Nebraska added another first in 2016-17 by earning a top-50 ranking from CollegeSwimming.com during the regular season. The Huskers, who were ranked as high as No. 45, claimed their first top-50 ranking since joining the Big Ten Conference in 2011-12.

The Huskers capped the year with 385 points at the 2017 Big Ten Championships to finish 10th among the 13 conference teams. The Big Ten showed its strength at the 2017 NCAA Championships, with 11 conference teams among the 49 that scored.

Nebraska's 15 points from Knapton's performance on platform gave the Huskers the ninth-best finish among Big Ten schools at the national meet.

"We're moving forward, the prognosis for the future is great," Morales said. "We lost a small but mighty senior class, and we've got a great class coming in."

2016-17 TOP PERFORMANCES

50-yard Freestyle Allie Worrall	2/16/17	23.29
100-yard Freestyle Julia Roller	2/18/17	50.05
200-yard Freestyle Kaylyn Flatt	2/17/17	1:47.94
500-yard Freestyle Kaylyn Flatt	2/15/17	4:50.26
1,000-yard Freestyle Kaylyn Flatt	1/14/17	10:10.80
1,650-yard Freestyle Kaylyn Flatt	2/18/17	16:39.10
100-yard Butterfly Erin Oeltjen	2/17/17	53.63
200-yard Butterfly Dana Posthuma	2/18/17	1:58.16
100-yard Backstroke Erin Oeltjen	2/17/17	53.43
200-yard Backstroke Erin Oeltjen	2/18/17	1:55.17
100-yard Breaststroke Tori Beeler	11/19/16	1:01.23
200-yard Breaststroke Jordan Ehly	2/18/17	2:13.38
200-yard Individual Medley Anna McDonald	2/16/17	2:00.24
400-yard Individual Medley Anna McDonald	2/17/17	4:18.41
One-Meter Dive Anna Filipcic	2/16/17	348.95
Three-Meter Dive Anna Filipcic	2/17/17	387.35
Platform Dive Abigail Knapton	12/2/16	318.70
200 Freestyle Relay Big Ten Championships	2/17/17	1:32.48
400 Freestyle Relay Big Ten Championships	2/18/17	3:20.79
800 Freestyle Relay Big Ten Championships	2/15/17	7:12.71
200 Medley Relay Big Ten Championships	2/15/17	1:40.24
400 Medley Relay Kansas Classic	11/18/16	3:39.56

Erin Oeltjen set the school record in the 100-yard backstroke (53.43) in her final season as a Husker. The senior from Omaha added a top-eight finish in the 200-yard backstroke at the 2017 Big Ten Championships.

2016-17 SEASON RESULTS

NEBRASKA AT IOWA STATE
Oct. 8, 2016 | Ames, Iowa
Nebraska def. Iowa State,195.5-101.5

Husker Victories

Tori Beeler	200 IM	2:05.51
Jordan Ehly	100 Breast	1:04.37
	200 Breast	2:15.86
	200 Free Relay	1:45.74
Anna Filipcic	One Meter Dive	315.08
	Three Meter Dive	328.88
Kaylyn Flatt	500 Free	5:03.48
	1,000 Free	10:18.73
Carla Gonzalez-Garcia	200 Free	1:54.40
	200 Free Relay	1:45.74
	400 Free Relay	3:31.81
Lindsay Helferich	100 Free	52.92
	400 Free Relay	3:31.81
Erin Oeltjen	100 Back	56.64
	200 Back	2:02.01
	200 Free Relay	1:45.74
	400 Free Relay	3:31.81
Dana Posthuma	100 Fly	56.72
	200 Fly	2:06.04
Allie Worrall	200 Free Relay	1:45.74
	400 Free Relay	3:31.81

NEBRASKA AT SOUTH DAKOTA STATE
Oct. 14, 2016 | Brookings, S.D.
Nebraska def. South Dakota State, 212-88

Husker Victories

Shea Bougie	200 Breast	2:29.45
Jordan Ehly	200 Medley Relay	1:47.01
Anna Filipcic	One Meter Dive	312.83
	Three Meter Dive	300.83
Kaylyn Flatt	200 Free	1:54.00
	400 Free Relay	3:32.93
Carla Gonzalez-Garcia	100 Free	53.39
	400 Free Relay	3:32.93
Samantha Hedrick	200 Medley Relay	1:47.01
Lindsay Helferich	100 Back	57.98
	200 Medley Relay	1:47.01
Morgan McCafferty	200 Back	2:07.56
Anna McDonald	1,000 Free	10:55.88
Erin Oeltjen	50 Free	24.52
	100 Fly	57.17
Dana Posthuma	200 IM	2:08.74
Julia Roller	200 Medley Relay	1:47.01
	400 Free Relay	3:32.93
Allie Worrall	400 Free Relay	3:32.93

NORTHERN IOWA AT NEBRASKA
Oct. 28, 2016 | Devaney Natatorium
Nebraska def. Northern Iowa, 191-105

Husker Victories

Tori Beeler	200 IM	2:05.51
	400 Medley Relay	3:49.13
Jordan Ehly	100 Breast	1:03.62
Anna Filipcic	One Meter Dive	322.05
	Three Meter Dive	356.48
Kaylyn Flatt	200 Free	1:52.79
	1,000 Free	10:32.62
Carla Gonzalez-Garcia	200 Free Relay	1:36.02
	400 Medley Relay	3:49.13
Lindsay Helferich	200 Free Relay	1:36.02
	400 Medley Relay	3:49.13
Erin Oeltjen	100 Back	56.28
100 Fly	56.57	
	200 Free Relay	1:36.02
	400 Medley Relay	3:49.13
Bridget Pacilio	400 IM	4:26.39
Dana Posthuma	200 Fly	2:05.85
Julia Roller	500 Free	5:11.88
Allie Worrall	100 Free	52.09
	200 Free Relay	1:36.02

KANSAS AT NEBRASKA
Nov. 5, 2016 | Devaney Natatorium
Nebraska def. Kansas, 198-101

Husker Victories

Tori Beeler	100 Breast	1:03.46
	200 Breast	2:17.79
	200 IM	2:05.27
	200 Medley Relay	1:43.82
Anna Filipcic	One Meter Dive	330.52
	Three Meter Dive	372.30
Kaylyn Flatt	500 Free	5:01.71
	400 Free Relay	3:28.92
Carla Gonzalez-Garcia	200 Medley Relay	1:43.82
Lindsay Helferich	400 Free Relay	3:28.92
Erin Oeltjen	100 Back	56.56
	200 Back	2:01.63
	200 Medley Relay	1:43.82
	400 Free Relay	3:28.92
Dana Posthuma	100 Fly	56.02
	200 Fly	2:02.28
Allie Worrall	50 Free	23.82
	100 Free	51.50
	200 Medley Relay	1:43.82
	400 Free Relay	3:28.92

KANSAS CLASSIC
Nov. 18-20 | Topeka, Kan.

Final Team Standings	**Points**
1. Nebraska	**975**
2. Kansas	958
3. Iowa State	520.5
4. Northern Iowa	404
5. Northern Arizona	353
6. Arkansas-Little Rock	233.5

Husker Victories

Tori Beeler	100 Breast	1:02.13
	200 Medley Relay	1:42.53
	400 Medley Relay	3:39.56
Cassandra Brassard	200 Medley Relay	1:42.53
Jordan Ehly	200 Breast	2:13.95
	400 IM	4:19.95
Lindsay Helferich	200 Medley Relay	1:42.53
Anna McDonald	200 IM	2:01.41
Erin Oeltjen	200 Back	1:56.96
	200 Medley Relay	1:42.53
	400 Medley Relay	3:39.56
Dana Posthuma	100 Fly	54.29
	200 Fly	1:59.50
	400 Medley Relay	3:39.56
Julia Roller	100 Free	50.92
Allie Worrall	400 Medley Relay	3:39.56

WALLY NAKAMOTO HAWAII INVITATIONAL
Jan. 5, 2017 | Honolulu, Hawaii

Husker Victories

Anna Filipcic	One Meter Dive	323.60
Abigail Knapton	Platform	278.95

OMAHA AT NEBRASKA
Jan. 14, 2017 | Devaney Natatorium
Nebraska def. Omaha, 197-98

Husker Victories

Tori Beeler	200 Breast	2:20.46
Jordan Ehly	100 Breast	1:03.53
	200 IM	2:05.31
Anna Filipcic	One Meter Dive	346.88
	Three Meter Dive	335.70
Kaylyn Flatt	1,000 Free	10:10.80
	200 Free Relay	1:38.43
Carla Gonzalez-Garcia	200 Free Relay	1:38.43
Samantha Hedrick	200 Free	1:55.30
	200 Free Relay	1:38.43
	200 Medley Relay	1:46.34
Lindsay Helferich	100 Back	57.26
Morgan McCafferty	200 Medley Relay	1:46.34
Anna McDonald	200 Back	2:02.78
Erin Oeltjen	100 Fly	56.16
Bridget Pacilio	500 Free	5:07.83
Julia Roller	50 Free	24.20
	100 Free	52.76
	200 Medley Relay	1:46.34
Savannah Savitt	200 Free Relay	1:38.43
Gwen Worlton	200 Medley Relay	1:46.34

NEBRASKA AT ILLINOIS
Jan. 21, 2017 | Champaign, Ill.
Nebraska def. Illinois, 169-131

Husker Victories

Tori Beeler	100 Breast	1:04.77
Jordan Ehly	200 Breast	2:18.13
Anna Filipcic	One Meter Dive	330.15
Abigail Knapton	Three Meter Dive	343.12
Erin Oeltjen	100 Back	56.42
	200 Back	1:59.95
Dana Posthuma	200 Fly	2:05.09
Allie Worrall	100 Free	52.69

2017 BIG TEN CHAMPIONSHIPS

Feb. 15-18, 2016 | West Lafayette, Ind.
Final Standings
1. Michigan (1287)
2. Indiana (1125)
3. Wisconsin (1101.5)
4. Minnesota (1086)
5. Ohio State (837)
6. Purdue (656)
7. Northwestern (687.5)
8. Penn State (453)
9. Rutgers (446)
10. Nebraska (385)
11. Iowa (357)
12. Illinois (197)
13. Michigan State (195.5)

Swimmer of the Meet: Lilly King, Indiana
Diver of the Meet: Yu Zhou, Minnesota
Freshman of the Year: Tevyn Waddell, Minnesota

Top Three Finishers
(1-8 championship finalists; 9-16 consolation finalists; 17-24 bonus finalists)

50 Freestyle

1.	Zhesi Li	Ohio State	21.48!
2.	Chase Kinney	Wisconsin	22.14
3.	Mary Warren	Northwestern	22.29
34.	**Allie Worrall**	**Nebraska**	**23.29**
43.	**Lindsay Helferich**	**Nebraska**	**23.45**
48.	**Julia Roller**	**Nebraska**	**23.54**
84.	**Gwen Worlton**	**Nebraska**	**24.22**

100 Freestyle

1.	Zhesi Li	Ohio State	47.50#
2.	Siobhan Haughey	Michigan	47.70
3.	Zoe Avestruz	Minnesota	48.37
22.	**Julia Roller**	**Nebraska**	**50.24**
28.	**Samantha Hedrick**	**Nebraska**	**50.31**
53.	**Allie Worrall**	**Nebraska**	**51.26**
72.	**Aimee Fischer**	**Nebraska**	**52.08**
86.	**Abigail Greeneway**	**Nebraska**	**53.77**

200 Freestyle

1.	Siobhan Haughey	Michigan	1:42.49!
2.	Cierra Runge	Wisconsin	1:43.78
3.	Gabrielle Deloof	Michigan	1:44.22
21.	**Kaylyn Flatt**	**Nebraska**	**1:48.69**
28.	**Julia Roller**	**Nebraska**	**1:48.69**
33.	**Samantha Hedrick**	**Nebraska**	**1:49.05**
50.	**Cassandra Brassard**	**Nebraska**	**1:50.19**
52.	**Carla Gonzalez-Garcia**	**Nebraska**	**1:50.60**
55.	**Allie Worrall**	**Nebraska**	**1:50.78**
64.	**Savannah Savitt**	**Nebraska**	**1:51.79**
73.	**Olivia Appleget**	**Nebraska**	**1:54.05**
76.	**Abigail Greeneway**	**Nebraska**	**1:54.14**

500 Freestyle

1.	G Ryan	Michigan	4:34.40@
2.	Cierra Runge	Wisconsin	4:37.38
3.	Kaersten Meitz	Purdue	4:37.45
34.	**Kaylyn Flatt**	**Nebraska**	**4:50.26**
59.	**Savannah Savitt**	**Nebraska**	**4:58.79**
60.	**Aimee Fischer**	**Nebraska**	**4:58.92**
73.	**Abigail Greeneway**	**Nebraska**	**5:07.80**

1,650 Freestyle

1.	G Ryan	Michigan	15:44.93#
2.	Cierra Runge	Wisconsin	15:51.72
3.	Danielle Valley	Wisconsin	15:53.16
21.	**Kaylyn Flatt**	**Nebraska**	**16:39.10**

100 Backstroke

1.	Tevyn Waddell	Minnesota	52.09
2.	Clara Smiddy	Michigan	52.11
3.	Elizabeth Nelson	Wisconsin	52.18
15.	**Erin Oeltjen**	**Nebraska**	**54.23**
19.	**Cassandra Brassard**	**Nebraska**	**54.43**
32.	**Jacqueline Jeschke**	**Nebraska**	**55.07**
33.	**Morgan McCafferty**	**Nebraska**	**55.08**
35.	**Lindsay Helferich**	**Nebraska**	**55.15**
50.	**Carla Gonzalez-Garcia**	**Nebraska**	**56.16**
53.	**Lindsey Stalheim**	**Nebraska**	**56.41**

200 Backstroke

1.	Kennedy Goss	Indiana	1:52.02
2.	Elizabeth Nelson	Wisconsin	1:52.31
3.	Clara Smiddy	Michigan	1:52.43
8.	**Erin Oeltjen**	**Nebraska**	**1:56.31**
19.	**Anna McDonald**	**Nebraska**	**1:57.21**
23.	**Jacqueline Jeschke**	**Nebraska**	**1:58.12**
27.	**Lindsay Helferich**	**Nebraska**	**1:58.39**
35.	**Cassandra Brassard**	**Nebraska**	**1:59.60**
42.	**Morgan McCafferty**	**Nebraska**	**2:00.45**
48.	**Lindsey Stalheim**	**Nebraska**	**2:02.01**
49.	**Carla Gonzalez-Garcia**	**Nebraska**	**2:02.20**

100 Breaststroke

1.	Lilly King	Indiana	56.30!
2.	Lindsey Horejsi	Minnesota	58.90
3.	Kierra Smith	Minnesota	58.95
31.	**Jordan Ehly**	**Nebraska**	**1:02.79**
37.	**Gwen Worlton**	**Nebraska**	**1:03.06**
38.	**Tori Beeler**	**Nebraska**	**1:03.13**

200 Breaststroke

1.	Kierra Smith	Minnesota	2:06.81#
2.	Lilly King	Indiana	2:07.67
3.	Taylor Vargo	Ohio State	2:08.56
19.	**Jordan Ehly**	**Nebraska**	**2:13.38**
26.	**Tori Beeler**	**Nebraska**	**2:15.50**
31.	**Bridget Pacilio**	**Nebraska**	**2:17.37**
39.	**Gwen Worlton**	**Nebraska**	**2:18.93**
43.	**Savannah Savitt**	**Nebraska**	**2:19.62**

100 Butterfly

1.	Gia Dalesandro	Indiana	50.45!
2.	Zhesi Li	Ohio State	50.90
3.	Vanessa Krause	Michigan	52.22
18.	**Erin Oeltjen**	**Nebraska**	**53.63**
20.	**Dana Posthuma**	**Nebraska**	**53.95**
27.	**Samantha Hedrick**	**Nebraska**	**54.48**
68.	**Olivia Appleget**	**Nebraska**	**58.03**
69.	**Lindsey Stalheim**	**Nebraska**	**58.19**

200 Butterfly

1.	Gia Dalesandro	Indiana	1:54.77
2.	Danielle Nack	Minnesota	1:56.55
3.	Dana Grindall	Wisconsin	1:56.60
17.	**Dana Posthuma**	**Nebraska**	**1:58.16**
38.	**Jacqueline Jeschke**	**Nebraska**	**2:03.18**
39.	**Shea Bougie**	**Nebraska**	**2:03.83**
49.	**Olivia Appleget**	**Nebraska**	**2:08.69**

200 IM

1.	Lilly King	Indiana	1:55.90
2.	Clara Smiddy	Michigan	1:56.15
3.	Meg Bailey	Ohio State	1:57.75
21.	**Anna McDonald**	**Nebraska**	**2:00.36**
26.	**Tori Beeler**	**Nebraska**	**2:01.12**
28.	**Morgan McCafferty**	**Nebraska**	**2:01.21**
35.	**Shea Bougie**	**Nebraska**	**2:03.05**
39.	**Dana Posthuma**	**Nebraska**	**2:03.40**
41.	**Jordan Ehly**	**Nebraska**	**2:03.48**
42.	**Bridget Pacilio**	**Nebraska**	**2:03.53**

400 IM

1.	Lindsey Clary	Ohio State	4:04.63
2.	Allyson McHugh	Penn State	4:06.27
3.	Danielle Valley	Wisconsin	4:08.33
21.	**Anna McDonald**	**Nebraska**	**4:18.90**
26.	**Shea Bougie**	**Nebraska**	**4:21.33**
27.	**Bridget Pacilio**	**Nebraska**	**4:21.37**
33.	**Aimee Fischer**	**Nebraska**	**4:24.19**

One-Meter Dive

1.	Yu Zhou	Minnesota	362.65
2.	Olivia Rosandahl	Northwestern	354.55
3.	**Anna Filipcic**	**Nebraska**	**348.95**
11.	**Abigail Knapton**	**Nebraska**	**285.60**
43.	**Katrina Voge**	**Nebraska**	**192.20**

Three-Meter Dive

1.	Yu Zhou	Minnesota	413.65
2.	**Anna Filipcic**	**Nebraska**	**387.35**
3.	Sarah Bacon	Minnesota	384.30
9.	**Abigail Knapton**	**Nebraska**	**337.35**
21.	**Katrina Voge**	**Nebraska**	**270.50**

Platform Dive

1.	Jessica Parratto	Indiana	378.60
2.	Olivia Rosendahl	Northwestern	368.05
3.	Yu Zhou	Minnesota	362.25
14.	**Abigail Knapton**	**Nebraska**	**257.50**
17.	**Katrina Voge**	**Nebraska**	**227.35**

200 Free Relay

1.	Wisconsin	1:27.90
2.	Ohio State	1:27.99
3.	Michigan	1:28.37
10.	**Nebraska**	**1:32.48**
	Helferich, Roller, Oeltjen, Worrall	

400 Free Relay

1.	Wisconsin	3:13.33
2.	Michigan	3:13.59
3.	Minnesota	3:15.91
11.	**Nebraska**	**3:20.79**
	Helferich, Hedrick, Oeltjen, Roller	

800 Free Relay

1.	Penn State	7:09.40
2.	Purdue	7:09.75
3.	Illinois	7:12.50
10.	**Nebraska**	**7:12.71**
	Flatt, Brassard, Hedrick, Roller	

200 Medley Relay

1.	Minnesota	1:35.55
2.	Indiana	1:35.74
3.	Wisconsin	1:36.41
9.	**Nebraska**	**1:40.24**
	Brassard, Beeler, Oeltjen, Worrall	

400 Medley Relay

1.	Indiana	3:28.89
2.	Minnesota	3:30.70
3.	Michigan	3:31.60
10.	**Nebraska**	**3:40.07**
	Oeltjen, Beeler, Posthuma, Worrall	

NCAA ZONE D DIVING

March 6-8, 2017 | Columbia, Mo.

Husker Participants

1.	Abigail Knapton	Platform Dive	553.00
5.	Anna Filipcic	One-Meter Dive	608.10
11.	Abigail Knapton	Three-Meter Dive	609.90
12.	Anna Filipcic	Three-Meter Dive	608.25
18.	Katrina Voge	Platform Dive	208.15
20.	Katrina Voge	Three-Meter Dive	277.25
25.	Abigail Knapton	One-Meter Dive	253.85
32.	Katrina Voge	One-Meter Dive	240.80

NCAA CHAMPIONSHIPS

March 15-18, 2017 | Indianapolis, Ind.
Nebraska - 33rd (15 points)

Husker Participants

4.	Abigail Knapton	Platform	297.30
10.	Anna Filipcic	One-Meter Dive	287.40
30.	Abigail Knapton	Three-Meter Dive	281.90

2016-17 NEBRASKA PERFORMANCE LIST

50-yard Freestyle

1. Allie Worrall	Big Ten Championships, 2/16/17	23.29
2. Lindsay Helferich	Big Ten Championships, 2/16/17	23.45
3. Erin Oeltjen	Kansas Classic, 11/18/16	23.46
4. Julia Roller	Big Ten Championships, 2/16/17	23.54
5. Aimee Fischer	Kansas Classic, 11/18/16	24.10

100-yard Freestyle

1. Julia Roller	Big Ten Championships, 2/18/17	50.05
2. Samantha Hedrick	Big Ten Championships, 2/18/17	50.31
3. Allie Worrall	Big Ten Championships, 2/18/17	51.26
4. Aimee Fischer	Big Ten Championships, 2/18/17	52.08
5. Lindsay Helferich	Kansas Classic, 11/20/16	52.14

200-yard Freestyle

1. Kaylyn Flatt	Big Ten Championships, 2/17/17	1:47.94
2. Julia Roller	Big Ten Championships, 2/17/17	1:48.69
3. Samantha Hedrick	Big Ten Championships, 2/17/17	1:49.05
4. Cassandra Brassard	Big Ten Championships, 2/17/17	1:50.19
5. Carla Gonzalez-Garcia	Big Ten Championships, 2/17/17	1:50.60

500-yard Freestyle

1. Kaylyn Flatt	Big Ten Championships, 2/15/17	4:50.26
2. Julia Roller	Big Ten Championships, 2/18/16	4:55.39
3. Cassandra Brassard	Kansas Classic, 11/18/16	4:57.25
4. Savannah Savitt	Big Ten Championships, 2/15/17	4:58.73
5. Aimee Fischer	Big Ten Championships, 2/15/17	4:58.92

1,000-yard Freestyle

1. Kaylyn Flatt	Omaha, 1/14/17	10:10.80
2. Bridget Pacilio	Illinois, 1/21/17	10:29.71
3. Anna McDonald	South Dakota State, 10/14/16	10:55.88
4. Abigail Greeneway	Northern Iowa, 10/28/16	10:57.08
5. Aimee Fischer	Illinois, 1/21/17	10:58.71

1,650-yard Freestyle

1. Kaylyn Flatt	Big Ten Championships, 2/18/17	16:39.10
2. Aimee Fischer	Kansas Classic, 11/19/16	16:47.23

100-yard Backstroke

1. Erin Oeltjen	Big Ten Championships, 2/17/17	53.43
2. Cassandra Brassard	Big Ten Championships, 2/17/17	54.43
3. Jacqueline Jeschke	Big Ten Championships, 2/17/17	55.07
4. Morgan McCafferty	Big Ten Championships, 2/17/17	55.08
5. Lindsay Helferich	Big Ten Championships, 2/17/17	55.15

200-yard Backstroke

1. Erin Oeltjen	Big Ten Championships, 2/18/17	1:55.17
2. Anna McDonald	Big Ten Championships, 2/18/17	1:57.21
3. Jacqueline Jeschke	Big Ten Championships, 2/18/17	1:57.22
4. Lindsay Helferich	Big Ten Championships, 2/18/17	1:58.39
5. Cassandra Brassard	Big Ten Championships, 2/18/17	1:59.60

100-yard Breaststroke

1. Tori Beeler	Kansas Classic, 11/19/16	1:01.23
2. Jordan Ehly	Kansas Classic, 11/19/16	1:02.34
3. Gwen Worlton	Big Ten Championships, 2/17/17	1:03.06
4. Bridget Pacilio	Kansas Classic, 11/19/16	1:06.22
5. Savannah Savitt	Kansas, 11/5/16	1:07.33

200-yard Breaststroke

1. Jordan Ehly	Big Ten Championships, 2/18/17	2:13.38
2. Tori Beeler	Kansas Classic, 11/20/16	2:15.13
3. Bridget Pacilio	Big Ten Championships, 2/18/17	2:17.37
4. Allie Worrall	Kansas Classic, 11/20/16	2:17.80
5. Gwen Worlton	Big Ten Championships, 2/18/17	2:18.93

100-yard Butterfly

1. Erin Oeltjen	Big Ten Championships, 2/17/17	53.63
2. Dana Posthuma	Big Ten Championships, 2/17/17	53.95
3. Samantha Hedrick	Big Ten Championships, 2/17/17	54.48
4. Morgan McCafferty	Kansas Classic, 11/19/17	56.09
5. Allie Worrall	Kansas Classic, 11/19/17	57.19

200-yard Butterfly

1. Dana Posthuma	Big Ten Championships, 2/18/17	1:58.16
2. Jacqueline Jeschke	Big Ten Championships, 2/18/17	2:03.18
3. Shea Bougie	Big Ten Championships, 2/18/17	2:03.83
4. Olivia Appleget	Big Ten Championships, 2/18/17	2:08.69
5. Lindsey Stalheim	Kansas Classic, 11/20/16	2:09.51

200-yard Individual Medley

1. Anna McDonald	Big Ten Championships, 2/16/17	2:00.24
2. Tori Beeler	Big Ten Championships, 2/16/17	2:01.12
3. Morgan McCafferty	Big Ten Championships, 2/16/17	2:01.21
4. Dana Posthuma	Kansas Classic, 11/18/16	2:03.04
5. Shea Bougie	Big Ten Championships, 2/16/17	2:03.05

400-yard Individual Medley

1. Anna McDonald	Big Ten Championships, 2/17/17	4:18.41
2. Jordan Ehly	Kansas Classic, 11/19/17	4:19.95
2. Tori Beeler	Kansas Classic, 11/19/17	4:19.95
3. Bridget Pacilio	Big Ten Championships, 2/17/17	4:21.37
4. Aimee Fischer	Big Ten Championships, 2/17/17	4:24.19

One-Meter Dive

1. Anna Filipcic	Big Ten Championships, 2/16/17	348.95
2. Abigail Knapton	Illinois, 1/21/17	294.98
3. Katrina Voge	Illinois, 1/21/17	270.30

Three-Meter Dive

1. Anna Filipcic	Big Ten Championships, 2/17/17	387.35
2. Abigail Knapton	Illinois, 1/21/17	343.12
3. Katrina Voge	Omaha, 1/14/17	283.35

Platform Dive

1. Abigail Knapton	Jean Freeman Invite, 12/2/16	318.70
2. Katrina Voge	Big Ten Championships, 2/18/17	227.35

200-yard Freestyle Relay

Big Ten Championships	2/17/17	1:32.48

400-yard Freestyle Relay

Big Ten Championships	2/18/17	3:20.79

800-yard Freestyle Relay

Big Ten Championships	2/15/17	7:12.71

200-yard Medley Relay

Big Ten Championships	2/15/17	1:40.24

400-yard Medley Relay

Kansas Classic	11/18/17	3:39.56

NEBRASKA'S ALL-TIME TOP FIVE

50-yard Freestyle

Taryn Collura	22.42	2013
Therese Alshammar	22.58	1999
Ariel Weech	22.81	2013
Beth Karaica	22.85	2001
Melanie Dodd	22.88	1993

100-yard Freestyle

Therese Alshammar	48.76	1999
Taryn Collura	48.87	2016
Ariel Weech	49.13	2013
Helene Muller	49.21	1998
Melanie Dodd	49.60	1993

200-yard Freestyle

Helene Muller	1:45.61	2000
Shandra Johnson	1:46.53	1998
Anna Windsor	1:47.58	1998
Melanie Dodd	1:47.85	1995
Kaylyn Flatt	1:47.94	2017

500-yard Freestyle

Shandra Johnson	4:43.48	1998
Katt Sickle	4:46.52	2016
Lauren Bailey	4:46.96	2006
Bailey Pons	4:47.34	2014
Kate Wheeler	4:47.49	2006

1,000-yard Freestyle

Lauren Bailey	9:50.78	2007
Michelle Butcher	9:55.00	1990
Bailey Pons	9:59.20	2014
Kaylyn Flatt	10:01.01	2017
Shandra Johnson	10:04.65	1998

1,650-yard Freestyle

Lauren Bailey	16:14.36	2007
Michelle Butcher	16:25.99	1990
Bailey Pons	16:27.53	2014
Jackie Lobdell	16:32.96	2001
Kate Wheeler	16:33.18	2006
Kaylyn Flatt	16:39.10	2017

100-yard Backstroke

Erin Oeltjen	53.43	2017
Hayley Martin	53.81	2013
Rebekah Land	54.32	2015
Cassandra Brassarda	54.43	2017
Ellan Dufour	54.61	2013

200-yard Backstroke

Erin Oeltjen	1:55.17	2017
Anna McDonald	1:57.21	2017
Jacqueline Jeschke	1:57.22	2017
Ellan Dufour	1:57.23	2013
Jane Glazebrook	1:57.99	1995

100-yard Breaststroke

Penny Heyns	1:00.18	1996
Julia Russell	1:00.67	1997
Kaitlin Arntz	1:00.98	2010
Tori Beeler	1:01.23	2017
Terrie Miller	1:01.69	1997

200-yard Breaststroke

Penny Heyns	2:08.90	1996
Julia Russell	2:10.25	1997
Elvira Fischer	2:11.27	2001
Kaitlin Arntz	2:12.01	2010
Lenka Manhalova	2:12.18	1997

The only six-time female swimmer in Olympic history, Therese Alshammar holds the Nebraska record in the 100-yard free. She swam in her first Olympics for Sweden in 1996, and made her most recent appearance in Rio in 2016.

100-yard Butterfly

Taryn Collura	53.21	2016
Shannon Guy	53.23	2013
Erin Oeltjen	53.63	2017
Dana Posthuma	53.95	2017
Bria Deveaux	53.96	2016

200-yard Butterfly

Rebecca Wolfe	1:57.94	2001
Dana Posthuma	1:58.16	2017
Julia Roller	1:58.54	2015
Destiny Lauren	1:59.02	1995
Mariah Hutchinson	1:59.27	2009

200-yard Individual Medley

Julia Russell	1:59.13	1997
Samantha Hardewig	2:00.03	2015
Anna McDonald	2:00.24	2017
Kaitlin Arntz	2:00.39	2010
Tori Beeler	2:01.12	2017

400-yard Individual Medley

Emma Johnson	4:12.83	1999
Sasha Pine	4:16.68	1999
Lauren Bailey	4:17.30	2007
Anna McDonald	4:18.41	2017
Laura Simon	4:19.15	1997

One-Meter Dive

Anna Filipcic	608.10	2017
Amy Aarsen	464.75	1988
Julie May	454.35	1989
Wendy Lucero	449.94	1983
Heidi Hecker	440.15	1985

Three-Meter Dive

Abigail Knapton	609.90	2017
Anna Filipcic	608.25	2017
Amy Aarsen	562.85	1991
Julie Grimmer	536.50	1995
T.D. Rowe	523.25	1996

200-yard Freestyle Relay

Martin, Collura, Guy, Weech	1:30.11	2013
Collura, Oeltjen Deveaux, Bilunas	1:30.92	2015
Muller, Karaica, Windsor, Alshammar	1:31.06	1998
Collura, Bilunas, Deveaux, Oeltjen	1:31.41	2016
Collura, Guy, Land, Bilunas	1:31.48	2014

400-yard Freestyle Relay

Martin, Collura, Guy, Weech	3:18.10	2013
Muller, Karaica, Windsor, Alshammar	3:18.46	1998
Muller, S. Johnson, Sedlacek, Alshammar	3:19.05	1999
Hutchinson, Andrews, Toler, Stroud	3:20.13	2009
Windsor, Karaica, Sedlacek, Muller	3:20.19	1997

800-yard Freestyle Relay

Windsor, Muller, Alshammar, S. Johnson	7:10.89	1998
Johnson, Muller, Pine, Highstrom	7:12.20	2000
Sickle, Brassard, Collura, Deveaux	7:12.50	2016
Flatt, Brassard, Hedrick, Roller	7:12.71	2017
Sickle, Brassard, Dunn, Morris	7:14.87	2015

200-yard Medley Relay

Martin, Guy, Collura, Weech	1:39.13	2013
Juffer, Deveaux, Guy, Collura	1:40.07	2014
Brassard, Beeler, Oeltjen, Worrall	1:40.24	2017
Juffer, Ehly Oeltjen, Collura	1:40.54	2015
Dufour, Guy, Grushecky, Weech	1:41.08	2011

400-yard Medley Relay

Land, Hardewig, Deveaux, Collura	3:38.82	2015
McCafferty, Ehly, Deveaux, Collura	3:39.10	2016
Martin, Reiter, Guy, Weech	3:39.36	2013
Oeltjen, Beeler, Posthuma, Worrall	3:39.56	2017
Glazebrook, Heyns, Lauren, Dodd	3:40.65	1995

SWIMMING & DIVING RECORDS

Event	Nebraska	Devaney Center	Big Ten	Big Ten Meet	NCAA	American	U.S. Open
50-yard Freestyle	22.42 Taryn Collura 2013	22.17 Tammy Thomas Kansas, 1983	21.48 Zhesi Li Ohio State, 2017	21.48 Zhesi Li Ohio State, 2017	21.17 Simone Manuel Stanford, 2017	21.12 Abbey Weitzell Canyons Aquatic, 2016	21.12 Abbey Weitzell Canyons Aquatic, 2016
100-yard Freestyle	48.76 Therese Alshammar 1999	48.40 Tammy Thomas Kansas, 1983	47.24 Ivy Martin Wisconsin, 2015	47.71 Siobhan Haughey Michigan, 2016	45.56 Simone Manuel Stanford, 2017	46.09 Simone Manuel Stanford, 2015	46.09 Simone Manuel Stanford, 2015
200-yard Freestyle	1:46.53 Shandra Johnson 1998	1:46.35 Sue Habernigg USC, 1983	1:42.49 Siobhan Haughey Michigan, 2017	1:42.49 Siobhan Haughey Michigan, 2017	1:39.10 Missy Franklin California, 2015	1:39.10 Missy Franklin California, 2015	1:39.10 Missy Franklin California, 2015
500-yard Freestyle	4:43.48 Shandra Johnson 1998	4:39.95 Marybeth Linzmeir Stanford, 1983	4:34.28 Gillian Ryan Michigan, 2016	4:34.40 Gillian Ryan Michigan, 2017	4:24.06 Katie Ladecky Stanford, 2017	4:24.06 Katie Ladecky Stanford, 2017	4:24.06 Katie Ladecky Stanford, 2017
1,650-yard Freestyle	16:14.36 Lauren Bailey 2006	16:03.76 Marybeth Linzmeir Stanford, 1983	15:44.45 Lindsay Vrooman Indiana, 2014	15:49.98 Lindsey Clary Ohio State, 2016	15:03.92 Katie Ladecky Stanford, 2016	15:13.30 Katie Ledecky Nation's Capital, 2014	15:13.30 Katie Ledecky Nation's Capital, 2014
100-yard Backstroke	53.43 Erin Oeltjen 2017	54.20 Erin Oeltjen 2017	51.05 Brooklynn Snodgrass Indiana, 2014	51.51 Brooklynn Snodgrass Indiana, 2015	49.97 Natalie Coughlin California, 2002	49.97 Natalie Coughlin California, 2002	49.97 Natalie Coughlin California, 2002
200-yard Backstroke	1:55.17 Erin Oeltjen 2017	1:57.45 Janie Wagstaff K.C. Blazers (Club), 1991	1:49.92 Kate Fesenko Indiana, 2010	1:50.60 Brooklynn Snodgrass Indiana, 2015	1:47.84 Elizabeth Pelton California, 2013	1:47.84 Elizabeth Pelton California, 2013	1:47.84 Elizabeth Pelton California, 2013
100-yard Breaststroke	1:00.18 Penny Heyns 1996	1:01.64 Penny Heyns Nebraska, 1996	56.30 Lilly King Indiana, 2017	56.30 Lilly King Indiana, 2017	56.30 Lilly King Indiana, 2017	56.30 Lilly King Indiana, 2017	56.30 Lilly King Indiana, 2017
200-yard Breaststroke	2:08.90 Penny Heyns 1996	2:13.35 Jeanne Childs Hawaii, 1983	2:05.58 Lilly King Indiana, 2016	2:05.58 Lilly King Indiana, 2016	2:03.59 Lilly King Indiana, 2016	2:03.59 Lilly King Indiana, 2016	2:03.59 Lilly King Indiana, 2016
100-yard Butterfly	53.21 Taryn Collura 2016	53.54 Jill Sterkel Texas, 1983	50.45 Gia Dalesandro Indiana, 2017	50.45 Gia Dalesandro Indiana, 2017	49.43 Kelsi Worrell Louisville, 2016	49.43 Kelsi Worrell Louisville, 2016	49.43 Kelsi Worrell Louisville, 2016
200-yard Butterfly	1:57.94 Rebecca Wolfe 2001	1:56.71 Mary T. Meagher California, 1983	1:53.95 Gia Dalesandro Indiana, 2014	1:53.95 Gia Dalesandro Indiana, 2014	1:49.92 Elaine Breeden Stanford, 2009	1:49.92 Elaine Breeden Stanford, 2009	1:49.92 Elaine Breeden Stanford, 2009
200-yard IM	1:59.13 Julia Russell 1997	2:00.34 Tracy Caulkins Florida, 1983	1:54.97 Siobhan Haughey Michigan, 2016	1:54.97 Siobhan Haughey Michigan, 2016	1:51.65 Ella Eastin Stanford, 2016	1:51.65 Ella Eastin Stanford, 2016	1:51.65 Ella Eastin Stanford, 2016
400-yard IM	4:12.83 Emma Johnson 1999	4:15.24 Tracy Caulkins Florida, 1983	4:01.41 Alyssa Vavra Indiana, 2012	4:01.41 Alyssa Vavra Indiana, 2012	3:56.54 Katinka Hosszu USC, 2012	3:57.57 Ella Eastin Stanford, 2017	3:56.54 Katinka Hosszu USC, 2012
200-yard Freestyle Relay	1:30.11 Martin, Collura, Guy, Weech 2013	1:31.66 Stanford 1983	1:27.70 Wisconsin 2015	1:27.70 Wisconsin 2015	1:25.59 California 2017	1:25.59 California 2017	1:25.59 California 2017
400-yard Freestyle Relay	3:18.10 Martin, Collura, Guy, Weech 2013	3:24.34 Texas 1983	3:12.96 Wisconsin 2015	3:12.96 Wisconsin 2015	3:08.54 Stanford 2015	3:08.54 Stanford 2015	3:08.54 Stanford 2015
800-yard Freestyle Relay	7:10.89 Windsor, Muller, Alshammar, Johnson 1998	7:16.50 Stanford 1983	6:55.34 Michigan 2017	6:55.34 Michigan 2017	6:45.91 Stanford 2017	6:49.42 Stanford 2017	6:49.42 Stanford 2017
200-yard Medley Relay	1:39.13 Martin, Guy, Collura, Weech 2013	1:42.90 Arkansas 2015	1:35.55 Minnesota 2017	1:35.55 Minnesota 2017	1:34.15 Stanford 2016	1:34.24 California 2012	1:34.24 California 2012
400-yard Medley Relay	3:38.82 Land, Hardewig, Deveaux, Collura 2015	3:43.00 Florida 1983	3:28.89 Indiana 2017	3:28.89 Indiana 2017	3:26.14 Stanford 2016	3:26.25 Stanford 2016	3:26.25 Stanford 2016
One-Meter Dive	608.10 Anna Filipcic 2017	346.88 Anna Filipcic, Nebraska 2017	375.70 (6 Dives) Christina Loukas Indiana, 2008	370.30 (6 Dives) Kelci Bryant Minnesota, 2011			
Three-Meter Dive	609.90 Abigail Knapton 2017	372.30 Anna Filipcic, Nebraska 2017	437.75 (6 Dives) Christina Loukas Indiana, 2009	421.70 (6 Dives) Kelci Bryant Minnesota, 2011			***Key*** ***r- relay leadoff split*** ***p- time in prelims***

NEBRASKA'S ALL-TIME LETTERWINNERS

Jordan Ehly earned her third letter for the Huskers in 2017. The senior from Las Cruces, N.M., is one of three all-time Nebraska swimming and diving letterwinners from the state of New Mexico.

A

Aarsen, Amy (Wichita, Kan.) 1988-89-90-91
Agee, Cindy (Omaha, Neb.) 1977-78-79-80
Ahl, Karla (Omaha, Neb.) 1995-96
Allen, Missy J. (Kansas City, Mo.) 1991-92-93
Allington, Missy (Firebaugh, Calif.) 1986
Alshammar, Therese (Stockholm, Sweden) .. 1998-99
Ambrosich, Jordyn (Aurora, Colo.) 2010
Andrews, Jess (Gillette, Wyo.) 2008-09-10
Apker, Jean (Omaha, Neb.) 1980
Appleget, Olivia (Lincoln, Neb.) 2017
Armijo, Rachael (Omaha, Neb.) 2002
Arntz, Kaitlin (Omaha, Neb.) 2007-08-09-10
Arntzen, Kellye (Lincoln, Neb.) 1978
Ashley, Samantha (Windsor, Colo.) 1996-97-98-99
Atoe, Jehan (Parker, Colo.) 2010
Auer, Barbara (Austria) 2001
Austin, Eila 1976-77

B

Backhaus, Cary L. (Omaha, Neb.) 1978-79
Bailey, Lauren (San Mateo, Calif.) 2004-05-06-07
Baker, Lana (Long Beach, Calif.) 2003-04-05-06
Balogh, Bobbi (Lincoln, Neb.) 2009-10-11-12
Barker, Allison (Cambridge, England) 1988-89
Barker, Melody (Mission Viejo, Calif.) 1982
Barragan, Kathy (Laguna Hills, Calif.) 1989-90
Bauernfeind, Jenny (Pekin, Ill.) 1989-90
Becker, Emily (Bakersfield, Calif.) 2003-04-05
Beeler, Tori (Parkville, Mo.) 2017
Berger, Carol (Omaha, Neb.) 1980
Bernth, Tamara (Ralston, Neb.) 1999-2000
Bickel, Eileen (Omaha, Neb.) 1979
Biggs, Ann K. (Lincoln, Neb.) 1981-82-83-85
Bilunas, Alexandra (Omaha, Neb.) 2014-15-16
Birmingham, Sherri (Omaha, Neb.) 1985-86-87-88
Bodner, Marci (North Huntington, Pa.) ... 1991-92-93-94
Bodzek, Amanda (Omaha, Neb.) 1997
Bolinske, Bailey (Williston, N.D.) 2009-10
Bonge, Jennifer (Omaha, Neb.) 1996
Bougie, Shea (Lakeville, Minn.) 2017
Bowden, Katie (Plant City, Fla.) 2005-07
Bowser, Charlene (Mesa, Ariz.) 1991-92-93-94
Braddock, Lynne (Rapid City, S.D.) 1988-89-90-91
Brandenburg, Trisha (Anoka, Minn.) 1997
Brassard, Cassandra (Regina, Saskatchewan, Canada) 2015-16-17
Bray, C.J. (Omaha, Neb.) 2007-08-09
Brinkman, Anne 1976
Brochner, Michelle (Abilene, Texas) 1983-84
Brock, Janna (Allen, Texas) 1999-2000
Broker, Sarah (Downers Grove, Ill.) 2007-08
Broyhill, Kristin (Dakota City, Neb.) 2002
Brudvik, Elisabeth (Hamar, Norway) 1982
Buchholz, Heidi (Aurora, Colo.) 1991-92
Buoy, Amie (Edmonton, Alberta, Canada) ... 2003-04-05-06
Burbach, Emily (Lincoln, Neb.) 2008-09
Burley, Shannon 1976
Butcher, Michelle (Alpine, Calif.) 1990-91-92-93
Butler, Jenny (Bellevue, Wash.) 1987-88-89

C

Campos, Elsa (Lincoln, Neb.) 1996
Carew, Erin (Cedar Rapids, Iowa) 1995-96-97-98
Cashman, Susan (Palm Beach Gardens, Fla.) 1984-85
Cassidy, Coleen (Topeka, Kan.) 1978-79
Christensen, Kelly (Walnut Creek, Calif.) 1991-92-93-94
Christensen, Molly (Woodbury, Minn.) 2001
Clark, Becki (Omaha, Neb.) 1987-88-89-90
Clark, Catherine (The Woodlands, Texas) 2002
Clark, Erica (Oakley, Calif.) 1995-96-97
Clark, Mackenzie (Colorado Springs, Colo.) ... 2003-04-05-06
Clements, Sarah 1996
Clennan, Stephanie (El Dorado, Kan.) ... 1984-85-87-88
Cloud, Mariesa (Maple Valley, Wash.) 2008
Coffman, Renee (Rockville, Md.) 1985-86
Collura, Taryn (Phoenix, Ariz.) 2013-14-15-16
Cosgrove, Carmen (Perth, Australia) 2001
Cottrell, Kara (Cypress, Texas) 2016
Crawford, Emilee (Overland Park, Kan.) 2004-05-06-07
Criss, Colleen (Omaha, Neb.) 2007-08-09-10
Criss, Karen (Omaha, Neb.) 2009-10
Criss, Michelle (Omaha, Neb.) 2004-05-06-07
Crooks, Cathy (Orinda, Calif.) 1992-93-94-95
Crosby, Michaela (Omaha, Neb.) 1976-77-78
Culbertson, Alyssa (Omaha, Neb.) 2001
Cunningham, Michaela (Severna Park, Md.) 2013-14-15-16
Custer, Tammy (Edmonds, Wash.) 1989-90-91-92

D

Danburg, Janet (Council Bluffs, Iowa) 1995-96-97-98
Davis, Katie (Lincoln, Neb.) 2012-13
Dean, Hailey (San Diego, Calif.) 2007-08-09-10
Delue, Diana 1976
Den Hartog, Bobi 1981
Den Otter, Tami (Des Moines, Iowa) 1993-94
Desormey, Claire (St. Charles, Ill.) 2008-09-10-11
Deveaux, Bria (Nassau, Bahamas) 2013-14-15-16
DiBaise, Patty (Omaha, Neb.) 1982
Ditch, Mary 1976
Ditter, Katie (Ralston, Neb.) 2013-14-15-16
Dodd, Melanie (Sydney, Australia) 1993-94-95-96
Doering, Natalie A. (Madison, S.D.) 1979
Drummond, Jerilyn (Edmonton, Alberta, Canada) 2001-02
Dufour, Ellan (Medicine Hat, Alberta, Canada) .. 2010-11-12-13
Dulgar, Kate (San Diego, Calif.) 2003-04-05-06
Dunn, Kelly (Winfield, Ill.) 2012-13-14-15
Dykes, Nancy 1976

E

Eckstrom, JoDea L. (Marshall, Minn.) 1978-79-80
Ehly, Jordan (Albuquerque, N.M.) 2015-16-17
Ely, Pam E. (McCook, Neb.) 1985-86-87-88
Enoch, Ann (Carmel, Ind.) 1997-98-99-00
Ericksen, Heather (Elm Grove, Wis.) ... 1991-92-93-94
Erickson, Danielle (Portland, Ore.) 2003-04

F

Falck, Kathy 1976
Filipcic, Anna (Omaha, Neb.) 2014-15-16-17
Fischer, Aimee (Lincoln, Neb.) 2015-16-17
Fischer, Elvira (Vienna, Austria) 2000-01
Fitzpatrick, Abby (Lakeville, Minn.) 2005-06
Flannigan, Morgan (Lawrence, Kan.) .. 2011-12-13-14
Flatt, Kaylyn (Centennial, Colo.) 2016-17
Fonfara, Elizabeth (Omaha, Neb.) 1997
Forsberg, Christy L. (Minot, N.D.) 1985
Fortino, Jeni (Modesto, Calif.) 2000-01-02-03
Fox, Kelly (Albuquerque, N.M.) 1989-90
Freathy, Mary (Bloomington, Minn.) 1980
Frederick, Chris P. (Hartford, Wis.) 1990-91-92-93
Froiland, Kathryn (Anchorage, Alaska) 1996
Frymire, Jana (Grand Island, Neb.) 1978

G

Garcia, Jenell (Boulder, Colo.) 1988-89-90-91
Giehl, Julie (Boulder, Colo.) 2008-09-10-11
Giganti, Francesca (St. Louis, Mo.) 2015-16
Gilmore, Shauna (Grand Junction, Colo.) 1983-85-86-87
Glazebrook, Jane (Newcastle, Australia) 1993-94-95-96
Gmeiner, Chris (Omaha, Neb.) 1988-89-90-91
Goble, Gail (Bellevue, Neb.) 1978
Goebel, Beth 1976
Gonzalez-Garcia, Carla (Merida, Venezuela) 2017
Goodman, Adrienne (Ballwin, Mo.) 2005-06-07-08
Goodridge, Janet (Hinsdale, Ill.) 1981
Gordon, Kristen (Plano, Texas) 2002
Gotchel, Ingrid (Glen Mills, Pa.) 1997-98-99-00
Grammar, Ashleigh (St. Louis, Mo.) 2011-12-13-14
Greeneway, Abigail (Appleton, Wis.) 2017
Grimmer, Julie M. (St. Louis, Mo.) 1992-93-94-95
Grover, Betsy (Sioux City, Iowa) 2005
Grushecky, Kelsey (West Newton, Pa.) ... 2008-09-10-11
Guy, Shannon (Omaha, Neb.) 2011-12-13-14

H

Hain, Anne 1981
Hall, Carol (Haysville, Kan.) 1980
Hampel, Cindy L. (Danville, Calif.) 1985-86
Hardewig, Samantha (Cincinnati, Ohio) 2013-14-15-16
Harmon (Creek), Kailey (Bothell, Wash.) 2011-12-13
Harnly, Jennifer J. (Houston, Texas) 1992-93-94-95
Harris, Heidi L. (Topeka, Kan.) 1977-78-79
Havens, Sara Kate (Mobile, Ala.) 1997
Haws, Kris (Sandy, Utah) 1991-92-93

NEBRASKA'S ALL-TIME LETTERWINNERS

Hayman, Lois (Lincoln, Neb.) 1976-77-78
Hayward, Sherri M. (Columbus, Ohio).... 1980-81-82-83
Heaton, Marcia (Omaha, Neb.) 1982-84
Hecker, Heidi (Des Moines, Iowa)..... 1984-85-86-87
Hedrick, Samantha (Pella, Iowa).....2017
Hegge, Shellie (Omaha, Neb.) 1994-95
Hehn, Keri (Fargo, N.D.)..... 2000-01
Heisler, Cathy (Stockton, Calif.)..... 1983-84
Helferich, Lindsay (Odessa, Texas)..... 2016-17
Herman, Amy (Lincoln, Neb.) 2010-11-12-13
Heyns, Penny (Amanzimtoti, South Africa).. 1993-94-95-96
Highstrom, Lindsey (Cedarburg, Wis.)..... 2000-01
Hill, Laurel (Omaha, Neb.) 1989-90-91-92
Hoffman, Katie (Beatrice, Neb.)..... 1997-98
Holderman, Esmie (San Pedro, Calif.) 2003-04-05-06
Hollander, Ellen (Omaha, Neb.)..... 1976-77-78-79
Holmes, Brooke (Omaha, Neb.).....2016
Hoppenrath, Blaine (Liberty, Mo.)..... 2008-09-10-11
Hunsicker, Beth (Ottumwa, Iowa)..... 1997-98-99-00
Hunter-Beckinsall, Amanda
(Johannesburg, South Africa) 1995-96-97-98
Hurley, Erin D. (Snyder, N.Y.) 1985-86-87-88
Hutchinson, Mariah (Topeka, Kan.) 2007-08-09-10

I

Ida, Kelsey (Highlands Ranch, Colo.)... 2007-08-09-10
Ingles, Bailey (Omaha, Neb.) 2004-05-06-07

J

Jakob, Melanie (Grand Island, Neb.) .. 1977-78-79-80
Jenkins, Ciara (Mesa, Ariz.)..... 2012-13-14-15
Jensen, Courtney (Sheridan, Wyo.) 1997-98-99-00
Jeschke, Jacqueline (Augusta, Ga.) 2016-17
Johnson, Brooke (Lincoln, Neb.).....2000
Johnson, Becky (Anoka, Minn.) 2003-04-05-06
Johnson, Carole (Manhattan, Kan.) 1987-88-89-90
Johnson, Emma (Sydney, Australia)..... 1999-00
Johnson, Melissa (Lincoln, Neb.) 1985
Johnson, Shandra (Omaha, Neb.)..... 1998-99-00
Jones, Juli (Aurora, Colo.) 1993-94-95-96
Jolly, Courtney (Plantation, Fla.) 2006-07-08-09
Jowsey, Sara (Strathfield, Australia).... 1997-98-99-00
Juffer, Jacqueline (Wagner, S.D.)..... 2013-14-15-16

K

Kafka, Sheena (Omaha, Neb.).....2003
Kalman, Michelle (Littleton, Colo.) 1984
Kane, Kathy (Omaha, Neb.) 1980
Kappenman, Lorie (Sioux Falls, S.D.)..... 1986-87-88
Karaica, Beth (Natrona Heights, Pa.) .. 1997-98-99-01
Karty, Cheryl A. (Chesterfield, Mo.)..... 1992-93
Kavalec, Brandie (Loveland, Colo.) 2008-09-10-11
Keathley, Mallory (Midland, Texas).....2004
Keester, Pam (Lincoln, Neb.).....1978
Kelling, Amy (Cedar Falls, Iowa)..... 1995-96
Kelly, Kenya S. (Plantation, Fla.)..... 1984-85-86
Kennedy, Ann (St. Paul, Minn.) 1980
Kennedy, Peg (St. Paul, Minn.).....1980
Keown, Kelli L. (Omaha, Neb.) 1982
Kerns, Carrie L. (Valparaiso, Ind.)..... 1992-93
Killin, Sandra (Toronto, Ontario, Canada) 1981
Kincade, Virginia.....1976
King, Alex (Amarillo, Texas)..... 2003-04-05-06
Klein, Kristina N. (Bellevue, Neb.)..... 1992-93-94-95
Knapton, Abigail (Omaha, Neb.).....2017
Korinek, Christy (Lincoln, Neb.) 1980-81
Koss, Haley (St. Helens, Ore.) 2005
Kruse, Audrey (Sioux Falls, S.D.) 2008
Kurzdorfer, Conley (Kansas City, Mo.).....1981

L

Lammel, Julie (Omaha, Neb.) 1983-84-85-86
Land, Rebekah (Hannibal, Mo.) 2012-13-14-15
Landgreen, Laura (Eugene, Ore.)..... 2002-03
Langemeier, Karla K. (O'Neill, Neb.) 1983
Larka, Karin (Stockholm, Sweden) 2000-01

Jacqueline Jeschke is Nebraska's most recent letterwinner from Georgia. The junior swimmer joins three-time letterwinner Kristina Tobin as the only swimming letterwinners from Georgia in Husker history.

Larson, Kelsey (Newport Beach, Calif.) ... 2010-11-12-13
Lashley, Debora (Belmont, Calif.).....1982
Lauren, Destiny [Mikaela] (Stockholm, Sweden)...1995-96-97-98
Lawrie, Dianne (Lincoln, Neb.) 1978
Lawson, Wendy (Blue Springs, Mo.) 1991
Lehman, Patti (Bellevue, Neb.) 1978
Leigh, Maureen (Bellevue, Neb.) 1978
Leslie, Mailene (Corvallis, Ore.)..... 2009-10-11-12
Lewis, Sue (Omaha, Neb.) 1977-78
Liston, Shawn (Atlantic Beach, Fla.)..... 1986-87
Lobdell, Jackie (Gig Harbor, Wash.) 2001
Long, Terri A. (Portland, Ore.)..... 1987-88-89-90
Lucero, Wendy (Denver, Colo.) 1982-83
Luellen, Katherine J. (Norfolk, Neb.)..... 1994-95
Lundy, Catherine A. (Prairie Village, Kan.) 1982-84-85
Lunn, Laura (Regina, Saskatchewan, Canada) 2003

M

Maack, Marian C. (Omaha, Neb.) 1979
Magee, Lise.....1976
Manhalova, Lenka (Liberec, Czech Republic)..... 1997-98
Margetic, Anja
(Sarajevo, Bosnia Herzegovina) 1993-94-95-96
Marinkovich, Andie (Omaha, Neb.) 1980
Markgraaff, Lezelle (Bloemfontein, South Africa)... 1993-94-95
Markota, Nicole T. (Los Angeles, Calif.)..... 1996-97
Marshall, Kenna (Vermillion, S.D.) 1985
Martin, Hayley (Monona, Wis.) 2010-11-12-13
Maruk, Leane
(Saskatoon, Saskatchewan, Canada) .. 1990-91-92-93
Matheny, Mindy (Little Rock, Ark.) 1988-89-90-91
Matheu, Angie (Sacramento, Calif.)..... 2003-04
Matthies, Meredith (Wichita, Kan.)..... 2008-09-10-11
Mauck, Teresa (San Clemente, Calif.) 1996-97
May, Julie (Denver, Colo.) 1985-86-87-88
McCafferty, Morgan (Reynoldsburg, Ohio)... 2016-17
McCauley, Julie (Tualatin, Ore.) 2004
McClain, Rachell (Henderson, Nev.) ... 2008-09-10-11
McDonald, Anna (Evergreen, Colo.) 2016-17
McDonald, Molly (Bismarck, N.D.) 1998-99-00
Meier, Jan (Pueblo, Colo.).....1987
Melrose, Jenny (Seffner, Fla.) 1991-92
Mexia, Melisa (Zapopan, Jalisco, Mexico) 2013-14
Meyer, Jane (Billings, Mont.) 1982
Michaud, Payton (Lincoln, Neb.) 2011-12-13-14
Miller, Terrie (Kolbotn, Norway) 1997-98-99
Milliman, Sally (Apple Valley, Minn.) 1980
Millis, Dani (Frisco, Texas).....2007
Moninger, Ann (Kansas City, Mo.) 1979-80-81
Morrison, Cathy (Louisville, Ky.) 1978-79-80-81
Morris, Natalie (Lenexa, Kan.) 2012-13-14-15
Moss, Elizabeth (Vacaville, Calif.)..... 2000-01
Mugge, Sarah (Spencer, Iowa).....2002
Muller, Helene
(Potchefstroom, South Africa)..... 1997-98-99-2000

N

Neuenfeldt, Gretchen E. (Plymouth, Minn.).....1990
Neuenfeldt, Kristen L. (Plymouth, Minn.).... 1988-89-90-91
Nilsson, Anna (Sodertaye, Sweden).... 1996-97-98-99

O

Oeltjen, Erin (Omaha, Neb.) 2014-15-16-17

P

Pacilio, Bridget (Colleyville, Texas)..... 2016-17
Park, Heather D. (Durban, South Africa).. 1994-95-96
Pearman, Lori (Houston, Texas).....1978
Pederson, Jennifer (Anaheim, Calif.)... 1986-87-88-89
Peffer, Sarah (Newark, Del.)..... 2000-01
Pennefather, Lee (Pinetown, South Africa)... 1987-88
Perri, Jennifer (Irvine, Calif.) 1987-88
Petersen, Courtney.....2003
Petersen, Kristin (Omaha, Neb.) 2002
Peterson, Ashley (Lincoln, Neb.).....2002
Peterson, Deborah..... 1976-77
Pike, Lori L. (Cherry Hill, N.J.).....1982
Pine, Sasha (New South Wales, Australia)..... 1997-98-99-2000
Pons, Bailey (Cedar Falls, Iowa) 2011-12-13-14
Pool, Carrie (Portland, Ore.) 1994-95-96
Porter, Stacia L. (Lincoln, Neb.)..... 1980-81-82-83
Posthuma, Dana (Omaha, Neb.)..... 2016-17
Powers, Dana (Tacoma, Wash.) 1984-85-86-87
Pratt, Laura (Bracebridge, Ontario, Canada).....1987
Premo, Michelle (Lincoln, Neb.) 1981
Prey, Sharill (Lincoln, Neb.)..... 1983-84-85-86

R

Ramsey, Alyson (Olathe, Kan.)..... 2010-11-12
Ramus, Liza R. (Chula Vista, Calif.) 1987
Reiter, Ashley (Fargo, N.D.)..... 2010-11-12-13
Ressler, Kaci (Tampa, Fla.)..... 2005-06-07
Reyes, Sarah-Erin (Reno, Nev.).....1995
Rhodenbaugh, Courtney (Tucson, Ariz.)..... 2010
Ridgeway, Lydia (Chicago, Ill.) 2010

NEBRASKA'S ALL-TIME LETTERWINNERS

Rieke, Elizabeth (Lincoln, Neb.) 2000-01
Ricketts, Emily (Irvine, Calif. 1983-84-85-86
Riegal, Julie (London, England) 1991-92-93-94
Rinne, Ann M. (Lincoln, Neb.) 1978-79-80
Roller, Julia (Naperville, Ill.) 2014-15-16-17
Rowe, Taradee (Issaquah, Wash.) 1996-97
Russell, Julia (Durban, South Africa) ... 1994-95-96-97
Rye, Mary Beth (Lincoln, Neb.) 2012-13

S

Saad, Yasmin (Omaha, Neb.) 2002
Sabo, Nikolina (Zagreb, Croatia) 2012-13
Sandeberg, Katrina (Burnsville, Minn.) 2003
Savage, Katie (Studio City, Calif.) 1991-93
Savitt, Savannah (Tampa, Fla.) 2017
Schlatter, Rachel (Middleton, Wis.) 2003-04-05-06
Schmidt, Cheryl (South Sioux City, Neb.) ... 1977-78-79
Schmidt, D'Arcy (Scottsdale, Ariz.) 2009-10-11-12
Schmerbach, Michele (Muskego, Wis.) 2000-01
Schnack, Casey (Quincy, Ill.) 2004-05-06-07
Schreiner, Christine 2001
Schubert, Tami (Muskego, Wis.) 1988
Schwery, Nicole (Roca, Neb.) 2013-14-15-16
Sebesta, Linda (Pine Island, Minn.) 1983-84-85-86
Sedlacek, Stacey (East Galesburg, Ill.) 1997-98-99-00
Seidel, Riley (LaCrosse, Wis.) 2009-10-11-12
Seymour, Lauren (St. Charles, Ill.) 2001
Shacklett, Suzy (Danville, Calif.) 1997
Shea, Caroline (Denver, Colo.) 2009-10-11-12
Sickle, Katt (Grain Valley, Mo.) 2013-15-16-17
Sides, Allison J. (Omaha, Neb.) 1992-93-94
Siemert, Lynn (Sterling, Ill.) 2005-06-07-08
Simon, Laura (Madrid, Spain) 1997-98-99
Sloth, Heidi (Bellewood, Neb.) 1982-83
Smith, Beth (Marlboro, N.Y.) 1991
Snell, Jana (Colby, Kan.) 1992
Sougey, Debora (Lincoln, Neb.) 1978
Souppa, Kirstin (Naperville, Ill.) 2001
Spark, Amanda (Spencer, Iowa) 2002
Spencer, Ruth 1976
Spindler, Laura (Bloomington, Minn.) ... 1979-80-81-82
Stahlnecker, Ann (Omaha, Neb.) 1981
Stalheim, Lindsey (Omaha, Neb.) 2017
Stanek, Penny J. (Omaha, Neb.) 1985-86
Stansbury, Danielle (Lincoln, Neb.) 2004-05-06-07
Stenger, Candace (Lincoln, Neb.) 2002-03
Stewart, Rhonda F. (Topeka, Kan.) 1988
Stratton, Kristin (Aurora, Colo.) 2001
Strecker, Kristin (Topeka, Kan.) 2011-12-13-14
Stroud, Jenna (Lincoln, Neb.) 2006-07-08-09
Sue, Jackie (Peoria, Ariz.) 1993-94
Sullivan, Rene (Cedar Falls, Iowa) 1979-80-81
Sullivan, Tamara L. (Cedar Falls, Iowa) 1982-83-84-85
Suppes, Marie (New Hope, Minn.) 1981-82

T

Thompson, Marla J. (Mission, Kan.) ... 1979-80-81-82
Theilen, Paige (Columbus, Neb.) 2012-13
Thoms, Cami (Lincoln, Neb.) 2002
Tidball, Ann E. (Lincoln, Neb.) 1991-92-93-94
Tobin, Kristina A.T. (Marietta, Ga.) 1987-88-89
Toler, Jenny (Elk Grove Village, Ill.) 2006-07-08-09
Toomey, Shannon (Ellisville, Mo.) 2010
Torres, Diana (Bogota, Colombia) 2002-03-05
Troy, Christine (Parramalta, Australia) 1997-98-99-00

V

Vahle, Kristin (Norfolk, Neb.) 2002
Vandriel, Libby (Edina, Minn.) 1990
Van Wie, Krista (Grand Island, Neb.) .. 2013-14-15-16
Vendl, Lori M. (Pleasant Hill, Calif.) 1988-89
Voge, Katrina (Franklin, Wis.) 2016-17

W

Wagner, Savannah (New York, N.Y.) 2013
Walker, Kaitlan (Albuquerque, N.M.) .. 2010-11-12-14
Walker, Susan (Plano, Texas) 2000-01-02-03
Wandling, Diana (Collinsville, Ill.) 1989
Ward, Wendy (Sunnyvale, Calif.) 1982-83-84-85
Watland, Anne C. (Omaha, Neb.) 1977-78-79
Weech, Ariel (Nassau, Bahamas) 2010-11-12-13
Weinberg, Sara (Bismarck, N.D.) 2010-11-12-13
Wells, Kristi A. (Lincoln, Neb.) 1976-77-78-79
Wetzel, Annette (Grand Island, Neb.) 1980
Wheeler, Kate (Issaquah, Wash.) 2004-05-06-07
White, Kristy (Walnut Creek, Calif.) 1987
Wilborn, Laura (Champaign, Ill.) 1989-90
Wilbourn, Deanna (Barstow, Calif.) 1988
Wilcox, Victoria (Omaha, Neb.) 1982
Wilkins, BriAnna (Lincoln, Neb.) 1994-95-96-97
Windsor, Anna (Orange, Australia) 1997-98
Wirtner, Melanie (Pittsburgh, Pa.) 1990-91
Wockenfuss, Erica (Iowa City, Iowa) 1983

Lindsey Stalheim (above) joined fellow Omahan Abigail Knapton as freshman letterwinners Nebraska in 2017. A total of 102 Nebraska natives have earned swimming and diving letters for the Huskers.

HUSKER LETTERWINNERS BY STATE

Nebraska women's swimming and diving letterwinners have come from 33 states around the nation and 15 foreign countries since 1976.

Alaska	1
Alabama	1
Arizona	7
Arkansas	1
California	33
Colorado	19
Delaware	1
Florida	8
Georgia	2
Illinois	16
Indiana	2
Iowa	14
Kansas	18
Kentucky	1
Maryland	2
Minnesota	17
Missouri	14
Montana	1
Nebraska	102
Nevada	2
New Jersey	1
New Mexico	3
New York	3
North Dakota	7
Ohio	3
Oregon	7
Pennsylvania	5
Texas	15
South Dakota	6
Utah	1
Washington	8
Wisconsin	11
Wyoming	2

HUSKER LETTERWINNERS BY COUNTRY

Austria	2
Australia	8
Bahamas	2
Bosnia and Herzegovina	1
Canada	8
Colombia	1
Croatia	1
Czech Republic	1
England	2
Mexico	1
Norway	3
South Africa	8
Spain	1
Sweden	4
United States	334
Venezuela	1

Wolfe, Rebecca (League City, Texas) 2001
Woody, Lorie G. (Coffeyville, Kan.) 1993
Worlton, Gwen (Fox Point, Wis.) 2017
Worrall, Allie (Phoenix, Ariz.) 2017
Wright, Shannon M. (Norfolk, Neb.) ... 1996-97-98-99

Y

Yemm, Christina (Sterling, Ill.) 2006-07-08-09

Z

Ziegelmann, Sarah (Fargo, N.D.) 2007-08-09-10
Ziemann, Megan (Round Rock, Texas) 2011-12-13-14
Zins, Amanda (Lincoln, Neb.) 1998-99
Zorn, Trischa (Mission Viejo, Calif.) 1984-85-86-87

NEBRASKA'S ALL-AMERICANS

1979-80
NU All-Americans (Results): Sherri Hayward (200 Backstroke, 12th, 2:05.55).

1980-81
NU All-Americans (Results): Sherri Hayward (200 Backstroke, 14th, 2:05.84).

1981-82
NU All-Americans (Results): Sherri Hayward (200 Backstroke, sixth, 2:02.95; 100 Backstroke, 15th, 58.83).

1984-85
NCAA Finish: 9th
NU All-Americans (Results): Shauna Gilmore (200 Free Relay, third, 1:33.84; 400 Free Relay, third, 3:24.44; 800 Free Relay, 11th, 7:28.11); Cindy Hampel (200 Free Relay, third, 1:33.84; 200 Medley Relay, 15th, 1:46.31); Erin Hurley (200 Breaststroke, fifth, 2:17.90; 100 Breaststroke, 12th, 1:04.71; 400 Medley Relay, 13th, 3:51.42; 200 Medley Relay, 15th, 1:46.31); Kenya Kelly (800 Free Relay, 11th, 7:28.11; 200 Medley Relay, 15th, 1:46.31); Dana Powers (200 Free Relay, third, 1:33.84; 400 Free Relay, third, 3:24.44; 50 Freestyle, 10th, 23.54; 100 Butterfly, 13th, 55.57; 400 Medley Relay, 13th, 3:51.42); Emily Ricketts (400 Free Relay, third, 3:24.44; 800 Free Relay, 11th, 7:28.11; 200 Freestyle, 12th, 1:49.91; 400 Medley Relay, 13th, 3:51.42); Linda Sebesta (200 Free Relay, third, 1:33.84; 400 Free Relay, third, 3:24.44; 800 Free Relay, 11th, 7:28.11); Penny Stanek (400 Medley Relay, 13th, 3:51.42; 200 Medley Relay, 15th, 1:46.31).

1985-86
NCAA Finish: 30th
NU All-Americans (Results): Shauna Gilmore (200 Free Relay, ninth, 1:34.52); Cindy Hampel (200 Free Relay, ninth, 1:34.52); Erin Hurley (200 Breaststroke, 15th, 2:21.42); Lorie Kappenman (200 Free Relay, ninth, 1:34.52); Dana Powers (200 Free Relay, ninth, 1:34.52).

Janet Danburg was a two-time All-American at Nebraska in 1996 and 1997.

1986-87
NCAA Finish: 19th
NU All-Americans (Results): Shauna Gilmore (200 Medley Relay, seventh, 1:44.65; 200 Free Relay, 15th, 1:35.65; 200 Freestyle, 16th, 1:49.81; 400 Medley Relay, 16th, 3:51.25); Heidi Hecker (Three-meter Diving, 11th, 435.30); Erin Hurley (200 Medley Relay, seventh, 1:44.65; 200 Breaststroke, 14th, 2:20.43; 400 Medley Relay, 16th, 3:51.25); Carole Johnson (200 Medley Relay, seventh, 1:44.65; 200 Free Relay, 15th, 1:35.65; 400 Medley Relay, 16th, 3:51.25); Lorie Kappenman (200 Free Relay, 15th, 1:35.65); Dana Powers (200 Medley Relay, seventh, 1:44.65; 100 Butterfly, 10th, 55.16; 200 Free Relay, 15th, 1:35.65; 400 Medley Relay, 16th, 3:51.25).

1987-88
NCAA Finish: 39th
NU All-Americans (Results): Amy Aarsen (10-meter Platform Diving, 14th, 290.50); Allison Barker (200 Medley Relay, 14th, 1:45.45); Erin Hurley (200 Medley Relay, 14th, 1:45.45); Carole Johnson (200 Medley Relay, 14th, 1:45.45); Mindy Matheny (200 Medley Relay, 14th, 1:45.45).

1988-89
NCAA Finish: 29th
NU All-Americans (Results): Julie May (One-meter Diving, fifth, 461.95); Jenell Garcia (400 Medley Relay, 16th, 3:53.30); Carole Johnson (400 Medley Relay, 16th, 3:53.30); Mindy Matheny (400 Medley Relay, 16th, 3:53.30); Kristen Neuenfeldt (400 Medley Relay, 16th, 3:53.30).

1989-90
NCAA Finish: 39th
NU All-Americans (Results): Amy Aarsen (10-meter Platform Diving, 14th, 281.10); Jenell Garcia (100 Butterfly, 14th, 55.76).

1990-91
NCAA Finish: 28th
NU All-Americans (Results): Amy Aarsen (Three-meter Diving, eighth, 459.75); Lynne Braddock (200 Free Relay, 16th, NA); Christine Frederick (200 Free Relay, 16th, NA); Jenell Garcia (100 Butterfly, 15th, 55.79); Chris Gmeiner (200 Free Relay, 16th, NA); Mindy Matheny (200 Free Relay, 16th, NA); Melanie Wirtner (200 Butterfly, 15th, 2:02.83).

1991-92
NCAA Finish: 31st
NU All-Americans (Results): Michelle Butcher (1,650 Freestyle, sixth, 16:32.67).

1992-93
NCAA Finish: 20th
NU All-Americans (Results): Melanie Dodd (100 Freestyle, fifth, 49.60; 200 Medley Relay, 10th, 1:44.28; 200 Freestyle, 11th, 1:49.34; 50 Freestyle, 13th, 23.41; 400 Medley Relay, 13th, 3:49.15); Christine Frederick (200 Medley Relay, 10th, 1:44.28; 400 Medley Relay, 13th, 3:49.15); Jane Glazebrook (200 Medley Relay, 10th, 1:44.28; 400 Medley Relay, 13th, 1:44.28); Penny Heyns (200 Medley Relay, 10th, 1:44.28; 400 Medley Relay, 13th, 1:44.28).

NCAA CHAMPIONSHIP TEAM FINISHES

8th	1997
9th	1985
9th	1995
10th	1996
11th	1998
12th	1999
16th	1994
19th	1987
20th	1993
20th	2000
23rd	2001
28th	1991
29th	1989
30th	1986
31st	1992
36th	2006
39th	1988
39th	2016
33rd	2017

1993-94
NCAA Finish: 16th
NU All-Americans (Results): Marci Bodner (800 Free Relay, 13th, 7:23.75); Heather Ericksen (200 Medley Relay, 10th, 1:43.84; 400 Medley Relay, 13th, 3:45.59; 200 Free Relay, 16th, 1:35.22); Jane Glazebrook (200 Medley Relay, 10th, 1:43.84; 400 Medley Relay, 13th, 3:45.59); Penny Heyns (100 Breaststroke, second, 1:01.43; 200 Breaststroke, sixth, 2:14.35; 200 Medley Relay, 10th, 1:43.84; 400 Medley Relay, 13th, 3:45.59; 200 Free Relay, 1:35.22); Katie Luellen (200 Free Relay, 16th, 1:35.22); Lezelle Markgraaff (800 Free Relay, 13th, 7:23.75); Heather Park (800 Free Relay, 13th, 7:23.75); Julia Russell (100 Breaststroke, eighth, 1:03.59; 200 Breaststroke, 12th, 2:15.22; 400 Medley Relay, 13th, 3:45.59; 200 Free Relay, 16th, 1:35.22); BriAnna Wilkins (800 Free Relay, 13th, 7:23.75).

1994-95
NCAA Finish: 9th
NU All-Americans (Results): Erin Carew (200 Free Relay, 17th, 1:34.29; 400 Free Relay, 18th, 3:27.63); Cathy Crooks (800 Free Relay, 11th, 7:24.18; 400 Individual Medley, 14th, 4:21.33; 400 Free Relay, 18th, 3:27.63); Melanie Dodd (400 Medley Relay, second, 3:40.86; 200 Medley Relay, fourth, 1:42.14; 200 Freestyle, fifth, 1:47.85; 100 Freestyle, ninth, 50.03; 800 Free Relay, 11th, 7:24.18; 200 Free Relay, 17th, 1:34.29); Jane Glazebrook (400 Medley Relay, second, 3:40.86; 200 Medley Relay, fourth, 1:42.14; 200 Backstroke, fourth, 1:58.07); Penny Heyns (100 Breaststroke, second, 1:00.41; 400 Medley Relay, second, 3:40.86; 200 Breaststroke, third, 2:11.38; 200 Medley Relay, fourth, 1:42.14); Destiny Lauren (400 Medley Relay, second, 3:40.86; 200 Butterfly, fourth, 1:59.20; 200 Free Relay, 17th, 1:34.29); Heather Park (800 Free Relay, 11th, 7:24.18); Julia Russell (200 Medley Relay, fourth, 1:42.14; 200 Breaststroke, 10th, 2:14.72); BriAnna Wilkins (800 Free Relay, 11th, 7:24.18).

1995-96
NCAA Finish: 10th
NU All-Americans (Results): Erin Carew (400 Free Relay, 12th, 3:25.38; 200 Free Relay, 14th, 1:34.83); Janet Danburg (400 Medley Relay, fifth, 3:42.35; 200 Medley Relay, sixth, 1:42.66); Melanie Dodd (400 Medley Relay, fifth, 3:42.35; 200 Medley Relay, sixth,

NEBRASKA'S ALL-AMERICANS

Lauren Bailey captured All-America honors for Nebraska in the 1,650-yard freestyle at the 2006 NCAA Championships.

1:42.66; 400 Free Relay, 12th, 3:25.38; 200 Free Relay, 14th, 1:34.83); Penny Heyns (100 Breaststroke, first, 1:00.27; 200 Breaststroke, second, 2:09.71; 400 Medley Relay, fifth, 3:42.35; 200 Medley Relay, sixth, 1:42.66); Mandy Hunter-Beckinsall (400 Free Relay, 12th, 3:25.38; 200 Free Relay, 14th, 1:34.83); Destiny Lauren (200 Butterfly, ninth, 2:00.40; 800 Free Relay, 15th, 7:28.66; 100 Butterfly, 16th, 56.50); Heather Park (800 Free Relay, 15th, 7:28.66); Julia Russell (100 Breaststroke, third, 1:01.45; 200 Breaststroke, third, 2:12.12; 200 Individual Medley, fifth, 2:01.51; 400 Medley Relay, fifth, 3:42.35; 200 Medley Relay, sixth, 1:42.66; 400 Free Relay, 12th, 3:25.38; 200 Free Relay, 14th, 1:34.83); BriAnna Wilkins (800 Free Relay, 15th, 7:28.66); Shannon Wright (800 Free Relay, 15th, 7:28.66).

1996-97

NCAA Finish: 8th

NU All-Americans (Results): Janet Danburg (400 Medley Relay, 11th, 3:43.54); Sara Kate Havens (200 Medley Relay, ninth, 1:41.72); Sara Jowsey (400 Medley Relay, 11th, 3:43.54); Beth Karaica (200 Free Relay, sixth, 1:31.94; 400 Free Relay, sixth, 3:21.47; 200 Medley Relay, ninth, 1:41.72; 400 Medley Relay, 11th, 3:43.54); Lenka Manhalova (200 Breaststroke, fifth, 2:12.18); Terrie Miller (100 Breaststroke, eighth, 1:02.15); Helene Muller (200 Free Relay, sixth, 1:31.94; 400 Free Relay, sixth, 3:21.47; 800 Free Relay, 10th, 7:21.44; 200 Medley Relay, ninth, 1:41.72); Julia Russell (100 Breaststroke, fourth, 1:01.22; 200 Breaststroke, second, 2:10.32; 200 Free Relay, sixth, 1:31.94; 200 Individual Medley, tie-10th, 2:00.33; 200 Medley Relay, ninth, 1:41.72); Stacey Sedlacek (400 Free Relay, sixth, 3:21.47); Laura Simon (400 Individual Medley, 16th, 4:21.01); BriAnna Wilkins (800 Free Relay, 10th, 7:21.44); Anna Windsor (200 Freestyle, seventh, 1:48.16; 200 Free Relay, sixth, 1:31.94; 400 Free Relay, sixth, 3:21.47; 200 Individual Medley, 15th, 2:02.74; 800 Free Relay, 10th, 7:21.44); Shannon Wright (800 Free Relay, 10th, 7:21.44).

1997-98

NCAA Finish: 11th

NU All-Americans (Results): Therese Alshammar (800 Free Relay, second, 7:10.89; 400 Free Relay, seventh, 3:19.33; 200 Free Relay, ninth, 1:31.17; 50 Freestyle, tie-ninth, 22.83; 200 Medley Relay, 11th, 1:41.90; 100 Backstroke, 15th, 55.63; 100 Freestyle, 16th, 50.20); Shandra Johnson (800 Free Relay, second, 7:10.89); Beth Karaica (400 Free Relay, seventh, 3:19.33; 200 Free Relay, ninth, 1:31.17; 200 Medley Relay, 11th, 1:41.90); Destiny Lauren (200 Butterfly, 11th, 1:59.93); Lenka Manhalova (200 Breaststroke, 12th, 2:14.76); Terrie Miller (200 Medley Relay, 11th, 1:41.90); Helene Muller (800 Free Relay, second, 7:10.89; 400 Free Relay, seventh, 3:19.33; 200 Free Relay, ninth, 1:31.17; 200 Freestyle, 11th, 1:47.70; 200 Medley Relay, 11th, 1:41.90); Anna Windsor (800 Free Relay, second, 7:10.89; 400 Free Relay, seventh, 3:19.33; 200 Freestyle, eighth, 1:48.19; 200 Free Relay, ninth, 1:31.17; 200 Individual Medley, 16th, 2:02.27).

1998-99

NCAA Finish: 12th

NU All-Americans (Results): Therese Alshammar (100 Freestyle, fourth, 48.76; 50 Freestyle, tie-fourth, 22.60; 800 Free Relay, sixth, 7:15.00; 200 Free Relay, ninth, 1:31.89; 400 Free Relay, ninth, 3:19.05; 200 Medley Relay, 13th, 1:42.28) Shandra Johnson (200 Backstroke, seventh, 1:58.53; 200 Freestyle, 14th, 1:48.36; 800 Free Relay, sixth, 7:15.00; 400 Free Relay, ninth, 3:19.05; 200 Medley Relay, 13th, 1:42.28); Emma Johnson (400 Individual Medley, 11th, 4:18.67; 800 Free Relay, sixth, 7:15.00); Beth Karaica (200 Free Relay, ninth, 1:31.89; 200 Medley Relay, 13th, 1:42.28); Destiny Lauren (200 Butterfly, sixth, 1:59.41); Terrie Miller (200 Medley Relay, 13th, 1:42.28); Helene Muller (800 Free Relay, sixth, 7:15.00; 200 Free Relay, ninth, 1:31.89; 400 Free Relay, ninth, 3:19.05); Stacey Sedlacek (200 Free Relay, ninth, 1:31.89; 400 Free Relay, ninth, 3:19.05).

1999-00

NCAA Finish: 20th

NU All-Americans (Results): Shandra Johnson (400 Freestyle, 11th, 4:09.88; 200 Freestyle, 13th, 2:00.02; 800 Free Relay, 14th, 8:14.00); Helene Muller (200 Freestyle, third, 1:57.88; 100 Freestyle, fifth, 55.06; 800 Free Relay, 14th, 8:14.00); Sasha Pine (800 Free Relay, 14th, 8:14.00); Lindsey Highstrom (800 Free Relay, 14th, 8:14.00); Elvira Fischer (200 Breaststroke, 10th, 2:28.56).

2000-01

NCAA Finish: 23rd

NU All-Americans (Results): Elvira Fischer (200 Breaststroke, fifth, 2:11.27; 100 Breaststroke, eighth, 1:02.04); Rebecca Wolfe (200 Butterfly, seventh, 1:59.78); Carmen Cosgrove (100 Butterfly, 16th, 55.33).

2005-06

NCAA Finish: 36th

NU All-Americans (Results): Lauren Bailey (1,650-Freestyle, ninth, 16:16.06).

2015-16

NCAA Finish: 39th

NU All-Americans (Results): Anna Filipcic (10th, One-Meter Dive, 310.60).

2016-17

NCAA Finish: 33rd

NU All-Americans (Results): Abigail Knapton (fourth, Platform Dive, 297.30).

CONFERENCE RESULTS & CHAMPIONS

A three-time conference champion in 1995 and 1996, Julia Russell was a member of four conference championship teams as a Husker from 1994 to 1997. She was an 18-time All-American for the Huskers.

1975
Team Champion: Kansas, 412 points
NU Finish: Fifth, 180 points
NU Individual Champion: Ginny Kincade (One-meter Diving, 593.60; Three-meter Diving, 650.20)

1976
Team Champion: Kansas, 489 points
NU Finish: Second, 419 points
NU Individual Champions: Ellen Hollander (50 Breaststroke, 33.48; 100 Breaststroke, 1:12.90; 200 Breaststroke, 1:12.90; 100 IM, 1:05.12); Kristi Wells (Three-meter Diving, 367.20)

1977
Team Champion: Kansas, 739.5 points
NU Finish: Second, 573.5 points
NU Individual Champions: Ellen Hollander (50 Breaststroke, 32.99; 100 Breaststroke, 1:11.97; 200 Breaststroke, 2:34.17); Melanie Jakob (200 Butterfly, 2:12.56; 200 IM, 2:13.95); Anne Watland (500 Freestyle, 5:08.88; 1,650 Freestyle, 17:34.80); Kristi Wells (One-meter Diving, 376.10; Three-meter Diving, 424.00)

1978
Team Champion: Kansas, 604.5 points
NU Finish: Third, 487.5 points
NU Individual Champion: JoDea Eckstrom (100 IM, 1:02.30)

1979
Team Champion: Kansas, 918 points
NU Finish: Third, 665 points
NU Individual Champions: None

1980
Team Champion: Kansas, 905.5 points
NU Finish: Third, 663 points
NU Individual Champion: Sherri Hayward (200 Backstroke, 2:04.79)

1981
Team Champion: Kansas, 749 points
NU Finish: Fifth, 265 points
NU Individual Champion: Sherri Hayward (100 Backstroke, 59.76; 200 Backstroke, 2:06.09)

1982
Team Champion: Kansas, 745 points
NU Finish: Second, 459 points
NU Individual Champion: Sherri Hayward (200 Backstroke, 2:05.25)

1983
Team Champion: Kansas, 823 points
NU Finish: Second, 427 points
NU Individual Champions: Sherri Hayward (200 Backstroke, 2:05.18); Cathy Heisler (200 Breaststroke, 2:25.68); Wendy Lucero (One-meter Diving, 449.95)

1984
Team Champion: Kansas, 645 points
NU Finish: Second, 542.5 points
NU Individual Champions: Susan Cashman (500 Freestyle, 4:55.83; 400 IM, 4:55.83); Marcia Heaton (One-meter Diving, 387.80); Dana Powers (50 Freestyle, 23.70); Emily Ricketts (200 Freestyle, 1:50.81)

1985
Team Champion: Nebraska, 682 points
NU Individual Champions: Heidi Hecker (One-meter Diving, 440.15; Three-meter Diving, 456.45); Erin Hurley (200 Breaststroke, 2:17.87); Dana Powers (50 Freestyle, 23.32; 100 Butterfly, 55.10); Emily Ricketts (200 Freestyle, 1:50.81; 500 Freestyle, 4:51.35); Penny Stanek (100 Backstroke, 58.34)

1986
Team Champion: Nebraska, 666.5 points
NU Individual Champions: Shauna Gilmore (200 Freestyle, 1:50.73); Erin Hurley (200 Breaststroke, 2:24.86); Dana Powers (100 Butterfly, 56.59; 100 Breaststroke, 1:06.23); Emily Ricketts (100 Freestyle, 51.54)

1987
Team Champion: Nebraska, 689 points
NU Individual Champions: Shauna Gilmore (100 Freestyle, 51.44; 200 Freestyle, 1:49.85); Erin Hurley (200 Breaststroke, 2:21.07); Carole Johnson (100 Backstroke, 58.13; 200 Backstroke, 2:06.20); Julie May (One-meter Diving, 441.25); Lee Pennefather (500 Freestyle, 5:00.15; 200 Butterfly, 2:04.28); Dana Powers (100 Butterfly, 55.10; 100 Breaststroke, 1:05.10)

1988
Team Champion: Kansas, 715.5 points
NU Finish: Second, 584 points
NU Individual Champions: Stephanie Clennan (Three-meter Diving, 462.8); Carole Johnson (100 Backstroke, 58.39); Terry Long (200 Breaststroke, 2:23.05); Mindy Matheny (50 Freestyle, 23.66)

1989
Team Champion: Kansas, 703 points
NU Finish: Second, 626 points
NU Individual Champions: Lynne Braddock (50 Freestyle, 23.69); Jenell Garcia (200 Butterfly, 2:02.41); Carole Johnson (100 Backstroke, 58.13; 200 Backstroke, 2:06.16); Julie May (One-meter Diving, 454.35; Three-meter Diving, 515.0)

1990
Team Champion: Nebraska, 654.5 points
NU Individual Champions: Michelle Butcher (50 Freestyle, 23.65; 500 Freestyle, 4:51.11; 1650 Freestyle, 16:25.99; 400 IM, 4:24.92); Jenell Garcia (100 Butterfly, 55.76); Carole Johnson (100 Backstroke, 59.21); Leane Maruk (100 Breaststroke, 1:05.58); Kris Neuenfeldt (200 Freestyle, 1:51.33); Melanie Wirtner (200 IM, 2:05.17)

1991
Team Champion: Nebraska, 671.5 points
NU Individual Champions: Amy Aarsen (Three-meter Diving, 562.85); Michelle Butcher (500 Freestyle, 4:52.86; 1,650 Freestyle, 16:38.72; 400 IM, 4:24.04); Jenell Garcia (200 Butterfly, 2:01.94); Mindy Matheny (100 Freestyle, 51.89); Julie Riegal (200 Backstroke, 2:05.40); Melanie Wirtner (100 Butterfly, 55.52)

1992
Team Champion: Kansas, 741 points
NU Finish: Second, 586 points
NU Individual Champions: Heidi Buchholz (Three-meter Diving, 450.10); Michelle Butcher (500 Freestyle, 4:50.58; 1,650 Freestyle, 16:40.03; 400 IM, 4:26.13); Kris Haws (200 Backstroke, 2:04.01)

1993
Team Champion: Kansas, 685 points
NU Finish: Second, 679.5 points
NU Individual Champions: Melanie Dodd (50 Freestyle, 22.88; 100 Freestyle, 50.04; 200 Freestyle, 1:49.14); Jane Glazebrook (100 Backstroke, 56.82; 200 Backstroke, 1:59.70); Jennifer Harnly (One-meter Diving, 434.70); Penny Heyns (100 Breaststroke, 1:03.64); Cheryl Kartye (Three-meter Diving, 495.10)

CONFERENCE RESULTS & CHAMPIONS

1994
Team Champion: Nebraska, 662 points
NU Individual Champions: Melanie Dodd (100 Freestyle, 50.19); Jane Glazebrook (100 Backstroke, 56.16; 200 Backstroke, 1:58.19); Marci Bodner (200 Butterfly, 2:03.13); Jennifer Harnly (One-meter Diving, 422.00); Penny Heyns (100 Breaststroke, 1:01.88; 200 Breaststroke, 2:13.93); BriAnna Wilkins (1,650 Freestyle, 16:39.75)

1995
Team Champion: Nebraska, 636 points
NU Individual Champions: Melanie Dodd (100 Freestyle, 50.13; 200 Freestyle, 1:49.48); Jane Glazebrook (100 Backstroke, 56.12; 200 Backstroke, 1:58.19); Julie Grimmer (Three-meter Diving, 536.50); Penny Heyns (100 Breaststroke, 1:01.57; 200 Breaststroke, 2:13.71); Destiny Lauren (200 Butterfly, 2:00.67); BriAnna Wilkins (1,650 Freestyle, 16:56.27)

1996
Team Champion: Nebraska, 663 points
NU Individual Champions: Janet Danburg (100 Backstroke, 57.13; 200 Backstroke, 2:03.60); Melanie Dodd (100 Freestyle, 50.25); Penny Heyns (100 Breaststroke, 1:00.18; 200 Breaststroke, 2:08.90); Destiny Lauren (100 Butterfly, 55.51; 200 Butterfly, 2:01.01; 400 IM, 4:20.51); Heather Park (500 Freestyle, 4:50.30; 1,650 Freestyle, 16:49.56); Julia Russell (200 IM, 2:00.77)

1997
Team Champion: Nebraska, 927 points
NU Individual Champions: Helene Muller (50 Freestyle, 22.98; 100 Freestyle, 50.02); Julia Russell (100 Breaststroke, 1:00.83; 200 Breaststroke, 2:10.25; 200 IM, 1:59.13); Laura Simon (400 IM, 4:19.15); Anna Windsor (200 Freestyle, 1:48.49)

1998
Team Champion: Nebraska, 868 points
NU Individual Champions: Shandra Johnson (200 Freestyle, 1:46.53; 500 Freestyle, 4:43.48; 200 Backstroke, 1:58.35); Destiny Lauren (200 Butterfly, 2:00.69); Lenka Manhalova (200 Breaststroke, 2:14.22)

1999
Team Champion: Texas, 881.5
NU Finish: Second, 851.5 points
NU Individual Champions: Therese Alshammar (100 Freestyle, 49.46); Shandra Johnson (200 Freestyle, 1:48.08; 500 Freestyle, 4:50.31; 200 Backstroke, 1:58.70); Janna Brock (200 Breaststroke, 2:15.09); Destiny Lauren (200 Butterfly, 1:59.28)

2000
Team Champion: Texas, 914.5
NU Finish: Third, 634 points
NU Individual Champions: Shandra Johnson (500 Freestyle, 4:47.35; 200 Backstroke 1:59.05); Elvira Fischer (100 Breaststroke 1:03.19; 200 Breaststroke, 2:13.71)

2001
Team Champion: Texas, 997.50
NU Finish: Third, 565 points
NU Individual Champions: Elvira Fischer (200 Breaststroke, 2:12.91); Rebecca Wolfe (200 Butterfly, 1:57.94)

2002
Team Champion: Texas, 1,055.50
NU Finish: Sixth, 186 points
NU Individual Champions: None

2003
Team Champion: Texas
NU Finish: Sixth, 316.50
NU Individual Champions: None

2004
Team Champion: Texas, 964
NU Finish: Fourth, 420 points
NU Individual Champion: Lauren Bailey (400 IM, 4:17.57)

2005
Team Champion: Texas, 965
NU Finish: Third, 461 points
NU Individual Champions: None

Abigail Knapton earned Nebraska's most recent All-America award in the platform dive at the 2017 NCAA Championships. Knapton claimed three top 16 spots at the Big Ten Championships on the three-meter (9th), one-meter (11th) and the platform dive (14th).

2006
Team Champion: Texas, 942.5
NU Finish: Fifth, 386.5 points
NU Individual Champions: Lauren Bailey (1,650-Freestyle, 16:20.05)

2007
Team Champion: Texas A&M, 931
NU Finish: Fifth, 350.5 points
NU Individual Champions: Lauren Bailey (1,650-Freestyle, 16:14.36)

2008
Team Champion: Texas A&M, 967
NU Finish: Sixth, 343 points
NU Individual Champions: None

2009
Team Champion: Texas, 893
NU Finish: Sixth, 298 points
NU Individual Champions: None

2010
Team Champion: Texas A&M, 1,002
NU Finish: Sixth, 261 points
NU Individual Champions: None

2011
Team Champion: Texas, 948
NU Finish: Fifth, 350 points
NU Individual Champions: None

2012
Team Champion: Minnesota, 680.5
NU Finish: 11th, 82
NU Individual Champions: None

2013
Team Champion: Minnesota, 831.5
NU Finish: Ninth, 195
NU Individual Champions: None

2014
Team Champion: Minnesota, 760
NU Finish: Ninth, 145
NU Individual Champions: None

2015
Team Champion: Minnesota, 618.5
NU Finish: Ninth, 143
NU Individual Champions: None

2016
Team Champion: Michigan, 1,361
NU Finish: Ninth, 411.5
NU Individual Champions: None

2017
Team Champion: Michigan, 1,287
NU Finish: 10th, 385
NU Individual Champions: None

INDIVIDUAL ACADEMIC AWARDS

CoSIDA ACADEMIC ALL-AMERICA AWARD WINNERS

KAITLIN ARNTZ 2010

Kaitlin Arntz earned her place among Nebraska's NCAA-leading 329 CoSIDA Academic All-Americans by capturing third-team honors in the at-large category following her senior season for the Huskers in 2010.

Arntz was one of Nebraska's top breaststroke and individual medley swimmers during her time in Lincoln. She capped her outstanding career by becoming the first CoSIDA Academic All-America women's swimmer in school history. She joins former Husker diver and first-team honoree Courtney Jensen (2000) as the only members of the Nebraska women's swimming and diving program to capture Academic All-America accolades.

Arntz capped her competitive career with a fourth-place finish in the 200-yard breaststroke at the 2010 Big 12 Championships. She added a fourth-place performance in the 100 breast and a sixth-place showing in the 200 IM.

She finished fifth in the 200-yard breaststroke and 11th in the 200 IM at the 2009 Big 12 Championships. She was Nebraska's team MVP as a junior.

As both a freshman and sophomore, Arntz finished eighth in the 200 breast and 10th in the 100 breast at the Big 12 Championships.

Arntz joined the Huskers after a stellar high school career at Millard West in Omaha. She was a 16-time All-American at Millard West and a five-Nebraska state champion. She closed her high school career holding seven school records.

An advertising major at Nebraska, Arntz was nominated with a 3.94 cumulative GPA. She also earned first-team CoSIDA All-District VII honors. An honorable-mention CSCAA Scholar-All-America selection in 2010, Arntz was also a three-time academic All-Big 12 Conference selection for the Big Red from 2008 to 2010.

COURTNEY JENSEN 2000

Courtney Jensen capped an outstanding academic and athletic career as a first-team CoSIDA Academic All-America selection in the at-large category as a senior in 2000.

Jensen, a Husker co-captain and four-year letterwinner from Sheridan, Wyo., was a leader for Nebraska in the diving well throughout her career.

As a senior, Jensen produced a career-best 11th-place finish on the three-meter board at the 2000 Big 12 Conference Championships. She added a 17th-place performance in the one-meter dive.

As a junior, Jensen took 13th on the three-meter board at the 1999 Big 12 Championships, while adding a 23rd-place finish in the one-meter event.

Those performances followed a sophomore season in which she placed 21st on the three-meter and 22nd on the one-meter at the 1998 Big 12 Championships.

She opened her Husker career with 13th-place finishes on both the one- and three-meter boards as a freshman at the 1997 Big 12 meet.

A high school All-American both in competition and in the classroom, Jensen was a two-time Wyoming state champion at Sheridan High School.

An elementary education major at Nebraska, Jensen was nominated for the CoSIDA Academic All-America At-Large team with a perfect 4.0 grade-point average. She claimed first-team CoSIDA All-District VII honors to advance to the national ballot and become Nebraska's first female swimming and diving CoSIDA Academic All-American.

CSCAA SCHOLASTIC ALL-AMERICA AWARD

(First team - 3.50-plus GPA and NCAA qualifier; Honorable Mention - 3.50 GPA and NCAA B qualifying standard or competition at NCAA regional or zone meet)

Kaitlin Arntz ..... HM, 2010
Shannon Guy ..... HM, 2012
Bailey Pons ..... HM, 2012
Taryn Collura ..... HM, 2015; HM, 2016
Jordan Ehly ..... HM, 2015; HM, 2016
Anna Filipcic 1st, 2015; 1st, 2016; 1st, 2017
Samantha Hardewig ..... HM, 2015; HM, 2016
Julia Roller ..... HM, 2015
Francesca Giganti ..... HM, 2016
Lindsay Helferich ..... HM, 2016; HM, 2017
Erin Oeltjen ..... HM, 2016; HM, 2017
Nicole Schwery ..... HM, 2016
Katt Sickle ..... HM, 2016
Katrina Voge ..... HM, 2016; HM, 2017
Cassandra Brassard ..... HM, 2017
Samantha Hedrick ..... HM, 2017
Jacqueline Jeschke ..... HM, 2017
Abigail Knapton 1st, 2017
Anna McDonald ..... HM, 2017

BIG TEN CONFERENCE DISTINGUISHED SCHOLARS

Katie Davis 2012, 2013
Shannon Guy 2012, 2013, 2014
Bailey Pons 2012, 2013, 2014
Kristin Strecker 2012, 2014
Kailey Harmon 2013
Amy Herman 2013
Michaela Cunningham 2014, 2015, 2016
Samantha Hardewig 2014, 2015, 2016
Ciara Jenkins 2014, 2015
Rebekah Land 2014
Anna Filipcic 2015, 2016, 2017
Natalie Morris 2015
Katt Sickle 2015, 2016, 2017
Krista Van Wie 2015, 2016
Jordan Ehly 2016
Cassandra Brassard 2017
Aimee Fischer 2017
Lindsay Helferich 2017
Erin Oeltjen 2017
Bridget Pacilio 2017
Julia Roller 2017

NEBRASKA OUTSTANDING SCHOLAR AWARD

(Seniors with 3.900 cumulative GPA or better)

Michaela Cunningham 2016

MAJOR TEAM & INDIVIDUAL AWARDS

CSCAA SCHOLAR ALL-AMERICA TOP 20 SCHOOL

Nebraska.....15th, 2014 (3.53 GPA)
Nebraska.....20th, 2015 (3.55 GPA)
Nebraska.....13th, 2016 (3.59 GPA)
Nebraska.....17th, 2017 (3.61 GPA)

NEBRASKA HERMAN TEAM GRADE-POINT AVERAGE AWARD

Swimming & Diving .....2015 (3.568 GPA)
Swimming & Diving .....2016 (3.581 GPA)
Swimming & Diving .....2017 (3.578 GPA)

NEBRASKA LIFE SKILLS TEAM AWARD OF EXCELLENCE

Swimming & Diving 2009
Swimming & Diving 2010
Swimming & Diving 2012
Swimming & Diving 2013
Swimming & Diving 2014

HEART & SOUL AWARD

(Nebraska's most prestigious individual Life Skills award)
Kelsey Larson.....2013

NEBRASKA STUDENT-ATHLETE HERO LEADERSHIP AWARD

Jenna Stroud.....2008
C.J. Bray 2009
Mariah Hutchinson.....2009, 2010
Meredith Matthies 2011
Kelsey Larson.....2011, 2012, 2013
Sara Weinberg 2012
Kelly Dunn 2013
Shannon Guy 2014
Payton Michaud 2014
Ciara Jenkins.....2015
Jacqueline Juffer.....2015
Erin Oeltjen.....2016
Krista Van Wie 2016
Lindsay Helferich 2016

NEBRASKA SAM FOLTZ HERO 27 LEADERSHIP AWARD

Jordan Ehly 2017
Katt Sickle 2017

SERVICE TRIP ABROAD

Jacqueline Juffer (Guatemala).....2015
Rebekah Land (Guatemala) 2015
Erin Oeltjen (Guatemala).....2015
Michaela Cunningham (Dominican Republic) 2016
Samantha Hardewig (Dominican Republic).....2016
Krista Van Wie (Dominican Republic) 2016
Francesca Giganti (Nicaragua) 2017
Julia Roller (Nicaragua).....2017

NEBRASKA OUTSTANDING NEWCOMER AWARD

Abigail Knapton 2017

The 2016-17 Nebraska swimming and diving team claimed the program's third consecutive Herman Team GPA Award, which is presented to the Husker women's team with the highest cumulative grade-point average. Nebraska's GPA ranked among the top 20 women's swimming and diving programs in the nation for the fourth straight year.

The 2008-09 Husker swimming and diving team claimed the first of five Life Skills Team Awards of Excellence for the program. No other Nebraska program has won more than three Life Skills Team awards since the inception of the award in 2004.

ACADEMIC ALL-CONFERENCE SELECTIONS

1997 (BIG 12)

First Team

Samantha Ashley .... So. ..... Biology
Erin Carew ..... Jr. ..... Education
Ingrid Gotchel ..... Fr. ..... Mechanical Engineering
Courtney Jensen ..... Fr. ..... Education
Anna Nilsson ..... So. ..... Art
Suzy Shacklett ..... Fr. ..... Business Administration
Laura Simon ..... Fr. ..... Industrial Engineering
Christine Troy ..... Fr. ..... Undeclared
BriAnna Wilkins ..... Sr. ..... Education
Shannon Wright ..... So. ..... Business Administration

Honorable Mention

Erica Clark ..... Jr. ..... Marketing
Beth Hunsicker ..... Fr. ..... Marketing
Teresa Mauck ..... So. ..... Education
Julia Russell ..... Sr. ..... Advertising
Stacey Sedlacek ..... Fr. ..... Biology
Sasha Van Hamburg .... Fr. ..... Marketing

1998

First Team

Therese Alshammar .... Fr. ..... Advertising
Samantha Ashley .... Jr. ..... Psychology
Erin Carew ..... Sr. ..... Education
Ann Enoch ..... So. ..... Communication Studies
Katie Hoffman ..... So. ..... Pre-Physical Therapy
Amanda Beckinsall ... Jr. ..... Psychology
Courtney Jensen ..... So. ..... Elementary Education
Molly McDonald ..... Fr. ..... Undeclared
Suzy Shacklett ..... So. ..... Business Administration
Laura Simon ..... So. ..... Industrial Engineering
Christine Troy ..... So. ..... Undeclared
Sasha Van Hamburg .... So. ..... Marketing
Anna Windsor ..... So. ..... Biology
Amanda Zins ..... Fr. ..... Undeclared

Honorable Mention

Erica Clark ..... Sr. ..... Marketing
Ingrid Gotchel ..... So. ..... Meteorology
Anna Nilsson ..... Jr. ..... Art
Shannon Wright ..... Jr. ..... Economics

1999

First Team

Therese Alshammar ... So. ..... Advertising
Samantha Ashley .... Sr. ..... Psychology
Tami Bernth ..... Fr. ..... Pre-Medicine
Janna Brock ..... Fr. ..... Education
Ann Enoch ..... Jr. ..... Family Science
Ingrid Gotchel ..... Jr. ..... Meteorology
Beth Hunsicker ..... Jr. ..... Design
Courtney Jensen ..... Jr. ..... Elementary Education
Emma Johnson ..... Fr. ..... Undeclared
Destiny Lauren ..... Sr. ..... News-Editorial
Molly McDonald ..... So. ..... Undeclared
Anna Nilsson ..... Sr. ..... Art
Stacey Sedlacek ..... Jr. ..... Fisheries and Wildlife
Laura Simon ..... Jr. ..... Industrial Engineering
Christine Troy ..... Sr. ..... Psychology
Sasha Pine ..... Jr. ..... Advertising
Shannon Wright ..... Sr. ..... Finance
Amanda Zins ..... So. ..... Business Administration

Second Team

Helene Muller ..... Jr. ..... Biology

2000

First Team

Ingrid Gotchel ..... Sr. ..... Meteorology
Courtney Jensen ..... Sr. ..... Elementary Education
Molly McDonald ..... Jr. ..... Pre-Physical Therapy
Sasha Pine ..... Sr. ..... Advertising
Stacey Sedlacek ..... Sr. ..... Fisheries and Wildlife
Christine Troy ..... Sr. ..... Psychology

Second Team

Tami Bernth ..... So. ..... Pre-Medicine
Beth Hunsicker ..... Sr. ..... Design
Helene Muller ..... Sr. ..... Biology
Ingrid Gotchel ..... Sr. ..... Meteorology

2001

First Team

Keri Hehn ..... So. ..... Undeclared
Lindsey Highstrom .. So. ..... Pre-Medicine
Beth Karaica ..... Sr. ..... Communication Studies
Karin Larka ..... So. ..... General Studies
Liz Rieke ..... So. ..... Biology
Michele Schmerbauch ... So. ..... Speech Pathology
Susan Walker ..... So. ..... Communication Studies

Second Team

Shandra Johnson .... Sr. ..... Family Science

2002

First Team

Rachael Armijo ..... So. ..... Elementary Education
Kristin Broyhill ..... So. ..... International Business
Jerilyn Drummond .. So. ..... Undeclared
Laura Landgreen ..... So. ..... Elementary Education
Sarah Mugge ..... So. ..... Biology
Kristin Petersen ..... So. ..... Family Science
Amanda Spark ..... So. ..... Elementary Education
Kristin Vahle ..... Jr. ..... Nursing
Susan Walker ..... Jr. ..... Communication Studies

Second Team

Ashley Peterson ..... Jr. ..... Advertising
Yasmin Saad ..... Sr. ..... Broadcasting

Nebraska's 2016-17 seniors (from bottom) Erin Oeltjen, Anna Filipcic and Julia Roller combined for nine academic All-Big Ten awards during their Husker careers.

2003

First Team

Jeni Fortino ..... Sr. ..... Criminal Justice
Laura Landgreen ..... Jr. ..... Elementary Education
Susan Walker ..... Sr. ..... Communication Studies

2004

First Team

Emily Becker ..... So. ..... Veterinary Science
Amie Buoy ..... So. ..... International Business
Kate Dulgar ..... So. ..... Elementary Education
Esmie Holderman ... So. ..... Biological Sciences
Becky Johnson ..... So. ..... Undeclared
Alex King ..... So. ..... Chemical Engineering
Rachel Schlatter ..... So. ..... Undeclared

Second Team

Mackenzie Clark ..... So. ..... Undeclared

2005

First Team

Emily Becker ..... Jr. ..... Veterinary Science
Amie Buoy ..... Jr. ..... International Studies
Emilee Crawford ..... So. ..... Middle Grades Education
Abby Fitzpatrick ..... So. ..... Criminal Justice/Pre-Law
Esmie Holderman ... Jr. ..... Biological Sciences
Bailey Ingles ..... So. ..... Elementary Education
Becky Johnson ..... Jr. ..... Elementary Education
Alex King ..... Jr. ..... Chemical Engineering
Rachel Schlatter ..... Jr. ..... Advertising
Casey Schnack ..... So. ..... Psychology

Second Team

Lauren Bailey ..... So. ..... Undeclared
Kate Dulgar ..... Jr. ..... Elementary Education
Danielle Stansbury .. So. ..... Elementary Education
Kate Wheeler ..... So. ..... Physics

2006

First Team

Lauren Bailey ..... Jr. ..... Family & Consumer Science
Amie Buoy ..... Sr. ..... International Studies
Emilee Crawford ..... Jr. ..... Advertising
Kate Dulgar ..... Sr. ..... Elementary Education
Abby Fitzpatrick ..... Jr. ..... Criminal Justice
Bailey Ingles ..... Jr. ..... Elementary Education
Becky Johnson ..... Sr. ..... Elementary Education
Courtney Jolly ..... RFr. ..... Undeclared
Alex King ..... Sr. ..... Chemical Engineering
Kaci Ressler ..... So. ..... Political Science
Rachel Schlatter ..... Sr. ..... Advertising
Casey Schnack ..... Jr. ..... Psychology
Danielle Stansbury .. Jr. ..... Elementary Education
Kate Wheeler ..... Jr. ..... Physics

Second Team

Mackenzie Clark ..... Sr. ..... Advertising
Esmie Holderman ... Sr. ..... Biological Sciences

2007

First Team

Lauren Bailey ..... Sr. ... Family & Consumer Science
Katie Bowden ..... Sr. ..... Criminal Justice
Emilee Crawford ..... Sr. ..... Communication Studies
Bailey Ingles ..... Sr. ..... Elementary Education
Courtney Jolly ..... So. ..... Animal Science
Dani Millis ..... Jr. ..... Marketing
Kaci Ressler ..... Jr. ..... Political Science
Casey Schnack ..... Sr. ..... Psychology
Danielle Stansbury .. Sr. ..... Elementary Education
Jenny Toler ..... So. ..... Art History & Criticism
Christina Yemm ..... So. .. Nutrition, Exercise & Health Science

Second Team

Kate Wheeler ..... Sr. ..... Physics

ACADEMIC ALL-CONFERENCE SELECTIONS

2008

First Team

Kaitlin Arntz ..... So. ..... Advertising
C.J. Bray ..... Jr.... Nutritional Science & Dietetics
Sarah Broker ..... So. ..... Pre-Nursing
Kelsey Ida..... So. ..... International Studies, ... Philosophy & Political Science
Courtney Jolly ..... Jr. ..... Animal Science
Jenny Toler..... Jr. ..... Art History & Criticism
Christina Yemm..... Jr... Nutritional Science & Dietetics
Sarah Ziegelmann ... So. ..... Undeclared

Second Team

Colleen Criss ..... So. ..... Undeclared
Mariah Hutchinson . So. ..... Undeclared
Jenna Stroud..... Jr. ..... Communication Studies

2009

First Team

Jess Andrews ..... So. ..... Undeclared
Kaitlin Arntz ..... Jr. ..... Advertising
Emily Burbach..... So. ..... Animal Science
Julie Giehl ..... So. ..... Finance
Kelsey Grushecky.... So. ..... Biological Sciences
Kelsey Ida..... Jr. ..... International Studies ..... Philosophy & Political Science
Courtney Jolly ..... Sr. ..... Animal Science
Meredith Matthies . So. ..... Business Administration
Jenna Stroud..... Sr. ..... Communication Studies
Jenny Toler..... Sr. ..... Art History & Criticism
Christina Yemm..... Sr. ..... Marketing

Second Team

C.J. Bray ..... Sr. ....Nutritional Science & Dietetics
Colleen Criss ..... Jr.....Speech-Language Pathology

2010

First Team

Kaitlin Arntz ..... Sr. ..... Advertising
Bobbi Balogh ..... So.. Biological Systems Engineering
Bailey Bolinske..... So. ..... Civil Engineering
Hailey Dean ..... Sr. ..... Psychology
Julie Giehl ..... Jr. ..... Finance/Management
Kelsey Grushecky.... Jr. ..... Biological Sciences
Kelsey Ida..... Sr. ....History, International Studies ..... & Philosophy
Mailene Leslie..... So. ..... Business Administration
Meredith Matthies . Jr. ..... Business Administration
Sarah Ziegelmann ... Sr. ..... Management

Second Team

Jess Andrews ..... Jr. ..... Nutritional Science
Claire Desormey ..... Jr. ..... Art
Brandie Kavalec ..... Jr. ..... Communication Studies
Mariah Hutchinson . Sr. ..... Broadcasting
Riley Seidel ..... So. ..... Marketing

2011

First Team

Bobbi Balogh ..... Jr..... Biological Systems Engineering
Julie Giehl ..... Sr. ..... Finance/Accounting
Kelsey Grushecky.... Sr. ..... Biological Sciences
Amy Herman..... So...Dietetics/Nutrition, Exercise ..... & Health Sciences
Kelsey Larson ..... So. ..... Biochemistry
Hayley Martin ..... So. ..... Fisheries and Wildlife
Meredith Matthies . Sr. ..... Management
Ashley Reiter ..... So... Biological Sciences & Spanish
Sara Weinberg ..... So...Dietetics/Nutrition, Exercise ..... & Health Sciences

Second Team

Claire Desormey ..... Sr. ..... Art
Blaine Hoppenrath . Sr. ..... Industrial Engineering
Mailene Leslie..... Jr. ..... Business Administration
Rachell McClain ..... Sr. ..... Communication Studies
Alyson Ramsey ..... So. ..... Psychology
Caroline Shea..... Jr. ..... Forensic Science
Ariel Weech ..... So. ..... Biological Sciences

2012 (BIG TEN)

Bobbi Balogh ..... Sr. ... Biological Systems Engineering
Morgan Flannigan... So. . Biological Sciences & Chemistry
Ashleigh Grammar.. So. . Biological Sciences & Chemistry
Shannon Guy ..... So. ..... Psychology
Kailey Harmon ..... So. .Nutrition, Exercise & Health Science
Amy Herman..... Jr....Dietetics/Nutrition, Exercise & ..... Health Science
Kelsey Larson ..... Jr. ..... Biochemistry
Mailene Leslie..... Sr. ..... Business Administration
Payton Michaud ..... So. ...Criminology & Criminal Justice
Bailey Pons ..... So. ..... English & Geology
Alyson Ramsey ..... Jr. ..... Psychology
Ashley Reiter ..... Jr... Biological Sciences & Spanish
Riley Seidel ..... Sr. ..... Marketing
Caroline Shea..... Sr. ..... Forensic Science
Kristin Strecker ..... So. ..... Biochemistry
Sara Weinberg ..... Jr....Dietetics/Nutrition, Exercise & .....Health Science
Megan Ziemann..... So. ..... Interior Design

2013

Katie Davis ..... Sr. ..Elementary Education & Mild/ ..... Moderate Disabilities K-6
Ellan Dufour..... Sr. ..... Fisheries & Wildlife
Kelly Dunn ..... So. ..... Marketing
Morgan Flannigan... Jr.....Biological Sciences/Chemistry
Ashleigh Grammar.. Jr.....Biological Sciences/Chemistry
Shannon Guy ..... Jr. ..... Psychology
Kailey Harmon ..... Sr. ..Nutrition, Exercise & Health Science
Amy Herman..... Sr. ..Dietetics/Nutrition, Exercise & ..... Health Science
Ciara Jenkins..... So....Mild/Moderate Disabilities K-6
Kelsey Larson ..... Sr. ..... Biochemistry
Payton Michaud ..... Jr... Criminology & Criminal Justice
Natalie Morris..... So....Mild/Moderate Disabilities K-6
Bailey Pons ..... Jr. ..... English/Geology
Ashley Reiter ..... Sr. ....Biological Sciences/Spanish
Mary Beth Rye..... Jr. ..... Communication Studies
Kristin Strecker ..... Jr. ..... Biochemistry
Paige Theilen ..... So. ..... Agribusiness
Sara Weinberg ..... Sr. ..Dietetics/Nutrition, Exercise & .....Health Science
Megan Ziemann..... Jr. ..... Interior Design

2014

Alexandra Bilunas ... Jr. ..... Biological Sciences
Taryn Collura..... Jr. ..... Psychology
Michaela Cunningham... Jr. ..... Biological Sciences/ .....Mathematics
Bria Deveaux..... So. ..... Marketing
Kelly Dunn ..... Jr. ..... Marketing/Spanish
Morgan Flannigan... Sr. .. Biological Sciences/Chemistry
Ashleigh Grammar.. Sr. .. Biological Sciences/Chemistry
Shannon Guy ..... Sr. ..... Psychology
Samantha Hardewig ... So. .....Art
Ciara Jenkins..... Jr..... Elementary Education & ..... Mild/Moderate K-6
Jacqueline Juffer..... So. .....Economics
Payton Michaud ..... Sr. ....Criminology & Criminal Justice
Natalie Morris..... Jr..... Elementary Education & ..... Mild/Moderate K-6
Bailey Pons ..... Sr. .....Geology/English
Nicole Schwery ..... So... Biological Systems Engineering
Kristin Strecker ..... Sr. ..... Biological Sciences
Megan Ziemann..... Sr. ..... Interior Design

2015

Alexandra Bilunas ... Sr. ..... Biological Sciences
Taryn Collura..... Jr. ..... Psychology
Michaela Cunningham ... Sr. ..... Biological Sciences/ .....Mathematics
Bria Deveaux..... Jr. ..... Finance/Marketing
Katie Ditter ..... Jr. ..... Business Administration
Kelly Dunn ..... Sr. ..... Marketing/Spanish
Anna Filipcic ..... Jr. ..... Music
Samantha Hardewig ... Jr. .....Art
Ciara Jenkins..... Sr. ..... Elementary Education & .....Special Education K-6
Jacqueline Juffer..... Jr.....Economics/Political Science
Rebekah Land ..... Sr. .....Communication Studies
Natalie Morris..... Sr. ..... Elementary Education & .....Special Education K-6
Erin Oeltjen..... So. .....Biochemistry
Julia Roller ..... So. .....Dietetics
Nicole Schwery ..... Jr... Biological Systems Engineering
Katt Sickle ..... Jr. ..... Elementary Education & .....Special Education K-6
Krista Van Wie ..... Jr. ..... Psychology

2016

Alexandra Bilunas ... Sr. ..... Biological Sciences
Cassandra Brassard So. ..... Animal Science
Taryn Collura..... Sr. ..... Psychology
Michaela Cunningham.. Sr. ..... Biological Sciences/ .....Mathematics
Bria Deveaux..... Sr. ..... Finance/Marketing
Katie Ditter ..... Sr. ..... Business Administration
Jordan Ehly ..... So.... Advertising & Public Relations
Anna Filipcic ..... Jr. ..... Music
Aimee Fischer ..... So. .....Pre-Health
Francesca Giganti ... So. .....Communications
Samantha Hardewig .. Sr. .....Art
Jacqueline Juffer..... Sr. .... Economics/Political Sciencs
Erin Oeltjen..... Jr. .....Biochemistry
Julia Roller ..... Jr. .....Nutrition/Dietetics
Nicole Schwery ..... Sr. ....Biological Systems Engineering
Katt Sickle ..... Jr. ..... Elementary Education & .....Special Education K-6
Krista Van Wie ..... Sr. ..... Psychology

2017

Cassandra Brassard ...Jr. ..... Animal Science
Jordan Ehly ..... Jr..... Advertising & Public Relations
Anna Filipcic ..... Sr. ..... Music/Psychology
Aimee Fischer ..... Jr. .....Elementary Education
Kaylyn Flatt ..... So. ..... Health Science
Lindsay Helferich .... So. ..... Civil Engineering
Jacqueline Jeschke.. So. ..... Health Science
Morgan McCafferty So. .....Social Science Education
Anna McDonald..... So. ..... Health Science
Erin Oeltjen..... Sr. .....Biochemistry
Bridget Pacilio..... So. Child, Youth & Family Studies
Dana Posthuma ..... Jr. ..... Psychology
Julia Roller ..... Sr. .....Dietetics
Katt Sickle ..... Sr. .....Teaching, Learning .....& Teacher Education
Katrina Voge ..... Jr. ..... English

ALL-TIME RESULTS & RECORDS

YEAR-BY-YEAR RESULTS

Year	Won	Lost	Tie	Conf.	Coach
1975-76	7	0	0	2nd (Big Eight)	Pat Sullivan
1976-77	5	2	0	2nd	Ray Huppert
1977-78	5	1	0	3rd	Ray Huppert
1978-79	5	2	0	3rd	Ray Huppert
1979-80	6	6	0	3rd	Ray Huppert
1980-81	3	9	0	5th	Ray Huppert
1981-82	6	5	0	2nd	Ray Huppert
1982-83	8	3	0	2nd	Ray Huppert
1983-84	10	4	0	2nd	Ray Huppert
1984-85	8	2	0	1st	Ray Huppert
1985-86	10	2	0	1st	Ray Huppert
1986-87	11	2	0	1st	Ray Huppert
1987-88	7	2	0	2nd	Ray Huppert
1988-89	6	7	0	2nd	Ray Huppert
1989-90	11	3	0	1st	Ray Huppert
1990-91	7	3	0	1st	Ray Huppert
1991-92	8	3	0	2nd	Ray Huppert
1992-93	6	2	0	2nd	Cal Bentz
1993-94	7	1	0	1st	Cal Bentz
1994-95	4	3	0	1st	Cal Bentz
1995-96	5	3	0	1st	Cal Bentz
1996-97	6	2	0	1st (Big 12)	Cal Bentz
1997-98	7	0	0	1st	Cal Bentz
1998-99	7	3	0	2nd	Cal Bentz
1999-00	2	8	0	3rd	Cal Bentz
2000-01	7	4	0	3rd	Paul Nelsen
2001-02	0	3	0	6th	Pablo Morales
2002-03	3	8	0	6th	Pablo Morales
2003-04	7	2	0	4th	Pablo Morales
2004-05	8	1	0	3rd	Pablo Morales
2005-06	7	2	0	5th	Pablo Morales
2006-07	7	6	0	5th	Pablo Morales
2007-08	7	2	0	6th	Pablo Morales
2008-09	3	4	0	6th	Pablo Morales
2009-10	4	4	0	6th	Pablo Morales
2010-11	6	4	0	5th	Pablo Morales
2011-12	3	2	0	11th (Big Ten)	Pablo Morales
2012-13	12	3	0	9th	Pablo Morales
2013-14	4	2	1	9th	Pablo Morales
2014-15	4	6	0	9th	Pablo Morales
2015-16	5	3	0	9th	Pablo Morales
2016-17	6	0	0	10th	Pablo Morales
Totals	260	134	1		

NEBRASKA HEAD COACHES

Name	Years	Won	Lost	Tie	Pct.
Pat Sullivan	1975-76	7	0	0	1.000
Ray Huppert	1976-92	116	56	0	.674
Cal Bentz	1992-00	44	22	0	.667
Paul Nelsen	2000-01	7	4	0	.636
Pablo Morales	2001-Present	86	51	1	.623

The home of the Huskers, the Devaney Natatorium opened in 1976. It is named after Nebraska Hall of Fame Coach and Athletic Director Bob Devaney.

ALL-TIME DUAL MEET RESULTS

Team	W-L-T
Air Force	1-0
Alabama	0-1
Arizona	0-2
Arizona State	1-1
Arkansas*	6-7
Auburn	0-1
Brigham Young	4-1
California-Santa Barbara	1-0
Colorado	2-0
Colorado State	12-6
Florida Atlantic	4-1
Florida Gulf Coast	0-1
Florida State	0-3
Fresno State	1-0
Georgia	0-1
Georgia Southern	1-0
Hawaii	1-0
Illinois*	5-5
Illinois State	1-0
Indiana	1-0
Iowa	6-7
Iowa State*	35-4-1
Kansas*	12-24
Lamar	2-0
Louisiana State	0-3
Louisville	1-1
Manitoba	1-0
Michigan	0-4
Michigan State	1-0
Minnesota	5-11
Missouri	19-12
Missouri State	4-0
Nebraska-Kearney	1-0
Nebraska-Omaha*	21-0
Nevada	5-1
New Mexico	1-1
North Carolina State	0-1
North Dakota	3-0
Northern Arizona	0-1
Northern Colorado	2-0
Northern Iowa*	8-0
Northwestern	2-1
Ohio State	0-1
Oklahoma	4-3
Oklahoma State	1-0
Pennsylvania	1-1
Purdue	1-1
Rutgers*	0-0
San Diego State	0-1
School of the Ozarks	1-0
Simon Frazier	1-0
South Dakota	5-0
South Dakota State	13-0
Southern California	0-1
Southern Illinois	9-3
Southern Methodist	1-4
St. Cloud State	3-0
Texas	0-2
Texas A&M	3-3
Truman State	2-1
Tulane	1-0
UCLA	0-1
UNLV	0-1
Utah	5-0
Valparaiso	1-0
Villanova	1-0
Virginia Tech	1-0
Washington State	0-2
Wisconsin	0-1
Wyoming	12-1

**** indicates 2017-18 opponents***

HUSKER OLYMPIANS

THERESE ALSHAMMAR (SWEDEN)
1996, 2000, 2004, 2008, 2012, 2016

The first six-time female Olympic swimmer in history, Therese Alshammar lettered for the Huskers in 1998 and 1999. Considered one of the top female freestyle sprinters in the world, Alshammar set two records at the 2000 European Short Course Championships. Alshammar took home three medals from the Sydney Olympics, a pair of silvers and a bronze.

ELVIRA FISCHER (AUSTRIA)
1996, 2000

A two-time Olympian, Fischer was a three-time All-American while at Nebraska. Fischer's top finish at the 1996 Olympics was 23rd in the 200-meter breaststroke (2:33.87). At the Sydney Olympics in 2000, Fischer's top performance was in the 100-meter breaststroke, where she touched the wall in 1:11.58, placing 24th overall, and winning her heat.

PENNY HEYNS (SOUTH AFRICA)
1992, 1996, 2000

A three-time Olympian, Penny Heyns became the most successful Olympian for South Africa and Nebraska at the same time. A Husker senior in 1996, Heyns' successful year culminated with two Olympic gold medals. For more on Heyns, please see page 80.

EMMA JOHNSON (AUSTRALIA)
1996

Emma Johnson competed for the Huskers during the 1998-99 season, earning All-America honors in the 400-yard IM at the 1999 NCAA Championships. She established the Nebraska record in the 400-yard IM at the 1998 Texas Invitational. Johnson finished fifth in the 400-meter IM at the 1996 Olympics, while also earning a bronze medal swimming on the Aussie's third-place 800-meter freestyle relay team.

WENDY LUCERO (UNITED STATES)
1988

Wendy Lucero competed for Nebraska from 1981 to 1983. Lucero's freshman season was highlighted by a runner-up finish in three-meter diving and a fourth-place finish on the one meter at the 1982 Big Eight Championships. Later that season, Lucero placed eighth at U.S. Nationals. A native of Denver, Colo., Lucero competed for the United States at the 1988 Olympics.

LENKA MANHALOVA (CZECH REPUBLIC) 1992, 1996

Lenka Manhalova finished 11th in the 200-meter breaststroke and 29th in the 100-meter breaststroke at the 1996 Olympic Games in Atlanta. A Czech National Team member, Manhalova was a two-time All-American at Nebraska, including a fifth-place 200-yard breaststroke finish at the 1997 NCAA Championships. Manhalova was also the 1998 Big 12 200-yard breaststroke champion.

ANJA MARGETIC (BOSNIA)
1992

Anja Margetic was a member of the Bosnian team for the 1992 Olympics in Barcelona. Margetic finished 27th in the 200-meter butterfly and 44th in the 100-meter butterfly. Margetic earned All-America honors at Nebraska in 1994 as a member of the 400-yard medley relay that notched a 13th-place finish at the NCAA Championships.

TERRIE MILLER (NORWAY)
1996

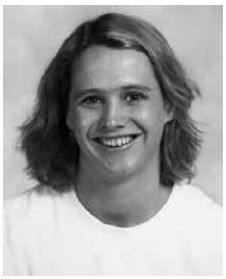
A standout breaststroker from 1997 to 1999, Terrie Miller earned All-America honors in each of her three seasons competing for Nebraska. As a freshman, she placed eighth in the 100-yard breaststroke at the NCAA Championships. She earned All-America honors competing on NU's medley relays in both 1998 and 1999. At the 1996 Olympics in Atlanta, she placed 20th in the 100-meter breaststroke.

HELENE MULLER (SOUTH AFRICA)
1996, 2000

Former Husker All-American Helene Muller swam for her native South Africa during the 1996 and 2000 Olympic Games. Muller lettered from 1997 to 2000, garnering All-America honors for the Huskers 13 times, including a bronze medal in the 200-meter freestyle at the 2000 NCAA Championships.

JULIA RUSSELL (SOUTH AFRICA)
1996

Julia Russell swam to a 12th-place finish in the 200-meter breaststroke in Atlanta in a career-best time of 2:30.38, while also finishing 17th in the 100-meter breaststroke and 26th in the 200-meter IM. In 1997, the 18-time All-American was the NCAA runner-up in the 200-yard breaststroke and the Big 12 Swimmer of the Year. She won three events at the 1997 Big 12 Championships and finished as NU's most prolific scorer at the NCAA Championships with 108 points.



ANNA WINDSOR (AUSTRALIA)
1996, 2000

Freestyle and individual medley standout Anna Windsor competed for NU during the 1997 and 1998 seasons. A two-time NCAA finalist in the 200-yard freestyle, Windsor placed seventh in the event in 1997. She also swam on NU's second-place 800-yard freestyle relay at the 1998 NCAA Championships. A nine-time All-American, Windsor represented Australia at the 1996 Olympics in Atlanta. She swam on the Aussie's eighth-place 400-meter freestyle relay. She also competed at the 2000 Sydney Olympics.

NEBRASKA'S GOLDEN PENNY

PENNY HEYNS

Amanzimtoti, South Africa
- Olympic Gold Medalist
- Olympic Bronze Medalist
- World Record Holder

It's not every day you run across a golden penny.

But for South Africans and Nebraskans alike, there was one shining bright at the 1996 Olympic Games in Atlanta.

Penny Heyns, a former University of Nebraska standout, earned two gold medals and became the first female in Olympic history to sweep the breaststroke events.

Heyns' whirlwind year of success began on the collegiate level. In Husker suit and cap at the 1996 Big Eight Championships in mid-February, Heyns set a then-NCAA and U.S. Open record in the 200-yard breaststroke (2:08.90), as well as an NU record in the 100-yard event (1:00.18) to help Nebraska win its third consecutive conference crown.

After setting the records, Heyns was forced to travel home for the South African Olympic Trials, which were inconveniently scheduled between the two most important collegiate meets, the conference and national championships.

Nevertheless, it proved to be a trip Heyns would never forget.

During the preliminary heat of the 100-meter breaststroke at the trials, Heyns set a world record with a time of 1:07.46.

The time broke the record held by Australia's Samantha Riley, who had set a mark of 1:07.69 in September, 1994.

Just days after her return from South Africa, Heyns became the first Husker to win a national championship at the NCAA Championships in Ann Arbor, Mich.

Heyns dominated the 100-yard breaststroke with a pool-record 1:00.27 and also earned a silver medal in the 200-yard breaststroke with a 2:09.71 performance.

Heyns then entered the Olympics as the frontrunner in the 100-meter breaststroke event. She proved she had earned that title in the preliminaries, as she blew away the competition and shattered her own world record in a clocking of 1:07.02 in the process.

In the finals, Heyns got off to a quick start, but didn't dominate as she had in the prelims. America's Amanda Beard began her trademark kick at the 50-meter mark and almost caught Heyns at the wall. Heyns held on to finish in 1:07.72 and edged Beard (1:08.09), to claim gold for the first time.

Two days later, Heyns proved she wasn't finished.

After setting an Olympic record of 2:26.63 in the preliminaries of the 200-meter breaststroke, Heyns was timed at 2:25.41 in the finals and again beat out Beard (2:25.75) for the gold. Beard entered the Olympics ranked No. 1 in the 200, but couldn't catch up with the quick pace Heyns set from the start.

"That was one of the hardest races I ever swam," Heyns said following the race. "I'm just glad I had the guts to hang in there."

At a press conference in Lincoln, Neb., the week following her gold medal performances, Heyns admitted she was surprised about the win in the 200.

"In some ways, I sit back, and I really can't believe it," Heyns said. "The 200 (win) was totally unexpected. I don't think it has sunk in yet."

An extremely successful career at Nebraska fine-tuned Heyns for Olympic success. A 15-time All-American and 14-time conference champion for the Huskers, Heyns left Nebraska as the most decorated swimmer in the program's history. Heyns' accomplishments at Nebraska and on the international level will always be recognized.

Heyns has continually showed her appreciation for the University of Nebraska and its athletic department.

Following her double gold medal performance, Heyns didn't waste any time in thanking the Nebraska Swimming and Diving Program and its support staff for the role they played in her Olympic success.

HEYNS' CAREER HIGHLIGHTS

+ Two-Time Olympic gold medalist; Three-Time medalist
+ First Woman in Olympic history to sweep the breaststroke events
+ First athlete to win a gold medal for South Africa since 1952
+ Former Olympic record holder, 100 & 200-meter breaststroke
+ 1996 Swimming World World Swimmer of the Year
+ 1996 Big Eight Female Athlete of the Year
+ 10-time First-Team NCAA All-American
+ Five-Time Honorable-Mention NCAA All-American
+ First Husker swimmer to win a national championship (100-yard breaststroke, 1:00.27, 1996)
+ 14-time Big Eight Conference champion
+ Three-time Pan Pacific champion
+ 1995 Big Eight Female Athlete of the Year

HEYNS' WORLD RECORDS

+ 50-meter breaststroke (long course): 30.83
+ 100-meter breaststroke (long course): 1:06.52
+ 200-meter breaststroke (long course): 2:23.64
+ 100-meter breaststroke (short course): 1:05.57

"There is no way I would even be swimming today if I didn't come to Nebraska," Heyns said. "Nebraska has done so much for me that I could never express it. It's not just swimming, it's a family to me -- the whole coaching staff and all my friends."

For the next four years Heyns continued to define excellence in the sport of swimming on a world-class level by producing one of the greatest performances in the history of the sport.

At the 1999 Pan Pacific Championships, Heyns established three world records. Winning gold in both the 100- and 200-meter breaststrokes, Heyns touched the wall in 1:06.52 and 2:23.64, respectively, both world bests. In addition, she swam an exhibition 50-meter breaststroke, posting another world record with a time of 30.83.

Heyns took home her third medal at the 2000 Sydney Olympics by earning a bronze medal in the 100-meter breaststroke in a time of 1:07.55.

Olympic gold medalist Penny Heyns became the first Husker to win an NCAA Championship in 1996.

SOPHOMORES: Abigail Greeneway, Lindsey Stalheim, Shea Bougie, Gwen Worlton, Abigail Knapton, Tori Beeler, Savannah Savitt, Allie Worrall, Carla Gonzalez-Garcia

FRESHMEN: (Back row) Gabby Baratta, Madison Coughlen, Allison Kopas, Jessica Pentlarge, Autumn Haebig, Sutton Marvin, Rachel Powers (Front row) Izzie Murray, Clara Walstad, Grace Tiernon, Mira Rhodes

SENIORS: Katt Sickle and Jordan Ehly

2017-18 NEBRASKA SWIMMING & DIVING

Oct. 6	**Scarlet vs. Cream (5 p.m.)**	**Devaney Natatorium**
Oct. 13	Northern Iowa (4 p.m.)	Cedar Falls, Iowa
Oct. 21	**Iowa State (Noon)**	**Devaney Natatorium**
Nov. 3	Arkansas (4 p.m.)	Fayetteville, Ark.
Nov. 4	Kansas (11 a.m.)	Lawrence, Kan.
Nov. 9-11	Minnesota Invitational (Diving Only, 9 a.m.)	Minneapolis, Minn.
Nov. 11-12	Big Ten Dual Meet Challenge	TBA
Nov. 16-18	Mizzou Invitational (10 a.m.)	Columbia, Mo.
Nov. 29-Dec. 2	USA Swimming Winter Nationals	Columbus, Ohio
Jan. 13	Omaha (11 a.m.)	Omaha, Neb.
Jan. 20	**Illinois (11 a.m.)**	**Devaney Natatorium**
Jan. 26	Rutgers (4 p.m.)	Piscataway, N.J.
Jan. 27	Rutgers (9 a.m.)	Piscataway, N.J.
Feb. 10-Feb. 11	Ohio State Winter Invitational (10 a.m.)	Columbus, Ohio
Feb. 14-17	Big Ten Championships	Columbus, Ohio
Feb. 24-25	NCAA Last Chance Meets	TBA
March 5-7	NCAA Zone D Diving Championships	Minneapolis, Minn.
March 14-17	NCAA Championships	Columbus, Ohio

Home meets in red. Admission is free. For updated times and information visit Huskers.com